

I. PERSONAL INFORMATION

a. PERSONAL DATA

NAME: Ana Catarina Leiria Pires Gago
Ângelo

DATE OF BIRTH: 08/11/1987

NATIONALITY: Portuguese

ID no: 13227982 7 ZZ5

PERSONAL ADDRESS: Avenida de Roma nº56 3ºDto
1700-348 Lisbon, Portugal

PHONE no: 00351 919353348



b. PROFESSIONAL DATA

PROFESSIONAL NAME: Ana Catarina Ângelo

CURRENT AFILIATION: Shoulder and Elbow Unit @
Hospital dos SAMS, Lisboa | Hospital CUF Tejo Lisboa

PROFESSIONAL ADDRESS: Rua Cidade de Gabela 1

PROFESSIONAL CONTACT: 00351 919353348

PROFESSIONAL WEBSITES: www.shoulder.pt (Co-Founder)
[linkedin.com/in/ana-catarina-angelo-b99a1525](https://www.linkedin.com/in/ana-catarina-angelo-b99a1525)
https://twitter.com/angelo_catarina
https://www.researchgate.net/profile/Ana_Angelo6

ORCID ID: <https://orcid.org/0000-0002-2895-1786>



II. ACADEMIC INFORMATION

a. PRE-GRADUATE

- Graduated high school at Escola Secundária São João de Deus in Faro (Portugal) with a final grade of **18,48** (0-20).

b. GRADUATE

- Admitted in the Masters Degree in Medicine - Faculdade de Medicina, Universidade de Lisboa, Portugal.
- Completed the Masters Degree in Medicine - Faculdade de Medicina, Universidade de Lisboa, Portugal, with a final average grade of **17** (0-20).
- Presented the Masters thesis: " Infecção por Rhodococcus equi: pneumonia e eventual endocardite – a propósito de um caso clínico." (Clínica Universitária de Doenças Infecciosas e Parasitárias – Centro Hospitalar de Lisboa Norte).
- Completed with success the Medical Residency National entrance examination, with a final classification of 79%

c. POST-GRADUATE

- Post-Graduation in Scientific Publication – in Nova Medical School, Faculdade de Ciências Médicas



III. PROFESSIONAL INFORMATION

a. GENERAL RESIDENCY

- Completed with success the general residency year in Hospital Garcia de Orta, Almada (Portugal);

b. ORTHOPEDICS AND TRAUMATOLOGY RESIDENCY

- 6-years Orthopedics and Traumatology Residency in Hospital de São Francisco Xavier – Centro Hospitalar de Lisboa Ocidental, in Lisbon (Portugal).
- Completed the final Orthopedics and Traumatology National Board exam with a classification of **19.62** (0-20).

c. SCIENTIFIC SOCIETIES MEMBERSHIPS

- ESSKA - European Society of Sports Traumatology, Knee Surgery and Arthroscopy;
- ESA-ESSKA - European Shoulder Associates, ESSKA section;
- Invited Member of the ESA-ESSKA Communication Committee 2020-22;
- Invited Member of the ESA-ESSKA Scientific Committee 2023-25;
- ISAKOS – International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine;
- Invited Member of the ISAKOS Communication Committee 2023-25;
- SECEC - European Society for Surgery of the Shoulder and the Elbow.
- Invited member of SECEC Membership Committee 2023-25;
- Portuguese National Medical Association, member no 52867;
- Portuguese Society of Orthopedics and Traumatology (SPOT) member no 1694;
- Portuguese Shoulder and Elbow Society (SPOC);
- Biomechanics section of the Portuguese Society of Orthopedics and Traumatology;



d. EVENTS ORGANIZATION

2014

- Organization committee of the Portuguese Nacional Foot and Ankle Congress;

2015

- Organization committee of the Portuguese 10th Shoulder and Elbow Meeting;

2016

- Organization committee of the 1st International Foot and Ankle course PEALMCIPP;

2019

- Organization committee and scientific committee of the 1st SAMS Shoulder Overview;

2020

- Organization and scientific committees of the National Meeting of the Portuguese Orthopedics and Traumatology Society Webinar – SCR for Irreparable Rotator Cuff Tears;

2023

- Organization and scientific committees of the 1st Master the Technique course – Dynamic Anterior Stabilization;

2024

- Organization and moderation of the Beemed® Series – Beemed Lusophone;
- Organization and scientific committees of the 2nd Master the Technique course – SCR and Tendon Transfers.

e. FELLOWSHIPS**2016**

- Shoulder Surgery Fellowship – Clinique Chirurgicale du Libournais – with Dr. Thierry Joudet in Libourne, France;

2018

- Elbow Surgery Fellowship – AZ Monica Hospital – with Prof. Roger Van Riet in Antwerp, Belgium.
- ESA-ESSKA 1st Phillippe Hardy Travelling Fellowship



f. HONORS AND AWARDS

- | | |
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| <ul style="list-style-type: none"> Portuguese Shoulder and Elbow Society's curricular award – “Prémio Vieira Braga”; | 2017 |
| <ul style="list-style-type: none"> 1st ESA-ESSKA Phillippe Hardy Award - travelling fellowship; | 2018 |
| <ul style="list-style-type: none"> Best Communication Award – 2nd SPOC Congress, Tomar; | 2021 |
| <ul style="list-style-type: none"> Best National Communication Section – 30th SECEC-ESSSE Congress – Dublin; | 2022 |
| <ul style="list-style-type: none"> Best Speech Award – Shoulder Arthroscopy to Arthroplasty Meeting, Valdoltra, Slovenia; | 2023 |

SCIENTIFIC ACTIVITY

GENERAL SCIENTIFIC ACTIVITY

CERTIFIED PAPER REVIEWER

- Invited Reviewer for **American Journal of Sports Medicine** - since 2022;
- Invited Reviewer for **Orthopedic Journal of Sports Medicine** - since 2022;
- Invited Reviewer for **KSSTA** - Knee Surgery Sports Traumatology and Arthroscopy since 2020;
- Invited Reviewer for **JEO** – Journal of Experimental Orthopedics since 2021;
- Invited Reviewer for **Clinical Biomechanics** - since 2021;
- Invited Reviewer for **Journal of Shoulder and Elbow International** - since 2023;



INVITED SCIENTIFIC SOCIETY ACTIVE MEMBERSHIP

- Invited member of the **ESA-ESSKA** Communication Committee 2020-2022;
- Invited member of the **ESA-ESSKA** Scientific Committee since 2022;
- Active member of **ISAKOS** Communication Committee since 2023;
- Ordinary member of **SECEC-ESSSE** since 2022;
- Invited member of the **Shoulder Instability Study Group (SISG)** since 2023;
- Elected member of the **SECEC-ESSSE Membership Committee** since 2023;
- Member of the **ESSKA Consensus Steering Group** on Anterior Shoulder Instability since 2020;

SCIENTIFIC CONSULTANT

- Invited scientific consultant for ConMed Corporation;
- Invited scientific consultant for LIMA;
- Invited scientific consultant for Zimmer-Biomet;
- Invited scientific consultant for Stryker;

ACADEMIC SCIENTIFIC ACTIVITY**MASTER-DEGREE EXAMINATION COMMITTEE**

- Invited examination committee member on the master-degree thesis:
 - “Influence of graft positioning on shoulder stability and articular contact pressure during the Latarjet Procedure” by Rita Rosado Martins at Instituto Superior Técnico, Nov 21



SCIENTIFIC PUBLICATIONS (<https://orcid.org/0000-0002-2895-1786>)**PEER-REVIEWED SCIENTIFIC PUBLICATIONS****BOOK CHAPTERS**

2021

Superior Capsule Reconstruction with the Mid-Thigh Fascia Lata

October 2021

DOI: 10.1007/978-3-030-79481-1_17

In book: The Failed Rotator Cuff - ESSKA

2023

RSA with an intact rotator cuff

September 2023

In book: Shoulder Arthritis across the Life Span - ISAKOS

INTERNATIONAL JOURNALS**a. Author**

2015

Negative Pressure Wound Therapy in the Management of a Gunshot Open Humeral Fracture:
Clinical ReportÂngelo A, Sobral L, Campos B, Azevedo C

Bone and Joint J Dec 2015, 97B (Supp 15) 30

Date: December 2015, published online February 2018

DOI: 10.1302/1358-992X.97BSUPP_15.EBJIS2015-030

2018

Minimally invasive fascia lata harvesting in ASCR does not produce significant donor site morbidity

Ângelo A, Azevedo C

Knee Surgery, Sports Traumatology, Arthroscopy

2018-08-01 | Journal article

DOI: <http://doi.org/10.1007/s00167-018-5085-1>

2021

Donor site morbidity after Autologous Fascia Lata Harvest for Arthroscopic Superior Capsular Reconstruction: a Mid-term Follow-up Evaluation

Ângelo A, de Campos Azevedo C

Orthopaedic Journal of Sports Medicine

2022-02-01 | Journal article

DOI: 10.1177/23259671211073133

Part of ISSN: 2325-9671

2022

Combined Vertical, Horizontal and Rotational Acromioclavicular Joint Stabilization: “Closing the Circle” Technique

Ângelo A, Maia Dias C, de Campos Azevedo C

Arthroscopy Techniques

2022-07 | Journal article

DOI: 10.1016/j.eats.2022.03.039

Part of ISSN: 2212-6287

b. Co-Author

2015

Post-Traumatic Osteomyelitis: How Far Should We Go to Save a Limb?

Caetano C, Ângelo A, Nunes A, Sousa JM

Bone and Joint J Dec 2015, 97B (Supp 16) 112

December 2015, published online February 2018

DOI: 10.1302/1358-992X.97BSUPP_16.EBJIS2015-112

2016

Long Volar Locking Plate Fixation for Distal Radius Fractures with Metaphyseal Extension

Nunes C, Ângelo A, Nunes A, Caetano A, Sobral L

The Journal of Hand Surgery (Eur) 41(Supplement 1)

DOI: 10.1177/1753193416644553



2017

Bilateral ankle fusion in leak syndrome induced deformity: a case report

Sobral L, Ângelo A, Caetano A; Rodeia J, Rosa I

Journal of Orthopedic Case Reports 2017 Mar-Apr;7 (2) 1-5

DOI: 10.13107/jocr.2250-0685.748

2018

Arthroscopic Superior Capsular Reconstruction or Reverse Total Shoulder Arthroplasty for Irreparable Bilateral Rotator Cuff Tear. A Case Report.

Azevedo C, Ângelo A

JBJS Case Connect. Nov 28 2018.

DOI: <https://doi.org/10.2106/JBJS.CC.18.00138>

Arthroscopic Superior Capsular Reconstruction with a Minimally Invasive Harvested Fascia Lata Autograft Produces Good Clinical Results.

Azevedo C, Ângelo A, Vinga S

OJSM - Orthopedic J Sports Med. 2018. Nov 27;6(11):2325967118808242.

DOI: <https://doi.org/10.1177/2325967118808242>

2019

Fascia lata autograft versus human dermal allograft in arthroscopic superior capsular reconstruction for irreparable rotator cuff tears: a systematic review of clinical outcomes.

Azevedo C, Andrade R, Ângelo AC, Espregueira-Mendes J, Ferreira N, Sevivas N.

Arthroscopy 2019.Dec 12; 36 (2) p579-591

DOI: <https://doi.org/10.1016/j.arthro.2019.08.033>

2020

Clinical importance of graft integrity in arthroscopic superior capsular reconstruction using a minimally invasively harvested midhigh fascia lata autograft: 3-year clinical and magnetic resonance imaging outcomes

de Campos Azevedo CI, Ângelo AC, Campos-Correia D, Delgado L, Ferreira N, Sevivas N

American Journal of Sports Medicine 48 (9) 2115-2128

DOI: <https://doi.org/10.1177/0363546520928649>

All-suture Anchor dynamic Anterior Stabilization Produced Successful Healing of the Biceps Tendon. A Report of Three Cases.

de Campos Azevedo CI and Angelo AC

JBJS Case Connect.

DOI: <https://doi.org/10.2106/JBJS.CC.20.00149>

Fascia lata graft constructs used for arthroscopic superior capsular reconstruction show equivalent biomechanical properties. An in vitro human cadaver study.

de Campos Azevedo CI, Ângelo AC, Quental C, Gonçalves S, Folgado J, Ferreira N, Sevivas N

JSES International

DOI: [10.1016/j.jseint.2021.01.016](https://doi.org/10.1016/j.jseint.2021.01.016)

2021

Shoulder Positioning during Superior Capsular Reconstruction: Computational Analysis of Graft Integrity and Shoulder Stability

Antunes M, Quental C, Folgado J, de Campos Azevedo C, Ângelo AC.

Biology. 2021; 10(12):1263

DOI: [10.3390/biology10121263](https://doi.org/10.3390/biology10121263)

2022

Superior Capsular Reconstruction with the Long Head of the Biceps: a Systematic Review of Biomechanical and Clinical Studies

Nunes, Bernardo et al

SN Comprehensive Clinical Medicine

2022-12 | Journal article

DOI: [10.1007/s42399-022-01246-6](https://doi.org/10.1007/s42399-022-01246-6)

Influence of graft positioning during the Latarjet procedure on shoulder stability and articular contact pressure: computational analysis of the bone block effect

Rita Martins, Carlos Quental, João Folgado, Ana Catarina Ângelo, Clara de Campos Azevedo

Biology 2022, 11, 1783.

<https://doi.org/10.3390/biology11121783>

2023

Dynamic Anterior Stabilization of the Shoulder: Onlay Biceps Transfer to the Anterior Glenoid
Using the Double Double-Pulley Technique

Clara Azevedo; Ana Catarina Ângelo

Arthroscopy Techniques

2023-06

DOI: 10.1016/j.eats.2023.02.048

Part of ISSN: 2212-6287

Onlay Dynamic Anterior Stabilization With Biceps Transfer for the Treatment of Anterior
Glenohumeral Instability Produces Good Clinical Outcomes and Successful Healing at a
Minimum 1 Year of Follow-Up

Clara Azevedo; Ana Catarina Ângelo

Arthroscopy, Sports Medicine, and Rehabilitation

2023-04

DOI: 10.1016/j.asmr.2023.01.012

Part of ISSN: 2666-061X

Influence of the rotator cuff tear pattern in shoulder stability after arthroscopic superior
capsule reconstruction: a computational analysis

Madalena Antunes, Carlos Quental, João Folgado, Ana Catarina Ângelo, Clara de Campos
Azevedo

J ISAKOS 2024 Feb 1:S2059-7754(24)00014-2.

PMID: 38307208 DOI: 10.1016/j.jisako.2024.01.

c. Collaboration as part of Consensus Panel

High degree of consensus achieved regarding diagnosis and treatment of acromioclavicular
joint instability among ESA-ESSKA members

Rosso C, Martetschläger F, Saccomanno MF, Voss A, Lacheta L; ESA DELPHI Consensus Panel,
Beitzel K, Milano G

Knee Surg Sports Traumatol Arthrosc. 2020

DOI: <https://doi.org/10.1007/s00167-020-06286-w>

Age and time specific management of traumatic anterior shoulder instability. The ESSKA-ESA formal consensus

Kovacic L, Alentorn-Geli E, Beaufils P, Angelo A, Boe B, Brilakis M, ESA consensus Panel

ESSKA webpage 2024

DOI:

SCIENTIFIC NEWSLETTER PUBLICATIONS

2021

SCR – The “outside the box” solution

ESSKA NEWSLETTER, APRIL 2021

Ângelo, AC; Boutsiadis, A

<https://www.esska.org/news/561569/Superior-Capsular-Reconstruction--The-outside-the-box-solution.htm>

Multidirectional Shoulder Instability – The Umbrella Diagnosis

ESSKA TIMES, SEPTEMBER 2021

Ângelo, AC; de Campos Azevedo, C

<https://www.esska.org/news/581043/>

NATIONAL JOURNALS

a. Author

2017

Fratura-avulsão do Troquiter – A Propósito de um Caso Clínico (Paper in Portuguese)

Ângelo A, Madaíl C, Amaral C.

Revista de Medicina Desportiva Informa 8(1):30-31

b. Co-Author

2016

Braquidactilia Congénita Associada a Síndrome Oro-Facial Digital Tipo I (Paper in Portuguese)

Rodeia J, Rosa I, Sobral L, Ângelo A, Pedro I;



RPOT - Revista Portuguesa Ortopedia e Traumatologia 23(4): 345-351. March 2016

2017

Rotura do Tendão do Grande Peitoral - Revisão Sistemática dos Métodos de Reinserção (Paper in Portuguese)

Sobral L, Ângelo A, Vinga S, Azevedo C;

Journal: RPOT - Revista Portuguesa de Ortopedia e Traumatologia 25(1) 5-15 June 2017

SCIENTIFIC COMMUNICATIONS

INTERNATIONAL MEETINGS

LECTURES AS INVITED FACULTY

2019

Chronic Biceps Lesions in Athletes

Ângelo A

Event: 4th Bielsko-Biała Orthopedic Symposium Shoulder Masterclass Workshops - what could go wrong?

Location: Bielsko-Biała, Scotland. Date: 23-24/05/2019

2020

The Natural History of a Rotator Cuff Tear

Ângelo A

Event: 4th Athens Shoulder Course

Location: Athens, Greece. Date: 06-08/02/2020

SCR: How to do it right – SCIENTIFIC PANEL

Panelists: Ana Catarina Ângelo, Clara Azevedo, Jean Kany, John Costouros

Moderators: Teruhisa Mihata, Emmanouil Brilakis

Event: 4th Athens Shoulder Course

Location: Athens, Greece. Date: 06-08/02/2020



SCR with autologous fascia lata – why not?Ângelo A

Event: Muti-Hub online event – Superior Capsular Reconstruction: Graft choices and possible alternatives - Winglet Community

Location: Online - Webinar Date: 16/04/2020

Superior Capsular Reconstruction with autologous fascia lata– INTERNATIONAL SPECIAL GUESTÂngelo A

Event: SOROT National Congress 2020

Location: Online - Webinar Date: 07/10/2020

SCR – Same Technique, different perspectivesÂngelo A

Event: SPOT Webinar - Irreparable Rotator Cuff Tears

Location: Online - Webinar Date: 30/10/2020

Multidirectional Shoulder InstabilityÂngelo A

Event: ESA Closed Meeting

Location: Online - Webinar Date: 03/11/2020

Superior Capsular Reconstruction, Why Change a Winning Team?Ângelo A

Event: SECEC-ESSE Meeting

Location: Online - Webinar Date: 11/11/2020

Mini-Battle: SCR Upper BoundsÂngelo A

Event: Athens Shoulder Course MiniBattles

Location: Online - Webinar Date: 03/12/2020

SCR – Does the type of graft matter? SYMPOSIUMÂngelo AEvent: 19th ESSKA congress

Location: Online - Webinar Date: 11-15/05/2021

Rotator Cuff Anatomy and Biology RevisitedÂngelo A

Event: Arthroschool Webinar

Location: Online - Webinar Date: 26/05/2021

Massive Irreparable Postero-superior rotator cuff tears – What is Working?Ângelo A

Event: Cracow/Bielsko-Biala Shoulder Course

Location: Online - Webinar Date: 11/06/2021



2022

Multidirectional Shoulder Instability . The Umbrella DiagnosisÂngelo AEvent: 1º Congresso Luso-Brasileiro de Cirurgia do Ombro e Cotovelo

Location: Maceió, Brazil Date: 24-26/03/2022

Distal Humerus Fractures - The Role of ArthroplastyÂngelo AEvent: 1º Congresso Luso-Brasileiro de Cirurgia do Ombro e Cotovelo

Location: Maceió, Brazil Date: 24-26/03/2022

ICL: Anatomic Total Shoulder Arthroplasty – Indications and ContraindicationsÂngelo AEvent: 20th ESSKA Congress

Location: Paris, France Date: 27-30/04/2022



ICL: Multidirectional Shoulder InstabilityÂngelo AEvent: 20th ESSKA Congress

Location: Paris, France Date: 27-30/04/2022

The Natural History of a Rotator Cuff TearÂngelo AEvent: 5th Athens Shoulder Course

Location: Athens, Greece Date: 04-07/05/2022

SCR with Fascia Lata – Rationale, Technique and Personal ResultsÂngelo AEvent: Orthopaedic Principles

Location: Live Stream, Webinar Date: 13/05/2022

Superior Capsular Reconstruction with Fascia Lata – INTERNATIONAL SPECIAL GUESTÂngelo AEvent: Curso Avançado de Cirurgia do Ombro – Instituto Naeon São Paulo

Location: Live Stream, Webinar Date: 27-28/05/2022

Dynamic Anterior Stabilization – INTERNATIONAL SPECIAL GUESTÂngelo AEvent: Curso Avançado de Cirurgia do Ombro – Instituto Naeon São Paulo

Location: Live Stream, Webinar Date: 27-28/05/2022

SYMP: Bone and Soft Tissue Reconstruction for Chronic Elbow InstabilityÂngelo AEvent: 23rd EFORT Congress

Location: Lisbon, Portugal Date: 22-24/06/2022

Terrible Triad of the Elbow – Arthroscopic Treatment - – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: Elbow course – IRCAD LATAM

Location: Barretos, São Paulo, Brazil Date: 08/2022

Total Elbow Arthroplasty – Technique and complications - – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: Elbow course – IRCAD LATAM

Location: Barretos, São Paulo, Brazil Date: 08/2022

Minimally Invasive Harvesting Technique for Fascia lata Autograft - – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: 39th AGA Congress

Wien, Austria Date: 16/09/2022

Dynamic Anterior Stabilization - Tips and tricks

Ângelo A

Event: Beemed – Learn from the Masters in Shoulder

Webinar Date: 26/09/2022

SCR in the young arthritic patient

Ângelo A

Event: 17th Bielsko-Biala/Cracow Shoulder Course

Cracow, Poland Date: 10/2022

Closing-the-Circle Technique

Ângelo A

Event: Orthopaedic Principles

Date: 10/2022

Superior Capsular Reconstruction with Autograft – Fascia Lata Harvesting

Ângelo A

Event: Massive Tears of the Rotator Cuff – Winglet Originals #009



Date: 29/11/2022

FL SCR – Help, we cannot close the hole!

Ângelo A

Event: Massive Tears of the Rotator Cuff – Winglet Originals #009

Date: 29/11/2022

2023

Dynamic Anterior Stabilization

Ângelo A

Event: 6th Practical Course on Shoulder Surgery (PCSS)

Location: Saint Niklaas Date: 27-28/01/2023

Etiology of SLAP lesions – Current concepts

Ângelo A

Event: 6th Practical Course on Shoulder Surgery (PCSS)

Location: Saint Niklaas, Belgium Date: 27-28/01/2023

Arthroscopic management of Terrible Triad of the elbow

Ângelo A

Event: 3rd IRCAD Elbow course

Location: Strasbourg, France Date: 10-11/02/2023

ACJoint acute dislocation – tridimensional stabilization using the closing-the-circle technique -

INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: 2nd SIAGASCOT annual meeting

Location: Milan, Italy Date: 12-14/04/2023

Failed Soft tissue procedures - Treatment Options

Ângelo A

Event: Shoulder Arthroscopy to Arthroplasty Symposium 2023



Location: Valdoltra, Slovenia Date: 18-19/05/2023

RSA with an intact rotator cuff

Ângelo A

Event: Shoulder Arthroscopy to Arthroplasty Symposium 2023

Location: Valdoltra, Slovenia Date: 18-19/05/2023

Dynamic Anterior Stabilization

Ângelo A

Event: 2nd International PAK Sports Conference 2023

Location: Pakistan Date: 12-14/05/2023

How to succeed with your social media account

Ângelo A

Event: ISAKOS congress

Location: Boston, USA Date: 18-21/06/2023

Cubitus Mundi – 2nd case discussion

Ângelo A

Event: Beemed webinar

Location: Webinar Date: 22/06/2023

Dynamic Anterior Stabilization, different techniques

Ângelo A

Event: Arthroscopy and Arthroplasty - Utrecht

Location: Utrecht, The Netherlands Date: 05-06/07/2023

SCR using a fascia lata autograft – Relive surgery

Ângelo A

Event: Arthroscopy and Arthroplasty - Utrecht

Location: Utrecht, The Netherlands Date: 05-06/07/2023

Onlay DAS – technical video

Ângelo A



Event: Master The Technique by SHOULDER.PT

Location: Lisbon, Portugal Date: 15/07/2023

Terrible Triad of the Elbow – Arthorscopic Treatment, When and How

Ângelo A

Event: Lyon Elbow

Location: Lyon, France Date: 25-26/09/2023

MRI findings in SMILE – Correlation with Arthroscopic Findings

Ângelo A

Event: Lyon Elbow

Location: Lyon, France Date: 25-26/09/2023

Acute AC joint dislocation – How do I do it

Ângelo A

Event: 1st Iberic Arthroscopic and Sports Medicine Meeting

Location: Chaves, Portugal Date: 5-6/10/2023

DAS – Dynamic Anterior Stabilization – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: Turkish Arthroscopic Society Meeting

Location: Webinar Date: 18/10/2023

Is there still a place for an isolated Bankart procedure? – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: National Congress of the Norwegian Shoulder and Elbow Society

Location: Oslo, Norway Date: 26-28/10/2023

DAS – dynamic anterior stabilization, technique pearls and pitfalls – INTERNATIONAL SPECIAL GUEST

Ângelo A

Event: National Congress of the Norwegian Shoulder and Elbow Society

Location: Oslo, Norway Date: 26-28/10/2023



Partial Rotator Cuff TearsÂngelo A

Event: ESSKA Speciality Days

Location: Warsaw, Poland Date: 23-25/11/2023

2024

SCR – When, Where and HowÂngelo AEvent: Conmed EMEA Shoulder Symposium

Location: Gent, Belgium Date: 31/01/2024

Instability in the adolescent populationÂngelo AEvent: 6th Athens Shoulder Course

Location: Athens, Greece Date: 07-10/02/2024

SCR – Does the graft matter?Ângelo AEvent: Korean Shoulder and Elbow Society meeting

Location: Seoul, South Korea Date: 29/03/2024

SCR – Rationale, technique and indicationsÂngelo AEvent: Danish shoulder and Elbow society congress – Conmed Session

Location: Copenhagen, Denmark Date: 17/04/2024

DAS – When, Where and How?Ângelo AEvent: Swedish shoulder and Elbow society congress – Conmed Session

Location: Helsingborg, Sweden Date: 18/04/2024

DAS – When, Where and How?Ângelo AEvent: ESSKA Congress 2024

Location: Milan, Italy Date: 8-10/05/2024

AC Joint – Open tridimensional Stabilization – Back to the futureÂngelo AEvent: ESSKA Congress 2024

Location: Milan, Italy Date: 8-10/05/2024

Consensus Panel – Age and time specific consensus on anterior shoulder instability – History and physical examinationÂngelo AEvent: ESSKA Congress 2024

Location: Milan, Italy Date: 8-10/05/2024

Coronoid fractures – Open stabilizationÂngelo AEvent: 2nd Mediterranean Elbow meeting

Location: Marseille, France Date: 23-24/05/2024

SMILE and annular insufficienciesÂngelo AEvent: 2nd Mediterranean Elbow meeting

Location: Marseille, France Date: 23-24/05/2024

Accelerate – Leadership in Orthopedic SurgeryÂngelo AEvent: Accelerate course Zimmer-Biomet

Location: Zug, Switzerland Date: 07-08/06/2024

DAS – Relive SurgeryÂngelo AEvent: Arthroscopy and Arthroplasty Shoulder Course

Location: Utrecht, The Nederland Date: 03-04/06/2024

SCR – Different techniques

Ângelo A

Event: Arthroscopy and Arthroplasty Shoulder Course

Location: Utrecht, The Nederland Date: 03-04/06/2024

SCIENTIFIC PAPER PRESENTATIONS

a. Author

2015

Lunate Collapse - Case Report

Ângelo A, Nunes C;

Event: XXth Federation of European Societies for Surgery of the Hand (FESSH) Congress

Location: Milan, Italy. Date: 17-20/06/2015

2016

Luxacion Recidivante de l'Épaule – Conduit a Tenir?

Ângelo A, Joudet T;

Event: Réunion de Médecine du Sport – Clinique Tondu

Location: Bordeaux, France Date: 27/04/2016

2017

Cortical Index as a Hardware Failure Predictor in Proximal Humeral Fractures

Ângelo A, Teixeira R, Fernandes P, Rodeia J, Campos B, Madaíl C;

Event: 18th EFORT Annual Congress

Location: Vienna, Austria Date: 01/06/2017

Arthroscopic Superior Capsular Reconstruction with Minimally Invasive Harvested Fascia Lata: 6-months Prospective Study of Donor Site Morbidity

Ângelo A, Azevedo C;



Event: 11th Biennial ISAKOS Congress

Location: Shanghai, China Date: 06/06/2017

2018

Arthroscopic Superior Capsular Reconstruction with Minimally Invasive Harvested Fascia Lata: 18-months Prospective Study of Donor Site Morbidity

Ângelo A, Azevedo C;

Event: 18th ESSKA Congress

Location: Glasgow, Scotland. Date: 10/05/2018

2019

Prevalence of Rotator Cuff Tendinopathy in Patients With cervical Spondylotic Radiculopathy

Ângelo A, Azevedo, C

Event: 14th International Congress of Shoulder and Elbow Surgery,

Location: Buenos Aires, Argentina Date: 17-20/09/2019

2021

Is Donor Site Morbidity a Valid Argument Against the Use of Fascia Lata in SCR?

Ângelo A, Azevedo, C

Event: ISAKOS Global Congress

Location: Online, Webinar Date: 27-28/11/2021

b. Co-Author

2014

Estudo Comparativo entre Trapezectomia Simples, Procedimento de Burton Pellegrini e Artroplastia Trapezometacárpica no tratamento da Rizartrorse (Communication in Portuguese).

Sobral L, Ângelo A, Nunes C

Event: III Congresso Luso-Espanhol de Cirurgia da Mão

Location: Lisboa, Portugal. Date: 15-17/05/2014

2015

Comparison of Arthroscopy versus Fluoroscopy in the Treatment of Comminuted Distal Radius Fractures

Nunes C, Ângelo A, Nunes A, Caetano A, Sobral L, Sousa JM

Event: XX FESSH Congress

Location: Milan, Italy. Date: 19/06/2015



2016

Long volar locking plate fixation for distal radius fractures with metaphyseal extension

Nunes C, Ângelo A, Nunes A, Caetano A, Sobral L

Event: XXI FESSH Congress

Location: Santander, Spain Date: 22/06/2016

Lesão Condral ou Tumor do Astrágalo? (Communication in Portuguese)

Nunes A, Sobral L, Ângelo A, Rodeia J, Caetano A, Fernandes P, Rosa I;

Event: I Curso Internacional PEALMECIPP

Lisboa, Portugal Date: 08/10/2016

2019

Arthroscopic Superior Capsular Reconstruction with All-suture Anchors and a Minimally Invasive Harvested Fascia Lata Autograft: Clinical Results and Graft Survivorship.

Azevedo C; Ângelo A

Event: 14th. International Congress of Shoulder and Elbow Surgery, Buenos Aires, Argentina, September 17 — 20, 2019.

2021

Isolated Olecranon Fractures - Is There A Fixation Method With Less Complications? A Retrospective Study With A Minimum 1 Year Of Follow-Up

Silva JL, Azevedo C, Ângelo A,

Event: Virtual EFORT Congress

Date: 30/06/2021

Proximal and Mid-Thigh Fascia Lata Constructs for ASCR Show equivalent Biomechanical Properties – An in Vitro Human Cadaver Study

De Campos Azevedo C, Ângelo AC, Quental C, Gonçalves S, Folgado J, Ferreira N, Seivas N

Event: ISAKOS Global Congress

Location: Online, Webinar Date: 27-28/11/2021

What is the Ideal Position of The Shoulder for Graft Fixation in Arthroscopic Superior Capsular Reconstruction? A Computational Analysis

Antunes, M, De Campos Azevedo C, Ângelo AC, Quental C, Folgado J

Event: ISAKOS Global Congress

Location: Online, Webinar Date: 27-28/11/2021

2023

All-Arthroscopic All-suture anchor Dynamic Anterior Stabilization for the treatment of anterior glenohumeral instability produces good clinical outcomes and successful healing at a minimum 1 year of follow-up

Azevedo C, Ângelo A,

Event: ISAKOS Congress 2023

Date: 18-21/06/2023

NATIONAL MEETINGS

AS INVITED FACULTY

2019

Fraturas Proximais do Cúbito – Do Simples ao Complexo

Ângelo A

Event: 1st SPOC Congress

Guimarães, Portugal. Date: 09-10/05/2019

Tendinite Bicipital Crónica no atleta

Ângelo A

Event: XIV SPAT Congress

Braga, Portugal. Date: 28-29/11/2019

2021

Shoulder Instability – Way Beyond Glenohumeral Dislocation

Ângelo A

Event: SPOT Congress

Lisboa, Portugal. Date: 21-22/10/2021

Lateral elbow pain – The SMILE concept

Ângelo A

Event: 2nd SPOC Congress

Tomar, Portugal. Date: 19-20/11/2021

2022

Proximal Humerus Fractures – Treatment Decision Criteria

Ângelo A

Event: 3rd Lisbon Shoulder Meeting

Lisboa, Portugal. Date: 11-12/03/2022



Tratamento artroscópico de fraturas articulares do cotoveloÂngelo A

Event: Congresso da Sociedade Portuguesa de Artroscopia e Medicina Desportiva (SPAT)

Sintra, Portugal. Date: 09/2022

Técnicas de ligamentopexia para as lesões acromioclaviculares agudas de alto grauÂngelo A

Event: Congresso Nacional de Ortopedia e Traumatologia SPOT

Vilamoura, Portugal. Date: 04/11/2022

2023

Symptomatic Minor Instability of the Lateral Elbow – SMILE conceptÂngelo A

Event: 1as Jornadas de Ortopedia Hospital CUF Tejo

Lisboa, Portugal. Date: 03/02/2023

Artroplastia Total do CotoveloÂngelo A

Event: III Congresso de Ombro e Cotovelo da Sociedade Portuguesa de Ombro e Cotovelo

Carcavelos, Portugal. Date: 05-06/05/2023

2024

Trauma AcromioclavicularÂngelo AEvent: 2as Jornadas de Ortopedia do Hospital Cuf Tejo

Location: Lisboa, Portugal Date: 02/02/2024

Onlay DASÂngelo AEvent: Lisbon Shoulder Meeting

Location: Lisboa, Portugal Date: 01-02/03/2024



Coifa dos Rotadores – da incisão do bisturi ao regresso à atividadeÂngelo A, Azevedo CEvent: VIII Congresso das Clínicas Espregueira

Location: Porto, Portugal Date: 12-13/04/2024

SCIENTIFIC PAPER PRESENTATION**a. Author**

2014

Controlo Artroscópico de Lesões Articulares Do Punho Associadas a Fraturas Distais do Rádio
(Communication in Portuguese)Ângelo A, Sobral L, Nunes A, Caetano A, Sousa J, Nunes C.

Event: 34º Congresso Nacional de Ortopedia e Traumatologia SPOT

Location: Vilamoura, Portugal Date: 23-25/10/2014

2015

Algoritmo de Tratamento das Fraturas Complexas do Úmero Distal (Communication in Portuguese)Ângelo A, Rodeia J, Sobral L, Nunes A, Caetano A, Madaíl C.

Event: X Jornadas do Ombro e Cotovelo

Location: Costa da Caparica, Portugal Date: 09/05/2015

Fratura-Avulsão do Troquiter (Communication in Portuguese)Ângelo A, Madaíl C, Amaral C

Event: X Jornadas do Ombro e Cotovelo

Artroplastia invertida como Solução Para Fratura Do Úmero Proximal (Communication in Portuguese)Ângelo A, Azevedo C

Event: AO Trauma Course - Advanced Principles of Fracture Management

Índice Cortico-Medular como Factor de Risco para a Falência de Osteossíntese de Fraturas do Úmero Proximal (Communication in Portuguese)

Ângelo A, J, Rodeia, Nunes A, Caetano A, Sobral L, Madaíl C;

Event: 35º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Porto, Portugal.

Date: 31/10/2015

Testes Específicos de Avaliação do Ombro (Communication in Portuguese)

Ângelo A, Madaíl C, Amaral C

Event: II Jornadas "O Ombro"

Location: Monte da Caparica, Portugal

Date: 14/11/2015

 2016

Fraturas do Troquiter – Classificação Morfológica e Abordagem Terapêutica (Communication in Portuguese)

Ângelo A, Madaíl C, Amaral C;

Event: Reunião científica Hospital CUF Infante Santo

Location: Lisboa, Portugal.

Date: 12/01/2016

Reconstrução Capsular Superior Artroscópica com Autoenxerto de Fascia Lata por Via Minimamente Invasiva – Avaliação Retrospectiva da Morbilidade na Zona Dadora (Communication in Portuguese)

Ângelo A, Sobral L, Azevedo C;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Porto, Portugal

Date: 27/10/2016



Tratamento Cirúrgico de Roturas Degenerativas Irreparáveis da Coifa dos Rotadores – Artroplastia Invertida ou Reconstrução Capsular Superior Artroscópica? (Communication in Portuguese)

Ângelo A, Sobral L, Azevedo C;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal. Date: 27/10/2016

Condrogénese Autóloga Induzida por Matriz no Tratamento de Lesões Condrais Associadas ao Conflito Femoro-Acetabular (Communication in Portuguese)

Ângelo A, Fernandes P, Rodeia J, Caetano A, Sobral L, Seco A;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Porto, Portugal.

Date: 28/10/2016

2017

Estudo De Prevalência De Tendinopatia Da Coifa Dos Rotadores Em Doentes Com Radiculopatia Espondilótica Cervical (Communication in Portuguese)

Ângelo A, Teixeira R, Fernandes P, Rodeia J, Marques L, Azevedo C;

Event: 37º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Coimbra, Portugal. Date: 26-28/10/2017

Reconstrução Capsular Superior Artroscópica Com Autoenxerto De Fascia Lata Colhido Por Via Minimamente Invasiva - Avaliação Prospetiva Da Morbilidade Na Zona Dadora Aos Seis Meses Pós-Operatórios (Communication in Portuguese)

Ângelo A, Azevedo C;

Event: 37º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Coimbra, Portugal Date: 26-28/10/2017

2022

SharkTank: Closing the Circle Technique, Proposta de estudo biomecânico

Ângelo A

Event: Congresso Nacional de Ortopedia e Traumatologia SPOT

Vilamoura, Portugal. Date: 04/11/2022

b. Co-Author

2014

Síndrome de Stuve-Wiedemann - Revisão de Literatura e Relato de Caso com Seguimento de Longa Duração (Communication in Portuguese)

Sousa JM, Nunes A, Ângelo A, Caetano A, Sobral L, Cardoso C.

Event: II Congresso Nacional de Ortopedia Infantil

Location: Lisboa, Portugal Date: 22/03/2014

Avaliação Retrospectiva da Estabilidade de Fraturas Maleolares Operadas (Communication in Portuguese)

Sobral L, Ângelo A, Nunes A, Caetano A, Sousa JM, Rosa I;

Event: Congresso Nacional do Pé e Tornozelo 2014

Location: Batalha, Portugal Date: 16-17/05/2014

Avaliação Intra-Operatória da Competência do CLI nas Fraturas Maleolares (Communication in Portuguese)

Sousa JM, Caetano A, Sobral L, Ângelo A, Nunes A, Rosa I;

Event: Congresso Nacional do Pé e Tornozelo 2014

Location: Batalha – Portugal. Date: 16-17/05/2014

Deformidade do Pé Sequela de Injeção em Criança (Communication in Portuguese)

Sousa JM, Caetano A, Sobral L, Ângelo A, Nunes A, Rosa I;

Event: Congresso Nacional do Pé e Tornozelo 2014

Location: Batalha, Portugal Date: 16-17/05/2014

Pé Equino-Cavo-Varo-Aduto em Síndrome de Leak (Communication in Portuguese)

Sobral L, Ângelo A, Nunes A, Caetano A, Sousa JM, Rosa I;

Event: Congresso Nacional do Pé e Tornozelo 2014

Location: Batalha, Portugal Date: 16-17/05/2014

Infeção Tardia Após Tenorrafia do Tendão de Aquiles (Communication in Portuguese)

Caetano A, Sobral L, Ângelo A, Nunes A, Sousa JM, Rosa I;

Event: Congresso Nacional do Pé e Tornozelo 2014

Location: Batalha, Portugal Date: 16-17/05/2014

Tumores Benignos do Pé e Tornozelo – Relação entre Histologia e Imagiologia (Communication in Portuguese)

Rodeia J, Ângelo A, Fernandes P, Sobral L, Rosa I;

Evento: Congresso Nacional do Pé e Tornozelo 2016

Local: Funchal, Madeira – Portugal Data: 27-28/05/2016

Fraturas Proximais do Fémur - Correlação com Fraturas de Fragilidade Prévias e Tratamento para a Osteoporose (Communication in Portuguese)

Sousa JM, Caetano A, Sobral L, Ângelo A, Nunes A, Rosa I;

Event: 34º Congresso Nacional de Ortopedia e Traumatologia

Location: Vilamoura, Portugal Date: 23-25/10/2014

2015

Luxação Complexa do Cotovelo (Communication in Portuguese)

Nunes A, Ângelo A, Rodeia J, Sobral L, Caetano A, Nunes C.

Event: X Jornadas do Ombro e Cotovelo

Location: Costa da Caparica, Portugal Date: 09/05/2015

Avaliação Prospetiva do Resultado Funcional da Reinserção Artroscópica da Coifa dos Rotadores:

Âncoras Reabsorvíveis vs Âncoras de Sutura (Communication in Portuguese)

Azevedo C, Vinga S, Ângelo A, Rodeia J, Sobral L

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Fraturas Pertrocantericas - Impacto Financeiro (Communication in Portuguese)

Rodeia J, Ângelo A, Sobral L, Nunes A, Caetano A, Rosa I

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal. Date: 29/10/2015

Fraturas Pertrocantericas - Benefício da Cirurgia Precoce (Communication in Portuguese)

Rodeia J, Ângelo A, Sobral L, Nunes A, Caetano A, Rosa I

Event: 35º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Porto, Portugal. Date: 29/10/2015

Doença de Dupuytren - Fasciectomia Aberta vs Fasciotomia Percutânea com Agulha
(Communication in Portuguese)

Nunes A, Rodeia J, Ângelo A, Sobral L, Caetano A, Nunes C

Event: 35º Congresso Nacional de Ortopedia e Traumatologia - SPOT

Location: Porto, Portugal. Date: 29/10/2015

Tumores Primitivos Malignos da Região Sagrada (Communication in Portuguese)

Salgueiro J, Ângelo A, Lopes J, Saldanha T, Cássio F, Matias J, Cabral J

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 29/10/2015

2016

Reconstrução Capsular Superior Artroscópica com Fascia Lata Autóloga versus Reinserção
Artroscópica na Rotura Completa da Coifa dos Rotadores. Estudo Radiológico Prospetivo

Comparativo de 35 Ombros (Communication in Portuguese)

Azevedo C, Vinga S, Ângelo A, Sobral L;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 27/10/2016

Fraturas Maleolares – Avaliação do grau de Estabilidade Intra-operatória (Communication in
Portuguese)

Rodeia J, Rosa I, Ângelo A, Nunes A, Sobral L;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 27/10/2016

Importância do Estudo Imagiológico nos Tumores Benignos do Tornozelo e Pé (Communication in Portuguese)

Rodeia J, Rosa I, Ângelo A, Nunes A, Caetano A Sobral L;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 27/10/2016

2017

Reconstrução capsular superior artroscópica com fásia lata autóloga versus reparação isolada na rotura completa da coifa dos rotadores. Estudo prospetivo aos 6 meses (Communication in Portuguese)

Azevedo C, Ângelo A, Vinga S;

Event: 37º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Coimbra, Portugal Date: 26-28/10/2017

2021

Roturas Negligenciadas do Subescapular – Sinais indiretos na Ressonância Magnética

Silva JM, Azevedo C, Ângelo A,

Event: 2nd SPOC Congress

Location: Tomar, Portugal Date: 19-20/11/2021

2022

SharkTank: Dynamic Anterior Stabilization, Proposta de estudo biomecânico

De Campos Azevedo, C;

Event: Congresso Nacional de Ortopedia e Traumatologia SPOT

Vilamoura, Portugal. Date: 04/11/2022

CADAVER LABS (FACULTY / INSTRUCTOR)

2020

4th Athens Shoulder Course

Location: Athens, Greece, Date: February 6 – 8, 2020

2022

5th Athens Shoulder Course

Location: Athens, Greece Date: May 04-07, 2022

IRCAD South America – Elbow Arthroscopy and Arthroplasty

Location: Barretos, São Paulo, Brazil Date: August, 2022



2023

IRCAD Strasbourg – Elbow Arthroscopy and Arthroplasty

Location: Strasbourg, France Date: February, 2023

Arthroscopy and Arthroplasty - Utrecht

Location: Utrecht, The Netherlands Date: 05-06/07/2023

Master the Technique – Dynamic Anterior Stabilization

Location: Lisboa, Portugal Date: July, 2023

Lyon Elbow Course

Location: Lyon, France Date: September, 2023

ESSKA Certification Module – Rotator cuff Repair

Location: Koln, Germany Date: September, 2023

2024

Conmed 1st EMEA Course

Location: Gent, Belgium Date: January, 2024

Arthroscopy and Arthroplasty Shoulder Course - Utrecht

Location: Utrecht, The Netherland Date: July, 2024

PRACTICAL COURSES



INTERNATIONAL

2014

Universal Shoulder Course

Organization: Arthrex, Dr. Manuel Pérez-España

Location: Munich, Germany Date: 24-25/04/2014

AO Trauma Course - Basic Principles Of Fracture Management

Organization: AO Trauma - AO Foundation

Location: Tomar, Portugal Date: 22-25/05/2014

2015

AO Trauma Course - Advanced Principles Of Fracture Management

Organization: AO Trauma - AO Foundation

International Advanced Course on Elbow Surgery 2015 (IACES)

Organization: European Society for Surgery of the Shoulder and Elbow (SECEC)

Location: Madrid, Spain Date: 21-23/05/2015

Advanced Arthroscopic Course – Shoulder Module

Organization: Life and Health Sciences Research Institute (ICVS), Minho University

Location: Braga, Portugal Date: 22/09/2015

Advanced Arthroscopic Course – Ankle Module

Organization: Life and Health Sciences Research Institute (ICVS), Minho University

Location: Braga, Portugal Date: 23/09/2015

Shoulder Course 2015 - Shoulder Arthroplasty - What's New?

Organization: Associação para o Desenvolvimento de Novas Iniciativas Para a Vida (ADVITA)

Location: Lisboa, Portugal Date: 10/10/2015

AO Trauma Advanced Course - Hand and Wrist Fractures

Organization: AO Trauma - AO Foundation

Location: Ericeira, Portugal Date: 05-07/11/2015



2016

Advanced Arthroscopic Course – Massive Rotator Cuff Tears – From basic science to clinics – 3rd Edition

Organization: Life and Health Sciences Research Institute (ICVS), Minho University

Location: Braga, Portugal Date: 22-23/01/2016

FESSH Pre-Congress Course – What is Cool in Wrist Surgery?

Organization: Federation of European Societies for Surgery of the Hand

Location: Santander, Spain

Date: 22/06/2016



1st International PEALMECIPP course (Portugal, España, America Latina Medicina y Cirugía de Perna y Pie)

Organization: Dr^a Isabel Rosa, Dr. Xavier Mantín Oliva, Dr. João de Carvalho Neto;

Location: Lisboa, Portugal Date: 6-8/10/2016

2017

Totally Hip - International Hip Meeting

Organization: Zimmer-Biomet

Location: Gothenburg, Sweden Date: 29/03 - 01/04/2017

Revision Shoulder Masterclass

Organization: Johnson & Johnson

Location: Hamburg, Germany. Date: 11/10/2017

Advanced Shoulder Course - ConMed

Location: Largo, Florida, USA Date: 9-10/11/2017

2018

Nice Shoulder Course

Location: Nice, France Date: 01-03/06/2018

2019

3rd Athens Shoulder Course

Location: Athens, Greece, Date: February 7 — 9, 2019

Master Shoulder Course 2019

Organization: Wright Tornier

Location: Lisboa, Portugal. Date: 4-5/10/2019

2020

(FACULTY) - 4th Athens Shoulder Course

Location: Athens, Greece, Date: February 6 — 8, 2020



2021

International Advanced Course of Elbow Surgery (IACES)

Location: Madrid, Spain Date: November 3 — 5, 2021

2022

Val d'Isère Advanced Shoulder Course

Location: Val d'Isère, France Date: April 14-16, 2022

(FACULTY) - Athens Shoulder Course

Location: Athens, Greece Date: May 04-07, 2022

(FACULTY) - IRCAD South America – Elbow Arthroscopy and Arthroplasty

Location: Barretos, São Paulo, Brazil Date: August, 2022

(FACULTY) - TASC - Toulouse Advanced Shoulder Course

Location: Toulouse, France Date: October 13-15, 2022

2023

(FACULTY) - IRCAD Strasbourg – Elbow Arthroscopy and Arthroplasty

Location: Strasbourg, France Date: February, 2023

(FACULTY) - Master the Technique – Dynamic Anterior Stabilization

Location: Lisboa, Portugal Date: July, 2023



NATIONAL

2017

5th Total Knee Arthroplasty Course

Organization: Academia CUF

Location: Lisboa, Portugal. Date: 12/05/2017

2018

Oporto Shoulder Course

Organization: Smith&Nephew

Location: Watford, UK Date: 26-27/02/2018

POSTERS

INTERNATIONAL MEETINGS

a. Author

2015

Pressure Wound Therapy in the Management of a Gunshot Open Humeral Fracture: Clinical Report

Authors: Ângelo A, Sobral L, Campos B, Azevedo C

Event: 34th Annual Meeting of The European Bone and Joint Infection Society

Location: Estoril, Portugal Date: 10-12/09/2015

2016

Trapezectomy, Burton Pellegrini Procedure and Arthroplasty – 3 surgical techniques in Rhizarthrosis – From Classic to Modern, which one should we prefer?

Authors: Ângelo A, Sobral L, Nunes C;

Event: XXI FESSH Congress

Location: Santander, Spain Date: 22/06/2016

Terapia de Pressão Negativa no Tratamento de Ferida Cirúrgica Aberta (Poster in Portuguese)Authors: Ângelo A, Fernandes P, Rodeia J, Caetano C, Sobral L, Azevedo C;

Event: I Curso Internacional PEALMECIPP

Location: Lisboa, Portugal.

Date: 06-08/10/2016

2017

Arthroscopic Superior Capsular Reconstruction or Reverse Shoulder Arthroplasty in Irreparable Massive Rotator Cuff Tears? A Retrospective Comparative StudyAuthors: Ângelo A, Azevedo C;Event: 11th Biennial ISAKOS Congress

Location: Shanghai, China

Date: 04-08/06/2017

b. Co-Author
 2015
Post-Traumatic Osteomyelitis: How Far Should We Go to Save a Limb?Authors: Caetano C, Ângelo A, Nunes A, Sousa JM

Event: 34th Annual Meeting of The European Bone and Joint Infection Society

Location: Estoril, Portugal.

Date: 10-12/09/2015

2016

Arthroscopic Rotator Cuff Repair: Prospective Clinical Evaluation of Bioabsorbable Threaded Anchors versus All Suture Soft AnchorsAuthors: Azevedo C, Vinga S, Ângelo A, Sobral L;Event: 17th ESSKA Congress

Location: Barcelona, Spain

Date: 04-07/05/2016

Exostose Subungueal (Poster in Portuguese)Authors: Fernandes P, Ângelo A, Nunes A, Caetano A, Sobral L, Rosa I;

Event: I Curso Internacional PEALMECIPP

Location: Lisboa, Portugal Date: 06-08/10/2016

Artrite Tofácea do Pé (Poster in Portuguese)

Authors: Fernandes P, Ângelo A, Nunes A, Caetano A, Sobral L, Rosa I;

Event: I Curso Internacional PEALMECIPP

Location: Lisboa, Portugal Date: 06-08/10/2016

2017

Arthroscopic Superior Capsular Reconstruction with Minimally Invasive Harvesting of Autologous Fascia Lata for Complete Rotator Cuff Tears: Better Outcomes at Early Milestones?

Authors: Azevedo C, Ângelo A

Event: 11th Biennial ISAKOS Congress

Location: Shanghai, China. Date: 04-08/06/2017

2023

Influence of graft positioning during the Latarjet procedure on Shoulder stability and articular contact Pressure: Computational Analysis of the Bone Block Effect

Authors: Martins R, Folgado J, Quental, C Azevedo C, Ângelo A

Event: 2023 ISAKOS Congress

Location: Boston, USA Date: 18-21/06/2023

Influence of the pattern of rotator cuff tear in the stability obtained after arthroscopic superior capsule reconstruction: A computational analysis

Authors: Antunes M, Folgado J, Quental, C Azevedo C, Ângelo A

Event: 2023 ISAKOS Congress

Location: Boston, USA Date: 18-21/06/2023



NATIONAL MEETINGS

a. Author

2014

Osteossíntese com Placa Volar de Ângulo Fixo Longa em Fraturas Distais do Rádio com Extensão Metafisária (Poster in Portuguese)

Authors: Ângelo A, Nunes A, Caetano A, Sobral L, Sousa JM, Nunes C;

Event: 34º Congresso Nacional de Ortopedia e Traumatologia - SPOT;

Location: Vilamoura, Portugal. Date: 23-25/10/2014

2015

Luxação Traumática Recidivante do Pisiforme (Poster in Portuguese)

Authors: Ângelo A, Rodeia J, Nunes A, Caetano A, Sobral L, Nunes C

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 29-31/10/2015

Rotura Crónica do Tendão Distal do Bicípite Braquial - A Reparação com Autoenxerto de Semitendinoso Foi uma Boa Opção? (Poster in Portuguese)

Authors: Ângelo A, Rodeia J, Nunes A, Caetano A, Sobral L, Azevedo C

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal Date: 29-31/10/2015

2016

Trombose Venosa Profunda do Membro Superior após Tratamento Cirúrgico de Ombro Flutuante (Poster in Portuguese)

Authors: Ângelo A, Fernandes P, Rodeia J, Caetano A, Sobral L, Madaíl C

Event: XI Jornadas do Ombro e Cotovelo – SPOT

Location: Braga, Portugal. Date: 13-14/05/2016

Abordagem Cirúrgica de Fraturas Complexas da Extremidade Distal do Rádio em Contexto de

Politrauma (Poster in Portuguese)

Authors: Ângelo A, Fernandes P, Rodeia J, Nunes C;

Event: XXIV Congresso Português de Cirurgia da Mão

Location: Peniche, Portugal Date: 23-24/09/2016

b. Co-Author

2014

Doença de Kummel - A Propósito de um Caso Clínico (Poster in Portuguese)

Authors: Caetano A, Ângelo A, Nunes A, Sobral L, Sousa JM, Matos J

Event: 34º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Vilamoura, Portugal Date: 23-25/10/2014

7 Fraturas Vertebrais Consecutivas - Caso Clínico (Poster in Portuguese)

Authors: Sousa JM, Caetano A, Ângelo A, Nunes A, Sobral L, Consciência J

Event: 34º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Vilamoura, Portugal Date: 23-25/10/2014

Fratura de C2 associada a migração de Grande Fragmento Umeral (Poster in Portuguese)

Authors: Sousa JM, Caetano A, Ângelo A, Nunes A, Sobral L, Consciência J

Event: 34º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Vilamoura, Portugal. Date: 23-25/10/2014



2015

Fraturas Múltiplas Não-Contíguas da Coluna Vertebral (Poster in Portuguese)

Authors: Sobral L, Almeida R, Sousa JM, Ângelo A, Nunes A, Caetano A, Rodeia J;

Event: III Simpósio Sociedade Portuguesa de Patologia da Coluna Vertebral

Location: Peniche, Portugal Date: 02-03/10/2015

Erosão Óssea Tibial Associada a Ganglion do Ligamento Cruzado Anterior - Caso Clínico (Poster in Portuguese)

Authors: Nunes A, Sousa JM, Caetano A, Ângelo A, Sobral L, Cardoso C;

Event: 35º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal. Date: 29-31/10/2015

2016

Fractura escafoíde cárpico. Experiência e outcome da abordagem cirúrgica (Poster in Portuguese)

Authors: Fernandes P, Ângelo A, Nunes A, Caetano A, Nunes C;

Event: 36º Congresso Nacional de Ortopedia e Traumatologia – SPOT

Location: Porto, Portugal.

Date: 27-29/10/2016



SESSIONS MODERATION

2014

Comunicações Livres II

Event: Portuguese National Foot and Ankle Congress

Location: Batalha, Portugal Date: 16-17/05/2014

2017

Preservation to Revision

Event: Totally Hip 2017

Location: Gothenburg, Sweden Date: 30/03/2017

2020

Webinar SPOT: Irreparable Rotator Cuff Tears

Event: Webinar SPOT 2020

Location: Online Event Date: 30/10/2020

2022

ICL: Rotator Cuff tear - Advances in Treatment

Event: 20th ESSKA Congress

Location: Paris, France Date: 27-30/04/2022

Biologic solutions For Rotator Cuff Tears

Event: 5th Athens Shoulder Course

Location: Athens, Greece Date: 04-07/05/2022

SYmp: Elbow Instability

Event: 23rd EFORT Congress

Location: Lisbon, Portugal Date: 22-24/06/2022

2023

Management of the stiff unstable elbow

Event: 2nd SIAGASCOT annual meeting

Location: Milan, Italy Date: 12-14/04/2023



Failed Stabilization in shoulder anterior instability

Event: Shoulder Arthroscopy to Arthroplasty Symposium 2023

Location: Valdoltra, Slovenia Date: 19-20/05/2023

Elbow Instability – SECEC_ESSSE session

Event: ICSES 2023

Location: Rome, Italy Date: 05-09/09/2023

Lyon Elbow Course – Elbow Instability and Distal Biceps

Event: Lyon Elbow course

Location: Lyon, France Date: 25-26/09/2023

Irreparable Rotator Cuff - Live Surgeries

Event: Shoulder Symposium – What Should We Do? – ZimmerBiomet

Location: Madrid, Spain Date: 15-17/11/2023

2024

6th Athens Shoulder Course - Irreparable RCT

Event: 6th Athens Shoulder Course

Location: Athens, Greece Date: 07-10/02/2024

SURGICAL ACTIVITY

Active member of the **Shoulder and Elbow** units of:

- i. Hospital de São Francisco Xavier – Centro Hospitalar de Lisboa Ocidental (CHLO); **2013-2021**
- ii. Hospital de Egas Moniz - Centro Hospitalar de Lisboa Ocidental (CHLO); **2013-2021**
- iii. Hospital SAMS-Mais Sindicato, Lisboa **2018-currently**
- iv. Hospital CUF Tejo, Lisboa; **2022-2024**
- v. Joaquim Chaves Saúde. Carcavelos; **2024-currently**
- vi. Joaquim Chaves Saúde. Miraflores; **2024-currently**

Exclusively Shoulder and Elbow Surgery since 2019;

A handwritten signature in black ink, appearing to read 'Ana Catarina Ângelo'.A handwritten signature in black ink, appearing to read 'Ana Catarina Ângelo'.