

## Joshua Scott Dines, M.D.

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**Education** Fellowship in Sports Medicine, The Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA;  
August 2006-July 2007

Residency in Orthopaedic Surgery, The Hospital for Special Surgery, New York, NY;  
July 2002-June 2006

Internship in General Surgery, New York Presbyterian Hospital,  
Weill-Cornell University Medical Center, New York, NY; June 2001- June 2002

Cornell University Medical College, New York, NY  
Doctor of Medicine, May 2001

Dartmouth College, Hanover, NH  
Bachelor of Arts, Major in Government, June 1996

**Hospital Appointments** Associate Attending Orthopedic Surgery, *Hospital for Special Surgery*, New York  
*effective 12/1/14*  
Assistant Attending Orthopedic Surgery, *Hospital for Special Surgery*, New York  
Assistant Attending Orthopedic Surgery, *NY Presbyterian Hospital*, New York  
Assistant Attending Orthopedic Surgery, *NS-LIJ Medical Center*, New Hyde Park

**Academic Appointments** Associate Professor Orthopedic Surgery, Weill Cornell Medical College, NY  
Previous: Assistant Professor Orthopedic Surgery, *Weill Cornell Medical College*,  
Assistant Professor of Anatomy in Surgery, *Weill Cornell Medical College*

**Professional Sports** NY Mets Baseball Team, Assistant Team Physician, 2013- present  
NY Rangers Hockey Team, Orthopedic Sports Medicine Consultant, 2014 to present  
United States Davis Cup Tennis Team, Team Physician, 2010-2013  
United State Davis Cup Tennis Team, Assistant Team Physician, 2004- 2009  
Long Island Ducks Baseball Team, Team Orthopedist, 2008- present  
Los Angeles Dodgers, Consultant Orthopaedic Surgeon, 2008- present  
Los Angeles Lakers, Assistant to Team Physician, 2006-2007  
Los Angeles Dodgers, Medical Staff, 2006-2007  
Los Angeles Kings Hockey Club, Assistant to Team Physician, 2006-2007  
Anaheim Ducks Hockey Team, Assistant to Team Physician, 2006-2007  
Los Angeles Galaxy Soccer Club, Assistant to Team Physician, 2006-2007

**Honors**

*New York Magazine*, Top Doctors in New York, 2014  
*Newsday* Top Doctors on Long Island, 2014  
Castle Connolly Top Doctors, Orthopedic Surgery, 2014  
Long Island Business News “40 Under 40” Rising Stars, 2014  
*Super Doctors® Rising Stars* 2013, 2014  
AAOS Award of Excellence for Scientific Exhibit, 2011, 2012  
*Richard Laskin Award* for Outstanding Young Attending Educator, 2013  
“Patients’ Choice” Recognition by MDx Medical 2009, 2010, 2011, 2012  
*Founder’s Award*, Eastern Orthopaedic Association, Annual Meeting 2006  
*Lewis Clark Wagner Award* for Excellence in Research, HSS 2006  
*Joseph H. Boyes Award*, American Society Surgery of the Hand, Annual Meeting 2006  
Outstanding Research Paper, *New York Hand Society Meeting*, 2006  
Finalist, OREF Northeast Regional Research Competition, 2002, 2005, 2006  
Finalist, Orthopaedic Research Society’s *New Investigator Recognition Award*, 2005  
Nominee, *Charles Neer Award*, American Shoulder and Elbow Society: 2005, 2007, 2010  
Finalist, *Melvin Post Award*, American Shoulder and Elbow Society, 2006  
2<sup>nd</sup> Place, Best Research Paper, *New York Hand Society Meeting*, 2004  
Zimmer Resident Trauma Book Award: 2004  
HSS-AO Davos Fellow: 2002, 2004, 2005

*Undergraduate Honors*

Executive Council of Order of Omega, National Greek Honor Society, 1996  
Dartmouth Varsity Golf Team, 1995-1996  
Dartmouth Junior Varsity Soccer, 1992

**Memberships**

Active Fellow, American Academy of Orthopaedic Surgeons, class 2011  
Active Member, American Shoulder and Elbow Society (2013 to present)  
Associate Member, American Shoulder and Elbow Society (2010-2013)  
Member, Interurban Orthopedic Society (elected 2014)  
Founding Member, Council on Sports Medicine (2013 to present)  
Member, American Orthopedic Society for Sports Medicine  
Member, Arthroscopy Association of North America  
Founding Member, Mid-Atlantic Shoulder and Elbow Society  
New York State Society of Orthopaedic Surgeons, Inc.  
Founding Member Advisory Board, International Tennis Performance Association  
Active Member, Society of Tennis, Medicine, and Science

**Licensure**

*Board Certified*, American Board of Orthopaedic Surgery (July 2009)  
New York State Medical License: 237583  
California State Medical License: A94017  
DEA Number: BD 9490599 (expires 6/30/2014)

**Publications**

95. The Impact of Three Dimensional CT Imaging on Intraobserver and Interobserver Reliability of Proximal Humerus Fracture Classifications and Treatment Recommendations.

Berkes M, **Dines JS**, Little MT, Garner MR, Shifflett GD, Lazaro LE, Wellman DS, Dines DM, Lorich DG.  
*J Bone Joint Surg Am.* 2014; 96(15):1281-1286.

94. The applications of biologics in orthopedic surgery  
**Dines J**  
*Amer J Orthop.* 2014;43(5):203-204.
93. Biologic Augmentation of Tendon to Bone Healing: Scaffolds, Mechanical Load, Vitamin D, and Diabetes  
Nossov S, **Dines JS**, Murrell GA, Rodeo S, Bedi A  
*Instructional Course Lecture.* 2014;63:451-462.
92. The Basic Science Behind Biologic Augmentation of Tendon-Bone Healing: A Scientific Review  
Weeks KD, **Dines JS**, Rodeo S, Bedi A  
*Instructional Course Lecture.* 2014;63:443-450.
91. Intramedullary Allograft Fibula as a Reduction and Fixation Tool for Treatment of Complex Humerus Fractures with Diaphyseal Extension  
Berkes MB, Little MT, Lazaro L, Cymerman R, Helfet D, **Dines JS**, Lorich D  
*J Orthop Trauma.* 2014; 28(3):e56-64.
90. The Management of Glenohumeral Instability with and without Bone Loss: AAOS Exhibit Selection  
Schrumpf M, Maak TG, Delos D, Jones K, Dines D, Walch G, **Dines JS**  
*J Bone Joint Surg Am.* 2014;96(2):e12.
89. Conservative and Surgical Management of Tennis Elbow  
Rosenzweig L, **Dines JS**  
*Techniques Shoulder Elbow Surgery.* 2014; 15(1):28-35.
88. Arthroscopic Subscapularis Bankart Technique as a Salvage Procedure for Failed Anterior Shoulder Stabilization  
Chaudry S, Delos D, **Dines JS**, Altchek D, Dodson C, Newman A, O'Brien S  
*HSS J.* 2014; 10(1): 73-78
87. Shoulder Instability After Total Shoulder Arthroplasty: A Case of Arthroscopic Repair  
Gee A, Angeline M, **Dines JS**, Dines D  
*HSS J.* 2014; 10(1): 88-91.
86. Management of Acromioclavicular Joint Injuries  
Li X, Ma R, Bedi A, Dines DM, Altchek D, **Dines JS**  
*J Bone Joint Surgery.* 2014; 96(1): 73-84.
85. Enhancement of Achilles Tendon Repair Mediated by Matrix Metalloproteinases via Systemic Administration of Doxycycline  
Kessler M, Barr J, Greenwald R, Lane L, **Dines JS**, Dines D, Drakos M

*Jrnl Orthopedic Research*. 2013 Dec 18 epub ahead of print

84. Single Incision Chronic Distal Biceps Tendon Repair with Tibialis Anterior Allograft  
Cross M, Egidy C, Wu R, Osbahr DC, Nam D, **Dines JS**  
*International Orthop*. 2013 Nov 24 Epub ahead of print
83. Arthroplasty for Proximal Humerus Fractures: A Review of Current Management.  
Garcia G, Gausden E, Taylor S, Dines D, **Dines JS**  
*Techniques in Orthopedics*. 2013; 28(4):324-332.
82. Operative Management of Ulnar collateral Ligament Insufficiency in Adolescent Athletes  
Jones K, **Dines JS**, Rebolledo B, Weeks K, Williams, Dines D, Altchek D  
*Amer J Sports Medicine*. 2014; 41(1): 117-121.
81. Posterior Instability Caused by Batter's Shoulder  
Kang R, Mahony G, Harris T, **Dines JS**  
*Clin Sports Medicine*. 2013; 32(4):797-782
80. Comparison of the effect of intra-tendon application of recombinant human platelet derived growth factor-BB, platelet rich plasman, stereroids in a rat Achilles tendon collagenase model.  
Solchaga L, Bendele A, Shah V, Snel, Kestlet H, **Dines JS**, Hee CK  
*Journal Orthopedic Research*. 2013; Sept 9 Epub ahead of print
79. Management of Shoulder Instability in the Skeletally Immature Patient  
Li X, Ma R, Nielsen M, Gulotta L, **Dines JS**, Owens B  
*J American Acad Orthop Surg*. 2013; 21(9):529-537
78. Intramedullary Allograft Fibula as a Reduction and Fixation Tool for Treatment of Complex Proximal Humerus Fractures with Diaphyseal Extension  
Berkes M, Little M, Lazaro L, Cymerman R, Helfet D **Dines JS**, Lorich D  
*J Orthopedic Trauma*. 2013; May 15 epub ahead of print
77. Contribution of Osseous and Muscular Stabilizing Effects with the Latarjet Procedure for Anterior Instability without Bone Loss  
**Dines JS**, Dodson C, McGarry M, Oh J, Altchek DW, Lee TQ  
*J Shoulder Elbow Surgery*. 13;22(12): 1689-1694.
76. Functional Outcomes Following Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers  
Jones K, Conte S, Patterson N, Elatrache N, **Dines JS**  
*J Shoulder Elbow Surgery*. 2013;22(5):642-646.
75. Hemiarthroplasty for Proximal Humerus Fractures  
Chambers L, **Dines JS**, Lorich DG, Dines DM.  
*Current Review Musculoskeletal Medicine*. 2013; 6(1):57-62.

74. Management of Proximal Humerus Fractures Utilizing Reverse Total Shoulder Arthroplasty  
Jones K, Dines D, Gulotta L, **Dines JS**  
*Current Review Musculoskeletal Medicine*. 2013; 6(1):63-70.
73. The Occurrence of ipsilateral or contralateral foot disorders and hand dominance: The Framingham foot study.  
Nguyen U, Dufour A, Positano RG, **Dines JS**, Dodson CC, et al.  
*J American Podiatric Med Assoc*. 2013;103(1):16-23
72. Evaluation and Management of Proximal Humerus Fractures  
Khmelnitskaya E, Lamont L, Taylor S, Lorich D, Dines D, **Dines JS**  
*Advances Orthopedics*. 2012. Epub 2012 Dec 18
71. Heat- and Cold-Induced Injuries in Athletes: Evaluation and Management  
Noonan B, Bancroft RW, **Dines JS**, Bedi A  
*J American Academy Orthopedic Surgery*. 2012; 20(12):744-754.
70. Diagnosis and Management of Superior Labral Anterior Posterior Tears in Throwing Athletes  
Knesek M, Skendzel JG, **Dines JS**, Altchek DW, Allen A, Bedi A.  
*American J Sports Medicine*. 2013; 41(2):444-460.
69. Inter- and intraobserver reliability of the radiographic diagnosis and treatment of acromioclavicular joint separations  
Kraeutler M, Williams G, Cohen S, Ciccotti M, Tucker B, **Dines JS**, Dodson C  
*Orthopedics*. 2012; 35(10): e1483-1487.
68. Dose Response effect on an intra-tendon application of recombinant Human platelet-derived growth factor-BB (rh-PDGF-BB) in a rat Achilles tendinopathy model.  
Shah V, Bendele A, **Dines JS**, Kestler H, Hollinger J, Chahine N, Hee C.  
*J Orthopedic Research*. 2013;31(3):413-420.
67. Isolated tear of the pectoralis minor tendon in a high school football player.  
Li X, Gorman M, **Dines JS**, Limpisvasti O.  
*Orthopedics*. 2012;35(8): e1272-1275.
66. Effect of recombinant human platelet-derived growth factor-BB-coated sutures on Achilles tendon healing in a rat model: A histological and Biomechanical Study.  
Cummings S, Grande D, Hee C, Kestler H, Roden C, Shah NV, Razzano P, Dines DM, Chahine N, **Dines JS**  
*J Tissue Engineering*. 2012;3(1).
65. Anconeus Epitrochlearis as a Source of Medial Elbow Pain in Baseball Players  
Li Xinning, **Dines JS**, Gorman M, Limpisvasti O, Gambardella R, Yocum L  
*Orthopedics*. 2012; 35(7):e1129-1132.
64. Anatomic Considerations of Transclavicular-Transcoracoid Drilling for Coracoclavicular Ligament Reconstruction

Coale R, Hollister S, **Dines JS**, Allen A, Bedi A.  
*J Shoulder Elbow Surgery*. 2013; 22(1):137-144.

63. An analysis of the Shoulder and Elbow Section of the Orthopedic In-Training Examination  
Osbah D, Cross M, Taylor S, Bedi A, Dines D, **Dines JS**  
*Amer Journal Orthopedics*. 2012; 41(2):63-68.
62. Ulnar Collateral Ligament Reconstruction in Throwing Athletes: A Review of Current Concepts.  
Jones K, Osbah D, Schrupf M, **Dines JS**, Altchek DW.  
*J Bone Joint Surgery*. 2012; 94:e49(1-12)
61. “Batter’s Shoulder”: Can Athletes Return to Play at the Same Level After Operative Treatment?  
Wanich T, **Dines J**, Dines D, Gambardella R, Yocum LA  
*Clinical Orthopedics Related Research*. 2012; 470(6):1565-70.
60. Abdominal Muscle Strains in Professional Baseball: 1991-2010.  
Conte SA, Thompson MM, Marks M, **Dines JS**  
*American Journal Sports Medicine*. 2012; 40(3):650-656.
59. Cytokines in Rotator Cuff Degeneration and Repair  
Bedi A, Maak T, Walsh C, Rodeo SA, Grande D, Dines DM, **Dines JS**  
*Journal Shoulder Elbow Surgery*. 2012; 21(2):218-27.
58. Regenerative Tendon and Ligament Healing: Opportunities with Recombinant Human Platelet-Derived Growth Factor BB-Homodimer  
Hee Ck, **Dines JS**, Solchaga LA, Shah V, Hollinger JO.  
*Tissue Engineering Part B Rev*. 2012; 18(3):225-234.
57. Does Posteromedial Chondromalacia Reduce Rate of Return to Play After Ulnar Collateral Ligament Reconstruction?  
Osbah DC, **Dines JS**, Rosenbaum A, Nguyen J, Altchek DW  
*Clinical Orthop Related Research*. 2012; 470(6):1558-64.
56. Elbow Ulnar Collateral Ligament Reconstruction in Javelin Throwers at a Minimum 2-year Follow-up.  
**Dines JS**, Jones K, Kahlenberg C, Rosenbaum A, Osbah DC, Altchek DW.  
*Amer J Sports Medicine*. 2012; 40(1):148-151.
55. An Analysis of the Hip and Knee Reconstruction Section of the Orthopedic in-training examination  
Cross MB, Osbah D, Nam D, Reinhardt K, Bostrom M, **Dines JS**  
*Orthopedics*. 2011. 34(9):e550-555.
54. Rate of Avascular Necrosis Following Proximal Humerus Fractures Treated with a Lateral Locking Plate and an Endosteal Implant  
Nevaser AS, Hettrich C, **Dines JS**, Lorich DG

*Arch Orthop Trauma Surg.* 2011; 131(12):1617-22.

53. The Role of Fatty Infiltration in the Pathophysiology and Outcomes of Rotator Cuff Repair: A Review Article  
Chaudhury S, **Dines JS**, Delos D, Warren RF, Voigt C, Rodeo S  
*Arthritis Care Research.* 2012. 64(1):76-82.
52. Endosteal Strut Augment Reduces Complications Associated with Proximal Humeral Locking Plates  
Nevaiser AS, Hettrich CM, Beamer B, **Dines JS**, Lorich DG  
*Clinical Orthop Related Research.* 2011; 469(12):3300-3306.
51. Augmentation of a Rotator Cuff Suture Repair Using rh-PDGF-BB and a Type I Bovine Collagen Matrix in an Ovine Model  
Hee C, **Dines JS**, Dines DM, Roden C, Wisner Lynch L, et al.  
*Amer J Sports Medicine.* 2011; 39(8):1630-1639.
50. Arthroplasty for Fractures of the Proximal Part of the Humerus  
Voos J, **Dines JS**, Dines DM  
*Instructional Course Lectures.* 2011;60:105-112
49. An Analysis of the Musculoskeletal Trauma Section of the Orthopedic In Training Exam (OITE)  
Cross MB, Osbahr D, Gardner M, Nguyen J, Helfet, Lorich D, **Dines JS**  
*J Bone Joint Surgery Am.* 2011; 93(9):e49.
48. Orthopedic In-training Examination: An Analysis of the Sports Medicine Section  
Osabahr D, Cross MB, Bedi A, Nguyen J, Allen AA, Altchek D, **Dines JS**  
*Amer J Sports Medicine.* 2011;39(3):532-537.
47. In Vitro Analysis of an rhGDF-5 suture coating process and the effects of rhGDF-5 on rat tendon fibroblasts.  
**Dines JS**, Cross MB, Dines D, et al.  
*Growth Factors.* 2011; 29(1):1-7.
46. Ulnohumeral Chondral and Ligamentous Overload: Biomechanical Correlation for Posteromedial Chondromalacia of the Elbow in Throwing Athletes  
Osabahr D, **Dines JS**, Breazale N, Deng XH, Altchek D.  
*Amer J Sports Medicine.* 2010;26(12):1684-1696.
45. Use of 70 arthroscope for Improved Visualization with Common Arthroscopic Procedures.  
Bedi A, **Dines J**, Dines D, Kelly BT, Obrien S, Altchek S, Allen AA  
*Arthroscopy* 2010;26(12):1684-1696.
44. Growth Factor Confusion  
**Dines JS**  
*Arthroscopy.* 2010; 26(9):1144.

43. The Effect of Recombinant Human Platelet Derived Growth Factor BB-Coated Sutures on Rotator Cuff Healing in a Sheep  
Uggen C, **Dines JS**, McGarry M, Grande D, Lee T, Limpisvasti O  
*Arthroscopy* 2010 26(11):1456-1462.
42. Massive Tears of the Rotator Cuff  
Bedi A, **Dines JS**, Warren R, Dines DM  
*J Bone Joint Surgery*. 92(9): 1894-1908, 2010.
41. Arthroplasty for Fractures of the Proximal Part of the Humerus.  
Voos JE, Dines JS, Dines DM.  
*J Bone Joint Surgery*. 92(6): 1560-1567, 2010.
40. Elbow Medial Ulnar Collateral Ligament reconstruction: Clinical Relevance and the Docking Technique  
Bowers A, **Dines JS**, Dines DM, Altchek DW  
*J Shoulder Elbow Surg*. 19(2S):110-117, 2010
39. Combined Flexor-Pronator Mass and Ulnar Collateral Ligament Injuries in the Elbows of Older Baseball Players.  
Osbaahr D, Swaminathan S, Allen A, **Dines JS**, et al.  
*Amer J Sports Medicine*. 38(4):733-739, 2010.
38. Histologic Stages of Healing Correlate with Restoration of Tensile Strength in a Model of Experimental Tendon Repair  
Rosenbaum A, Wicker J, **Dines JS**, Bonasser L, Razzano, Dines D, Grande D  
*HSS Journal*. Epub ahead of print January 2010
37. Symptomatic Glenoid Loosening Complicating Total Shoulder Arthroplasty  
Raphael B, **Dines JS**, Warren R, Figgie M, Fealy S, Dines DM  
*HSS Journal*. 2010;6(1):52-56.
36. Single-Row Versus Double-Row Rotator Cuff Repair: Techniques and Outcomes  
**Dines JS**, Bedi A, ElAttrache N, Dines DM  
*J Amer Acad Orthop Surg*. 18(2): 83-93, 2010.
35. Arthroscopic Removal of Proximal Humerus Locking Plates  
**Dines JS**, Hettrich C, Kelly BT, Savoie FH, Lorich DG  
*Knee Surg Sports Traumatol Arthrosc*. 18(3):409-411, 2010.
34. Long-term Followup of Total Hip Arthroplasty in Patients with Cerebral Palsy  
Raphael B, **Dines JS**, Ackerman M, Root L  
*Clinical Orthop Rel Research*. 468(7):1845-1854, 2010.
33. Propionibacterium acnes infection after shoulder arthroplasty: A Diagnostic Challenge  
Dodson CC, Craig EV, Cordasco F, Dines DM, **Dines JS**, Brause B, Warren R  
*J Shoulder Elbow Surgery*. 19(2):303-307, 2010.



32. Arthroscopic Suture Anchor Repair for Lateral Patellar Instability  
Dodson CC, Shindle MK, **Dines JS**, Altchek DW  
*Knee Surg Sports Traumatol Arthrosc.* 18(2):143-146, 2010.
31. Glenohumeral Internal Rotation Deficits in Baseball Players with Ulnar Collateral Ligament Insufficiency.  
**Dines JS**, Frank J, Akerman M, Yocum L  
*American J Sports Medicine.* 37(3):566-570, 2009.
30. Emerging Technologies and Fourth Generation Issues in Cartilage Repair  
Kessler M, Ackerman G, **Dines JS**, Grande D  
*Sports Med Arthroscopy Review.* 16(4):246-251, 2008.
29. Horizontal Mattress With a Knotless Anchor to Better Recreate the Normal Superior Labrum Anatomy  
**Dines JS**, ElAttrache NS  
*Arthroscopy,* 24(12):1422-1425, 2008.
28. Mesenchymal Stem Cells in Tissue Engineering  
Rosenbaum AJ, **Dines JS**, Grande D  
*Organogenesis,* 4(1):23-27, 2008
27. Revision Surgery for Failed Ulnar Collateral Ligament of the Elbow Reconstruction  
**Dines JS**, Yocum L, Frank JB, ElAttrache NS, Gambardella R, Jobe F  
*American Journal Sports Medicine,* 36(6):1061-65, 2008
26. Repair Site Integrity After Arthroscopic “Transosseous-Equivalent/Suture Bridge” Rotator Cuff Repair  
Frank JB, ElAttrache NS, **Dines JS**, Blackburn A, Crues J, Tibone JE.  
*American Journal Sports Medicine,* 36(8):1496-1503.
25. DMD Knot: A New Locking, Flip Knot  
**Dines JS**, Moynihan D, Uggen C, Dines DM  
*Journal of Surgical Orthopaedic Advances.* 17(2):115-118, 2008.
24. Arthroscopic Fixation of Femoral Osteochondral Lesions using a Bioabsorbable Nail  
**Dines JS**, Fealy S, Warren RF  
*Arthroscopy.* 2008, 24(1): 62-68.
23. Clinical Outcomes of the DANE TJ Technique to Treat Medial Ulnar Collateral Ligament Insufficiency of the Elbow  
**Dines JS**, ElAttrache NS, Conway J, Smith W, Ahmad CS  
*American Journal Sports Medicine,* 2007, 35(12) 2039-2044.
22. Tissue Engineering and Rotator Cuff Tendon Healing  
**Dines JS**, Grande DA, Dines DM  
*Journal of Shoulder and Elbow Surgery.*2007, 16(5S):S204-207.
21. The Effect of GDF-5 Coated Sutures on Tendon Repair in a Rat Model

- Dines JS**, Weber L, Prajapati R, Razzano P, Timmer M, Bowman S, Bonnasser L, Grande DA, Dines DM  
*Journal of Shoulder and Elbow Surgery*. 2007, 16(5S):S215-221.
20. Biologics in Shoulder Surgery: Suture Augmentation and Coating to Enhance Tendon Repair  
**Dines JS**, Grande DA, ElAttrache NS, Dines DM  
*Techniques in Orthopaedics*. 2007, 22(1):20-25.
19. Irreparable Rotator Cuff Tears: What to do, When to do it: The Surgeon's Dilemma.  
Dines DM, Moynihan D, **Dines JS**, McCann P.  
*Instructional Course Lectures*. 2007, 56:13-22.
18. The Effect of Airport Security Devices on Total Shoulder Replacements in the Post-9/11 Era  
**Dines JS**, Elkousy H, Edwards T, Gartsman G, Dines DM  
*Journal of Shoulder and Elbow Surgery*. 2007, 16(4): 434-437.
17. Diagnosis and Treatment of Localized Pigmented Villonodular Synovitis: A Long-Term Follow Up  
**Dines JS**, Deberardino T, Dodson C, Shindle M, Wells JL, DiCarlo E, Warren RF  
*Arthroscopy*. 2007, 23(9): 930-937.
16. Intramedullary Fracture Positioning Sleeve for Proper Placement of Hemiarthroplasty in Fractures of the Proximal Humerus  
Dines DM, Warren R, Craig E, Lee D, **Dines JS**  
*Tech Shoulder Elbow Surgery*, 2007, 8(2), 1-6.
15. Axillary Artery Aneurysm with Distal Embolization in a Professional Baseball Pitcher  
Baumgarten K, **Dines JS**, Winchester PA, Altchek D, Fantini G, Weiland  
*Amer J Sports Medicine*. 2007, 35(4), 650-653.
14. Arthroscopic-Assisted Core Decompression of the Humeral Head  
**Dines JS**, Strauss E, Fealy S, Craig EV  
*Arthroscopy*. 2007, 23(1):103.e1-4.
13. Revision Total Shoulder Arthroplasty  
**Dines JS**, Uggen C, Dines DM  
*Minerva Ortopedica Traumatologica*. 2006, 57(6) 509-520.
12. Irreparable Rotator Cuff Tears: What to do and When to do it, The Surgeon's Dilemma.  
Dines DM, Moynihan D, **Dines JS**, McCann P  
*J Bone Joint Surgery Am*. 2006, 88(10):2294-2302.
11. Medial Ulnar Collateral Ligament Reconstruction of the Elbow in Throwing Athletes  
Dodson C, Thomas A, **Dines JS**, Nho S, Williams RJ, Altchek DW

*Amer J Sports Medicine.* 2006, 34:1926-1932.

10. Outcomes Analysis of Revision Total Shoulder Replacements  
**Dines JS**, Fealy S, Strauss E, Allen A, Craig E, Warren R, Dines DM  
*J Bone Joint Surgery Am.* 2006, 88(7):1494-1500.
9. Outcomes after Interposition Arthroplasty for Treatment of Hallux Rigidus  
Kennedy JG, Chow F, **Dines JS**, Gardner MJ, Bohne W  
*Clin Orthop Rel Res.* 2006, 445:210-215.
8. Arthroscopic Thermal Capsulorrhaphy as Treatment for the Unstable Paralytic Shoulder  
Strauss EJ, Fealy S, Khazzam M, **Dines JS**, Craig EV  
*Arthroscopy.* 2005, 21(5); 636e1-636e5
7. The Extensile Anterior Acromial Approach to the Proximal Humerus  
Gardner MJ, Griffith MH, **Dines JS**, Weiland AJ, Lorch DG  
*Clin Orthop Rel Res.* 2005, 434:123-129.
6. Glenohumeral Arthrodesis: Surgical Technique  
**Dines JS**, Dines DM, Craig EV, Warren RF  
*Techniques Shoulder Elbow Surg.* 2005, 6(2); 67-74
5. A Minimally Invasive Approach for Plate Fixation of the Proximal Humerus  
Gardner MJ, Griffith MH, **Dines JS**, Lorch DG  
*Bull Hosp Joint Dis.* 2004, 62(1,2); 18-23
4. Complex Four-Part Fractures of the Proximal Humerus Treated with Hemiarthroplasty: Technical Considerations and Surgical Technique  
Dines DM, Tuckman D, **Dines JS**  
*U. Penn Orthopaedic Journal.* 2002, 15; 29-36
3. Instability After Arthroplasty: The Shoulder  
Warren RF, Coleman S, **Dines JS**  
*J Arthroplasty.* Jun 2002, 17(4S); 28-31.
2. Mucoïd Degeneration of the ACL: A case report  
Fealy S, Kenter K, **Dines JS**, Warren RF  
*Arthroscopy.* Nov-Dec 2001, 17(9); E37
1. Pretibial Cyst Formation After ACL Surgery with Soft-Tissue Autografts  
Simonian P, Wickiewicz T, O'Brien SJ, **Dines JS**, Warren RF  
*Arthroscopy.* March 1998, 14(2); 215-220

**Grant Funding** Single Row vs. Double Anterior Stabilization: A Biomechanical Analysis  
*Institute Sports Medicine Research (ISMR)*; (\$20,000); 2011  
Co-Investigator: **Joshua Dines, MD** with Matthew Thompson

Examining the Stabilizing effects of the Latarjet Procedure and its effects on stability compared to the Subscapularis Tenodesis  
*Institute Sports Medicine Research (ISMR)* (\$40,000); 2009  
Co-Investigator: **Joshua Dines, MD** with Christopher Dodson

The Effect of a PDGF-enhanced Scaffold on Rotator Cuff Healing in a Rat Model  
*Arthroscopy Association of North America Grant* (\$25,000); 2009-2010  
Co-Investigator: **Joshua S. Dines MD** with Daniel Grande PhD

rhPDGF-Coated Sutures to Enhance Rotator Cuff Healing in a Sheep Model  
Oxnard Grant Foundation (\$100,000); 2007-2008.  
Co-PI's: Orr Limpisvasti, **Joshua S. Dines MD**

**Editorial**  
**Appointments**

*Controversies in Shoulder Instability*  
Eds. Dodson C, **Dines JS**, Walch G, Williams G, Dines DM  
Lippincott Williams and Wilkins; Philadelphia PA; *In press*

*Sports Medicine of the Foot and Ankle*  
Eds. Altchek D, **Dines JS**, Positano R  
Lippincott Williams and Wilkins; Philadelphia PA; 2012.

*Case Files in Orthopedics*  
Eds. Rosenbaum A, **Dines JS**, Toy E  
McGraw Hill; *In press*

*Sports Medicine of Baseball Textbook*  
Eds. **Dines JS**, ElAttrache N, Altchek D, Andrews J, Wilk K, Yocum L  
Lippincott Williams and Wilkins; Philadelphia PA; 2012.

*Journal of Shoulder and Elbow Surgery*  
Editorial Board: Chief Social Media Editor (2012 to present)

*The American Journal of Orthopedics*  
Editorial Board (2013 to present)

*Current Review Musculoskeletal Medicine*  
Editorial Board  
Springer Inc.

**Book Chapters**

**Insert 3 chapters from UCL monograph**

30. Urch E, McDonald L, **Dines JS**, Altchek DW. Elbow Arthroscopy and Throwing Injuries. *AAOS Orthopedic Knowledge Update: Sports Medicine*. ed. \_\_\_\_\_. Rosemont IL: AAOS Publishing; 2015
29. Dines JS, Dines DM. The Difficult Glenoid in Total Shoulder Arthroplasty: Reaming and Bone Grafting Techniques To Ensure Long-Term Stability. *AAOS*

*Advanced Reconstruction: The Shoulder*. Rosemont IL: AAOS Publishing; 2015.

28. Williams P, Mistry J, **Dines JS**. Use of Biologics to Enhance Healing in the Setting of Massive Rotator Cuff Tears. *Massive Rotator Cuff Tears*. Eds Gulotta L, Craig E.
27. Delos D, **Dines JS**. Outcomes of Anterior Cruciate Ligament Reconstruction. *AAOS Monograph Series: Advances in Anterior Cruciate Ligament Surgery-Current Concepts and Evolving Approaches*. eds ElAttrache NS, Limpisvasti O. Rosemont IL: AAOS Publishing; 2013.
26. Angeline M, **Dines JS**. Factors Affecting Outcomes of Rotator Cuff Surgery. *AAOS Orthopedic Knowledge Update: Shoulder/Elbow*. ed. Nicholson G. Rosemont IL: AAOS Publishing; 2013
25. Li X, **Dines JS**, Altchek D. Open Anterior Stabilization. *Video Atlas of Shoulder Surgery*, ed. McCann P. India: Jaypee Medical Publishers; 2013.
24. **Dines JS**, Li X, Altchek D. Arthroscopic Anterior Stabilization. *Video Atlas of Shoulder Surgery*, ed. McCann P. India: Jaypee Medical Publishers; 2013.
23. **Dines JS**, Altchek D. Elbow Medial Collateral Ligament Reconstruction. *Atlas of Essential Orthopedic Procedures*. Rosemont IL: AAOS Publishing; 2013
22. **Dines JS**, ElAttrache NS. Ulnar Collateral Ligament Repair and Reconstruction: Part C: DANE Technique. *Surgical Techniques of the Shoulder, Elbow and Knee in Sports Medicine 2<sup>nd</sup> Edition*, eds. Cole B, Sekiya J. New York NY: Elsevier; 2013.
21. Dodson C, **Dines JS**, Altchek D. Ulnar Collateral Ligament Repair and Reconstruction: Part B, Docking Technique. *Surgical Techniques of the Shoulder, Elbow and Knee in Sports Medicine 2<sup>nd</sup> Edition*, eds. Cole B, Sekiya J. New York NY: Elsevier; 2013.
20. Jones K, Schrumphf M, **Dines JS**. Ulnar Collateral Ligament Injury of the Elbow. *Case Files: Orthopedics*, eds. Rosenbaum A, **Dines JS**, Toy E. New York NY: McGraw Hill. 2013
19. Taylor SA, Berkes MB, **Dines JS**. Meniscal Tears. *Case Files: Orthopedics*, eds. Rosenbaum A, **Dines JS**, Toy E. New York NY: McGraw Hill. 2013
18. Berkes MB, Taylor SA, Lorch DG, **Dines JS**. Proximal Humerus Fractures. *Case Files: Orthopedics*, eds. Rosenbaum A, **Dines JS**, Toy E. New York NY: McGraw Hill. 2013
17. **Dines JS**, Dines DM. Surgical Techniques for Failed Instability Surgery. *Masters Techniques in Orthopedic Surgery: The Shoulder 3<sup>rd</sup> edition*, ed.

Craig E. Philadelphia PA: Lippincott Williams Wilkins; 2013

16. Rosenbaum A, Positano R, Colletti M, **Dines JS**. Ankle Arthroscopy. *Sports Medicine of the Foot and Ankle* eds, Altchek, Digiovanni C, **Dines JS**, Positano. Philadelphia PA: Lippincott. 2012.
15. Mauro C, **Dines JS**, ElAttrache N. Special Considerations in UCL Reconstruction. *Sports Medicine of Baseball*, eds. Dines JS, Altchek D, Andrews J, ElAttrache N, Yocum L, Wilk K. Philadelphia PA: Lippincott. 2012.
14. Osbahr D, El-Amin S, **Dines JS**, Dines D. Traumatic Anterior Shoulder Instability in Baseball Players. *Sports Medicine of Baseball*, eds. Dines JS, Altchek D, Andrews J, ElAttrache N, Yocum L, Wilk K. Philadelphia PA: Lippincott. 2012
13. Voos J, Mauro C, Allen A, **Dines JS**. Internal Impingement. *Sports Medicine of Baseball*, eds. Dines JS, Altchek D, Andrews J, ElAttrache N, Yocum L, Wilk K. Philadelphia PA: Lippincott. 2012.
12. Kohen R, Bedi A, **Dines JS**. Single vs. Double Row Repairs. *Rotator Cuff Disorders: Basic Science and Clinical Medicine*, eds. Maffulli N, Furia J. London UK:JP Medical Publishers. Chapter 14, 2012.
11. Arthroscopic Treatment of SLAP Lesions and Internal Impingement  
**Dines JS**, ElAttrache NS  
*AAOS Current Concepts Monograph: Shoulder Instability*  
Ed. Levine W. Chapter 4, 2009.
10. Arthroscopic Rotator Cuff Anatomy  
**Dines JS**, Dines D  
*Masters Experience DVD: Arthroscopic Surgical Techniques, Rotator Cuff Repair*, eds. Burkhart S, Savoie F. Chapter 2, 2009.
9. Revision Shoulder Arthroplasty  
Uggen C, **Dines JS**, Dines D  
*Arthritis and Arthroplasty: The Shoulder*, eds Williams G, Dines D
8. Evaluation and Management of Failed Rotator Cuff Repair  
**Dines JS**, Dines DM  
*The Shoulder 4<sup>th</sup> Edition*, eds. Rockwood C, Matsen R.
7. Articular Injuries in the Athlete  
**Dines JS**, ElAttrache NS  
*The Elbow and its Disorders 4<sup>th</sup> edition*, eds. Morrey B, Sanchez-Sotelo.  
Chapter , pages , 2008.

6. Throwing Injuries in the Shoulder  
**Dines JS**, Dines DM  
*Liverpool Textbook of Orthopaedic Surgery*, eds Frostick S. *in press*
5. Infection Complicating Total Shoulder Replacement  
**Dines JS**, Dines DM  
*Shoulder Arthroplasty: Complex Issues in the Primary and Revision Setting*,  
Eds. Fealy, Sperling, Warren, Craig. Thieme. Chapter 8:56-60, 2008.
4. Malunions of Proximal Humerus Fractures  
**Dines JS**, Craig EV, Dines DM  
*Solutions for Complex Upper Extremity Trauma*,  
eds. Dines, Lorich, Helfet. Thieme. Chapter 7:60-69, 2008.
3. Genetic Engineering for the Rotator Cuff Deficient Shoulder  
**Dines JS**, Grande DA, Dines DM  
*The Rotator Cuff Deficient Shoulder*,  
ed. Frankle M. Thieme, 2008.
2. The Role of Growth Factors in Tendon Healing  
Nickols J, **Dines JS**  
*Tissue Engineering: Applications in Oral and Maxillofacial Surgery*, 2<sup>nd</sup> ed.  
Eds. Lynch, Marx, Nevins, Wisner-Lynch. Quintessence Books.  
Chapter 20:276-289, 2008.
1. Disorders of the Foot and Ankle  
**Dines JS**, Pavlov H, Positano R  
*Textbook of Physiatry*, eds. Positano, Lutz. *In press*

**Invited  
Presentations/  
Lectures**

**9<sup>th</sup> Advanced Course on Shoulder Arthroscopy**, Jan 25-30, 2015; Val D'Isere FR

1. Device Related Complications
2. Anterosuperior Rotator Cuff Tears: For me the comma sign is...
3. Irreparable Rotator Cuff Tears: Scaffolds- Why I use and scientific rationale
4. Mini-Battle: Why I Use Biologics?
5. Internal Impingement: Jobe's Theory
6. Case Debate: Treatment of Shoulder Injuries in Overhand Athletes

**Current Solutions in Shoulder and Elbow Surgery**, Jan 18, 2015; Tampa FL

1. Rotator Cuff Surgery: Can we improve healing?

**Arthrex Sports Medicine Faculty Forum**, Jan 9-10, 2015; Naples FL

1. Quickset as a bone void filler after Proximal Humerus Hardware Removal
2. Surgical Uses of Bone Marrow Aspirate Concentrate

**Sociedad Dominicana de Ortopedia Y Traumatologia XXXV Congreso Nacional**, December 4-5, 2014; Punta Cana, Dominican Republic

1. Elbow Injuries in Baseball Players
2. Current Concepts of Tommy John Surgery
3. Technical Considerations of ACL Reconstruction
4. Anterior Shoulder Instability: When and How to Treat
5. Shoulder Injuries in Baseball and Tennis

**Eastern Orthopedic Association Annual Meeting**, October 24, 2014. Amelia Island, FL

1. Current Concepts: Treating Elbow Injuries in Throwing Athletes

**Vumedi Shoulder Arthroplasty Symposium**, October 16, 2014, [www.vumedi.com](http://www.vumedi.com)

1. Reverse Shoulder Arthroplasty: Emerging Indications

**American Shoulder and Elbow Society Closed Meeting**, October 11, 2014. Pinehurst NC

1. Total Shoulder Arthroplasty for Primary Osteoarthritis Utilizing a Mini-Stem Humeral Component- Midterm Results of the first 100 cases

**G9 International Shoulder Fellowship Education Program**; Sept 16, 2014; Online

1. Rotator Cuff III: Biology of Cuff Tears and Repairs

**Salzburg Weill Cornell /HSS Seminar in Bone & Joint Surgery**, Salzburg Austria, June 2014

1. Current Concepts in ACL Reconstruction
2. Rotator Cuff Repair Techniques
3. Shoulder Arthroplasty: Anatomic vs. Reverse
4. Proximal Humerus Fractures
5. Shoulder Instability: Role of Open and Arthroscopic Surgery

**NICE Shoulder Course**, June 2014, Nice France

1. Shoulder Arthroscopy: Use of the 70 Degree Scope
2. Irreparable Rotator Cuff Tears: Role for Reverse

**ASES Current Controversies Meeting**; April 25-26, 2014 Orlando FL

1. Elbow Ulnar Collateral Ligament Reconstruction vs. Repair
2. Shoulder Arthroplasty: Complex Cases

**HSS Niarchos Foundation Annual Meeting**, April 24, 2014, NY NY

1. Complex Shoulder Instability Cases: Bone Loss

**HSS E-University Rotator Cuff Symposium**, April 9, 2014 NY

1. Rotator Cuff Tears in Throwing Athletes

**NY College of Podiatric Medicine**, May 2014, NY NY

1. Achilles Tendon Trauma



**AAOS Annual Meeting**, March 2014, New Orleans LA

1. Sports Medicine Review Course
2. Biology of Tendon Healing Symposium
3. Rotator Cuff Repair ICL

**NYU Radiology Department Grand Rounds**: Feb 12, 2014 NY, NY

1. Imaging of Common Sports Elbow Injuries

**Current Solutions in Shoulder And Elbow Surgery**, January 2014, Tampa FL

1. Shoulder Injuries in the Overhand Athlete: When to operate and when not to?
2. Skills Lab Workshop: Anchorless Rotator Cuff Repairs

**Breg Roadshow Shoulder Course**, January 2014, Carlsbad CA

1. Managing Bone Loss in Glenohumeral Instability
2. Subscapularis Tears

**Sports Medicine of Tennis**; December 13-14, 2013; HSS New York NY

1. OCD Of the Elbow in Tennis Players
2. Lateral Epicondylitis: Is there a Place for Surgery?
3. Mini-Symposium: Current Concepts in the Treatments of Lateral Epicondylitis  
(*Moderator*)
4. Internal Impingement
5. Lower Extremity Injuries in Tennis: Case Presentations

**DMC Sports Medicine Institute Visiting Lectureship;** November 7, 2013; Detroit

1. Biology to Enhance Rotator Cuff Healing
2. When and How to Treat Anterior Shoulder Instability
3. Review of Shoulder OITE Topics
4. Total Shoulder Arthroplasty Cadaver Lab

**American Shoulder Elbow Society Closed Annual Meeting;** October 13-15, 2013; Las Vegas NV

1. Does the Use of An Inferiorly Offset Glenosphere in Reverse Shoulder Arthroplasty Reduce Scapular Notching? A radiographic and functional outcomes Analysis
2. Prevalence of Ulnar Collateral Ligament Surgery In Minor League Professional Baseball (*Poster*)

**American Shoulder Elbow Society: Arthroscopic Shoulder and Elbow Surgery: An International Perspective;** October 12, 2013; Las Vegas NV

1. SLAP Tears: Who to Fix? When to do it? How?
2. Biology of the Rotator Cuff and How Do Repairs Heal...if they do?
3. Valgus Instability in Throwers: PRP vs. Repair vs Reconstruct

**San Diego Shoulder Institute: 30<sup>th</sup> Annual Shoulder Course;** June 2013, San Diego CA

1. Is Total Shoulder Replacement as good as we think?

**HSS John Marshall Lecture Baseball Injury Symposium,** April 18, 2013; NY NY

1. Partial Thickness Rotator Cuff Tears in Throwing Athletes

**American Shoulder Elbow Society Open Meeting,** March 21, 2013; Chicago IL

1. Functional Outcomes Following Revision UCL Reconstruction in Major League Baseball Players

**American Academy Orthopedic Surgeons Annual Meeting,** March 20-22, 2013, Chicago IL

1. Biologic Augmentation of Tendon to Bone Healing (symposium)

**OTA/AAOS Webinar: Management of Proximal Humerus Fractures,** January 29, 2013.

1. Arthroplasty for Fracture: Technique and Outcomes

**Hospital for Special Surgery Resident Core Lecture Series,** January 28, 2013.

1. Shoulder Instability

**8<sup>th</sup> Annual Advanced Course on Shoulder Arthroscopy**, Jan 20-25, 2013; Val D'Isere France. (300 Attendees)

1. Arthroscopic AC Joint Reconstruction: My Preferred Technique (Relive Surgery)
2. Arthroscopic Posterior Stabilization: My Preferred Technique (Relive Surgery)
3. Arthroscopy to manage a failed shoulder prosthesis
4. Debate: Role of Arthroscopy in Shoulder Arthritis
5. Debate: Role of Arthroscopy in AC Joint dislocations

**20th Annual Current Solutions in Shoulder & Elbow Surgery**, Jan 11-13, 2013; Tampa FL (250 Attendees)

1. AC Joint Dislocations: When Should We Operate?
2. Double Row Labral Repairs for Instability

**Societe Francaise D'Arthroscopie Annual Congress**, Dec 6-8, 2012, Lille France

1. Biology and Rotator Cuff Healing (*Keynote Speaker*)
2. Shoulder Cuff Session *Moderator*

**Hospital for Special Surgery Alumni Association 83<sup>rd</sup> Annual Meeting**, Nov 10, 2012

1. "On Demand Education: How Social Media is Changing the way we learn and teach"
2. Growth Factors and PRP to Enhance Rotator Cuff Healing

**Musculoskeletal MRI 2012: Imaging in Sports Medicine**, Las Vegas NV; October 20-21, 2012

1. Rotator Cuff: Surgical Perspective
2. Biceps Disease: Surgical Perspective
3. AC Joint: Surgical Perspective
4. Elbow Tendon and Joint Disorders: Surgical Perspective
5. Meniscal Injuries: Surgical Perspective
6. Articular Cartilage: Surgical Perspective

**American Shoulder and Elbow Society Closed Meeting**; Oct 14, 2012

1. Revision UCL surgery in Major League Baseball Players

**Nice Shoulder Course 2012**, Nice France, June 7-9, 2012

1. Single Row vs. Double Row Cuff Repairs: Systematic Review of the Clinical Outcomes
2. Can we improve healing in Rotator Cuff Repairs?
3. Complications of Hemiarthroplasty for the Rotator Cuff Deficient Shoulder

**Salzburg Weill Cornell /HSS Seminar in Bone & Joint Surgery**, Salzburg Austria, June 3-6, 2012

6. Current Concepts in ACL Reconstruction
7. Rotator Cuff Repair Techniques
8. Shoulder Arthroplasty: Anatomic vs. Reverse
9. Proximal Humerus Fractures
10. Shoulder Instability: Role of Open and Arthroscopic Surgery

**American Academy of Orthopedic Surgeons Annual Meeting**, San Francisco CA, February 2012

1. Biologic Augmentation of Tendon to Bone Healing: Where are we now?  
*Instructional Course Lecture*

**Current Solutions in Shoulder and Elbow Surgery**, Tampa Fl, Jan 12-15, 2012

1. Biology of Cuff Healing: Current State of the Art
2. Live Surgical Demonstration: Arthrotunneler Rotator Cuff Repair
3. ORIF Proximal Humerus Fractures: Improving Outcomes
4. Debate: Complex 4-part Proximal Humerus Fractures
5. AC Joint Reconstruction
6. Update on Arthroscopic Anchorless Rotator Cuff Repair

**USTA Tennis Performance and Injury Prevention Conference**, Tampa FL Dec 11, 2011

1. Lower Extremity in the Tennis Player: Clinical Evaluation and Exercise Prescription

**XX Congresso Nazionale Societa Italiana di Artroscopia**, Milan Italy

1. How to treat an osteochondral defect

**Society Italian of Arthroscopy (SIA)/AANA Instructional Course**, Milan Italy November 2011

1. Options for Large Articular Defects
2. Suture Technique for Rotator Cuff Repair
3. Rotator Cuff Repair: Emerging Biotechnologies
4. The Unstable Elbow
5. Clinical Cases in Elbow Pathology

**Musculoskeletal MRI 2011: Imaging in Sports Medicine**, Las Vegas NV; November 3-5, 2011

7. Rotator Cuff: Surgical Perspective
8. Biceps Disease: Surgical Perspective
9. AC Joint: Surgical Perspective
10. Elbow Tendon and Joint Disorders: Surgical Perspective
11. Meniscal Injuries: Surgical Perspective
12. Articular Cartilage: Surgical Perspective

**American Shoulder & Elbow Surgeons Closed Meeting**, Greenbrier W Va.  
October 2011

1. Does Posteromedial Chondromalacia Reduce Rate of Return to Play After Ulnar Collateral Ligament Reconstruction?
2. Chronic Distal Biceps Tendon Reconstruction through a single incision with allograft. (*eposter*)
3. Elbow UCL reconstruction in Javelin Throwers at a minimum 2-year follow-up (*eposter*)

**Long Island Jewish Medical Center Grand Rounds** New Hyde Park NY. July 2011

1. Elbow Injuries in throwing athletes

**San Diego Shoulder Institute (Esch Course)** San Diego CA. June 2011

1. Rotator Cuff Healing: What we know and don't know

**AAOS/ASES Sports Shoulder Injuries: Open and Arthroscopic Techniques**  
Rosemont IL. May 2011

1. Knots, Knotless, Anchors.

**Arthroscopy Association of North American Annual Meeting 2011** San Francisco CA. April 2011

1. Instructional Course Lecture: Biologics to Enhance Rotator Cuff Healing

**American Shoulder and Elbow Surgeons Open Meeting 2011** San Diego CA

1. Contributions of Osseous and Muscular Stabilizing Effects with the Latarjet Procedure for Anterior Instability.
2. Rotator Cuff Repair in an Ovine Model Using a Combination Product Comprised of a Type I Bovine Collagen Matrix and rdPDGF-bb

**American Academy Orthopedic Surgeons Annual Meeting 2011**, San Diego CA

1. Effect of PDGF-Coated Suture Repair on Achilles Tendon Healing in a Rat Model.

**Current Solutions in Shoulder and Elbow Surgery 2011**, Tampa FL

1. Biology of Cuff Healing: Where are we in 2011?
2. Locking Plates for Proximal Humerus Fractures: Pitfalls and Complications

**AAOS/ASES Shoulder Arthroplasty: State of the Art Nov 2010**, Rosemont IL

1. Biologic Interposition Arthroplasty
2. Lab Instructor: Hemiarthroplasty for Fracture Cadaver Lab
3. Lab Instructor for Reverse Shoulder Arthroplasty Lab
4. Lab Instructor for Hemiarthroplasty for Fracture Cadaver Lab

**Resident Adult Lecture Series, The Hospital For Special Surgery**, September 28, 2010.

1. Rotator Cuff Pathology

**Long Island Jewish Dept. of Orthopedic Surgery Grand Rounds;** July 2010

1. Elbow Injuries in Athletes: Open and Arthroscopic Treatment

**Salzburg-Weill Cornell Bone and Joint Seminar:** Salzburg Austria, June 2010

1. Current Concepts in ACL Reconstruction
2. Anterior Shoulder Instability
3. Treatment options for Proximal Humerus Fractures
4. Advances in Rotator Cuff Surgery

**Mexican Association of Surgical Joint Reconstruction and Arthroscopy (AMECRA) 15<sup>th</sup> Annual Meeting:** Puerto Vallarta, June 2010.

1. Advanced Concepts in Rotator Cuff Surgery
2. Epicondylitis in Athletes
3. Valgus Extension Overload and Medial Elbow Injuries in Athletes

**Arthroscopy Association North America (AANA) Annual Meeting:** Ft Lauderdale FL, May 2010

1. ICL #101: Rotator Cuff Healing: From Bench to Bedside

**HSS Current Concepts In Sports Medicine:** New York NY April 24, 2010

1. Elbow Physical Exam

**Arthrex Advanced Techniques in Shoulder and Elbow Surgery;** Los Angeles CA, October 10, 2010.

1. Arthroscopic vs. Open Techniques for Shoulder Instability
2. Elbow Ulnar Collateral Ligament Reconstruction Techniques

**Current Concepts in Sports Medicine: An International Learning and Training Program;** New York, April 2-3, 2009

Course Directors: **Dines JS**, Altchek DW, Rodeo S  
Lecture: Sports Related Injuries of the Elbow

**Current Concepts in Shoulder and Elbow Surgery;** Tampa, January 23-25, 2009

1. Valgus Extension Overload and UCL Insufficiency in Throwers
2. Rotator Cuff Repair Techniques to Advance the Use of Biologics and Growth Factors

Resident Adult Lecture Series, ***Rotator Cuff Pathology***, The Hospital For Special Surgery, January 20, 2009.

Resident Core Lecture Series, ***Shoulder Instability***, Long Island Jewish Medical Center, January 14, 2009.

Instructor: **AAOS/ASES Shoulder Arthroplasty Indications and Techniques**, Orthopedic Learning Center, Rosemont; November 21-22, 2008

**Injuries to the Shoulder and Elbow in the Throwing Athlete: A Tribute to Frank Jobe**

Las Vegas, October 24-25, 2008

1. Pathophysiology and Implication of Labral Tears: Internal Impingement
2. Diagnostic Aids in Elbow Problems
3. Neurovascular Problems about the Elbow: Treatment

**Department of Physiatry Grand Rounds**, The Hospital For Special Surgery, April 22 2008

1. Sports Injuries of the Elbow

Symptomatic Glenoid Loosening Complicating Total Shoulder Arthroplasty

**Dines JS**, Raphael B, Fealy S, Craig EV, Figgie MP, Warren RF, Dines DM

Podium Presentation, **American Academy Orthopaedic Surgeons Annual Meeting**, San Diego CA, February 2007

Podium Presentation\*, **5<sup>th</sup> Biennial ASES/AAOS Shoulder & Elbow Meeting**, Orlando FL, April 2006.

Podium Presentation, **American Shoulder Elbow Society Open Meeting**, Chicago IL, March 2006

\*nominated for Melvin Post Award

Instructor: **Resident Arthroscopy Course**, Orthopedic Learning Center, Rosemont; January 2008

**Department of Sports Medicine Grand Rounds**; Kerlan Jobe Orthopaedic Clinic, December 2006

1. Rotator Cuff Pathology

Kerlan Jobe Sports Medicine Lecture: **Shoulder and Elbow Injuries in the Young Athlete**; January 2007

Hospital for Special Surgery Trauma Series: **Shoulder Girdle Injuries**, January 2006

Hospital for Special Surgery Trauma Series: **Knee Dislocations**, January 2005

Hospital for Special Surgery Trauma Series: **Proximal Humerus Fractures**, February 2005

Development of a Novel Tissue Engineered Gene Therapy Approach to Rotator Cuff Repair in a Rat Model

**Dines JS**, Uggen C, Mason J, Razzano P, Grande D, Dines DM

Podium Presentation\*, **Eastern Orthopaedic Association Annual Meeting**, Boca Raton FL, Oct 2007.

Podium Presentation, **American Shoulder Elbow Society Closed Meeting**, New York, NY; Sept 2004

Podium Presentation, **Orthopaedic Research Society Annual Meeting**, Washington DC; Feb 2005

Podium Presentation\*, **American Shoulder Elbow Society Open Meeting**, Washington DC; Feb 2005

\*= *Founder's Award* Winner; Nominated for Charles Neer Award

Diagnosis and Treatment of Localized Pigmented Villonodular Synovitis: A Long-Term Follow Up

**Dines JS**, Deberardino T, Dodson C, Shindle M, Wells J, DiCarlo E, Warren RF

Podium Presentation, **American Academy Orthopaedic Surgeons Annual Meeting**, San Diego CA, February 2007

Podium Presentation, **Eastern Orthopaedic Association Annual Meeting**, Puerto Rico, October 2004

*Indications for and Outcomes of Revision Total Shoulder Replacement*

Fealy S, **Dines JS**, Strauss E, Warren RF, Craig EV, Allen A, Dines DM

Podium Presentation, **American Shoulder Elbow Society Open Meeting**, New Orleans, LA, February 2003

Podium Presentation, **American Shoulder Elbow Society Closed Meeting**, Pebble Beach, CA, October 2002

Poster Presentation, **American Academy of Orthopaedic Surgeons Annual Meeting**, New Orleans, LA, February 2003

*Rotator Cuff Pathology Complicating Total Shoulder Replacement*

Dines JS, Fealy S, Craig E, Warren RF, Dines DM

Podium Presentation, **Eastern Orthopaedic Association Annual Meeting**, Amelia Island FL, Sept 2003

*Treatment of Osteochondral Lesions of the Knee with a Bioabsorbable Implant*

**Dines JS**, Fealy S, Warren RF

Poster Presentation, **American Academy Orthopaedic Surgeons Annual Meeting**, San Diego CA, February 2007

Podium Presentation, **NY OREF Resident Competition**, New York, NY May 2002

Podium Presentation, **Arthroscopy Association of North America Annual Meeting**, Washington DC, May 2002

Podium Presentation, **Eastern Orthopaedic Association Annual Meeting**, Southampton, Bermuda, October 2001



**Accepted**  
**Abstracts**

*Docking Technique for Elbow UCL Insufficiency: 2-yr follow up in Adolescent Athletes*

Jones K, Weeks K, Rebolledo B, **Dines J**, Dines D, Altchek D  
Podium Presentation, **AAOS Annual Meeting**, Chicago IL 2013

*Functional Outcomes Following Revision UCL Reconstruction in Major League Baseball Players*

Jones K, ElAttrache N, Patterson N, Conte S, **Dines JS**  
Podium Presentation, **AAOS Annual Meeting**, Chicago IL 2013  
Podium Presentation, **AOSSM Specialty Day**, Chicago IL, March 21 2013

*Early Term Results of Total Shoulder Arthroplasty Utilizing a Mini-Stem Humeral Component*

Taylor S, **Dines J**, Khlemenskaya E, Chin C, Dines D  
Podium Presentation, **AAOS Annual Meeting**, Chicago IL 2013

*A Comparison of Reconstructive Procedures for Glenoid Bone Loss and Revurrent Anterior Shoulder Instability*

Bedi A, **Dines JS**  
Podium Presentation, **AAOS Annual Meeting**, Chicago IL 2013

*Platelet Derived Growth Factor-BB, PRP, and Corticosteroids in a Tendinopathy Model*

**Dines JS**  
Poster Presentation, **AAOS Annual Meeting**, Chicago IL 2013

*Management of AC Joint Injuries: Review of Current Concepts ,Outcomes and Surgical Techniques*

Li, X, Ma R, **Dines JS**  
Scientific Exhibit, **AAOS Annual Meeting**, Chicago IL 2013

*An Algorithmic Approach to the Management of Recurrent Lateral Patellar Instability*

McCarthy M, Shubin Stein B, Maak T, Delos D, Arendt E, **Dines J**, Bedi A  
Scientific Exhibit, **AAOS Annual Meeting**, Chicago IL 2013

*Management of Pediatric Shoulder Instability In the Skeletally Immature Patient*

Li X, Gulotta L, **Dines JS**, Owens B  
Scientific Exhibit, **AAOS Annual Meeting**, Chicago IL 2013

*Blood Supply to the Proximal Humerus: Implications for Fracture Reconstruction*

Khair M, Berkes M, Little M, **Dines JS**, Lorich  
Scientific Exhibit, **AAOS Annual Meeting**, Chicago IL 2013

*Chronic Distal Biceps Reconstruction through a Single Incision*

Cross M, Nam D, Egidy C, **Dines JS**

Podium Presentation, **American Shoulder Elbow Society Open Meeting**,  
San Francisco, CA, 2012.

*Do Diabeters or Statins Affect Clinical Outcomes or Healing of Arthroscopic  
Rotator Cuff Repairs?*

Chaudry S, Fox A, Warren R, Gulotta L, **Dines JS**, Rodeo SA.

Podium Presentation, **American Orthopedic Society for Sports Medicine  
Specialty Day Meeting**, San Francisco CA, 2012

*Managing Bone Loss in Anterior Instability*

Schrumpf M, **Dines JS**, Bedi, Maak, Delos, Jones, Walch, Dines DM

Scientific Exhibit, **American Academy of Orthopedic Surgeons Annual  
Meeting**, San Francisco CA, 2012

*The Kinetic Chain of Overhead Throwing: A Systematic Review of Biomechanics  
and Associated Pathoanatomy*

Jones K, **Dines JS**, Delos, Schrumpf, Maak, Bedi A, Kelly B, Altchek, Dines D

Scientific Exhibit, **American Academy of Orthopedic Surgeons Annual  
Meeting**, San Francisco CA, 2012

*Endosteal Strut Augment Reduces Complications Associated with Proximal Humeral  
Locking Plates*

Neviaser A, Hettrich C, Beamer B, **Dines JS**, Lorch DG

Poster Presentation; **American Academy of Orthopedic Surgeons Annual  
Meeting**, San Francisco CA, 2012

*Recombinant Human Platelet Derived Growth Factor BB (rhPDGF-BB) in a Rat  
Tendinopathy Model*

**Dines JS**, Shah V, Benedele, Kestler H, Hollinger, Chahine N, Hee C

Podium Presentation, **American Academy of Orthopedic Surgeons Annual  
Meeting**, San Francisco CA, 2012

*In Vitro and In vivo Testing of a Tissue Engineered “Off the Shelf” Scaffold to  
Enhance Rotator Cuff Tendon Healing*

Leo A, **Dines JS**, Ehteshami J, Razzano, Dines D, Grande D

Podium Presentation, **American Shoulder & Elbow Surgeons Open Meeting**,  
San Francisco CA, March 2008

*The Effect of Statins on Rotator Cuff Tendon Healing*

Drakos, Coleman, Ehteshami, **Dines JS**, Grande, Doty, Warren

Poster Presentation, **Orthopaedic Research Society 54<sup>rd</sup> Annual  
Meeting**, San Francisco CA, March 2008

*Long-Term Follow-up of Total Hip Replacements in Patients with Cerebral Palsy*  
Raphael B, **Dines JS**, Root L  
Podium Presentation, **American Academy of Orthopedic Surgeons Annual Meeting**, San Francisco CA, March 2008

*Medial Ulnar Collateral Ligament Reconstruction in Throwing Athletes*  
Dodson C, Thomas A, **Dines JS**, Nho S, Williams R, Altchek D  
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*The Effects of Varying Concentrations of GDF-5 on Rat Tendon Fibroblasts in Vitro*  
Pantazopoulos C, **Dines JS**, Gould S, Mandel K, Prajapati R, Timmer M, Razzano P, Grande D.  
Poster Presentation (#869), **Orthopaedic Research Society 53<sup>rd</sup> Annual Meeting**, San Diego CA, February 2007.

*Propionobacterium Acnes Infection after Shoulder Arthroplasty*  
Dodson C, **Dines J**, Craig E, Brause B, Dines D, Cordasco F, Warren RF  
Podium Presentation, **American Academy Orthopaedic Surgeons Annual Meeting**, San Diego CA, February 2007.

*The Extensile Anterior Acromial Approach to the Proximal Humerus*  
Gardner MJ, Griffith MH, **Dines JS**, Weiland AJ, Lorch DG  
Poster Presentation, **Eastern Orthopaedic Association Annual Meeting**, Puerto Rico, October 2004  
Poster Presentation, **Orthopaedic Trauma Association Annual Meeting**, Fort Lauderdale, FL, October 2004

*Return to Throwing in Overhead Athletes After SLAP Repair*  
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*Stability of Locking Compression Plates in Osteoporotic Bone*  
Gardner MJ, Brophy RH, **Dines JS**, Wright TM, Helfet DL, Lorch DG  
Podium Presentation, **International Society of Fracture Repair Annual Meeting**, Bologna, Italy, November 2004  
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*Interpositional Arthroplasty for the Treatment of Hallux Rigidus*  
Gardner MJ, **Dines JS**, Chow F, Deland JT, Bohne WH, Kennedy JG  
Poster Presentation, **Eastern Orthopaedic Association Annual Meeting**, Puerto Rico, October 2004  
Poster Presentation, **American Orthopaedic Foot and Ankle Society Annual Meeting**, Seattle, WA, July 2004

*Radiographic Evaluation of Pathological Bone Lesions: Current Spectrum of Disease and Approach to Diagnosis*

Domb B, McCarthy EF, Tyler W, Ellis S, Gardner MJ, **Dines JS**  
Scientific Exhibit, **American Academy of Orthopaedic Surgeons Annual meeting**, San Francisco, CA, March 2004

*Arthroscopic Assisted Trans-capsular Decompression of Glenoid Labral Cysts*

Kenter K, Behr C, **Dines JS**, Altchek DW  
Podium Presentation, **Arthroscopy Association of North America Annual Meeting**, Colorado 1998

**Consulting/  
Journal  
Reviewer**

***Surgical Advisory Board Member***, Division of Sports Medicine, Tornier Inc (2008-2011)

***Consultant in Sports Medicine***, Biomimetics Inc (2005-2012)

***Consultant***, Arthrex Inc (2007-2009)

American Journal of Sports Medicine; **Peer Reviewer**

Journal of Shoulder and Elbow Surgery; **Peer Reviewer**

Hospital for Special Surgery Orthopedic Journal; **Peer Reviewer**

Clinical Orthopedics and Related Research; **Peer Reviewer**

Connective Tissue Research: An International Journal; **Peer Reviewer**

Sports Medicine Arthroscopy Review; **Peer Reviewer**

**Committee  
Positions**

***AAOS Shoulder & Elbow Program Subcommittee; Second Term 2014-2016***

***AAOS Shoulder & Elbow Program Subcommittee; 2012-2014***

***MASES Membership Committee; 2012- present***

***ASES Research Committee, 2011-Present***

***ASES Website/Social Media Development Committee, 2011-present***  
Committee Co-Chair

***AAOS Orthopedic Opinion Group, Member***

***AOSSM Self Assessment Exam Committee, Member***

***Rehabilitation Committee; Hospital for Special Surgery***

***Fellowship Interview Committee 2009, 2010, 2012*** Sports Medicine Service, HSS

***Sports Medicine Core Curriculum, Planning Committee 2009-2011.***

Joshua S. Dines, MD

**HSS Sports Medicine Service Website Design Committee; Liason**

**HSS Sports Medicine Service Website Content Committee; Member**