# Ion-Andrei Popescu, M.D., PhD., M.H.B.A.



**Shoulder & Hand Surgeon sub-specialized in reconstructive shoulder surgery and arthroplasty, shoulder arthroscopy and sports orthopedics**

**Web**: www.drandreipopescu.com ; www.ortopedicum.ro ; www.institutulumarului.ro ;
**Languages**: English (C1), German (C1), French (C1), Romanian (native)

## INTERESTS

**Shoulder Arthroscopy and Arthroplasty**, Revision Shoulder Surgery, Reconstructive Upper Limb and Brachial Plexus Surgery, Tendon Transfers, Microsurgery, Medical Education, Sport Orthopedics, 3D Surgical Planning, Patient Specific Implants

## WORK EXPERIENCE AND TRAINING

### January 2020 – Present

**Shoulder & Brachial Plexus Surgeon - Romanian Shoulder Institute**

Fellowship tutor and Founder of the **Romanian Shoulder Institute**, Bucharest, Romania
Medical Director and Founder of **ORTOPEDICUM** – **Sports & Orthopedics Clinic**, Bucharest, Romania
Head of the Orthopedic Department **Metropolitan Hospital Bucharest**, Romania
Shoulder & Upper Limb Surgeon – **Zetta Hospital, Sport-Ortho department,** Bucharest, Romania

### November 2018 – December 2019

**Shoulder and Hand Surgeon**

**Clinical Fellowship in Brachial Plexus and Reconstructive Upper Limb Surgery**

Institut International de Chirurgie de la Main et de l'Epaule. Institut de Chirurgie Nerveuse et du Plexus Brachial. Paris
Coordinators: Prof. acad. Dr. Frédéric Teboul and Dr. Jean-Noel Goubier

### April 2018 – October 2018

**Clinical Fellowship in Brachial Plexus and Reconstructive Upper Limb Surgery**

Alps Surgery Institute. Clinique Générale Annecy. Annecy, France.
Mentor : Dr. Thibault Lafosse

### January 2018 – March 2018

**Clinical Fellowship in Shoulder Surgery. Mentorship**

GO:H Gelenkchirurgie Orthopädie Hannover. Hannover, Germany.
Mentor: PD Dr.med Jens Agneskirchner

### January 2017 – January 2018

**Clinical Fellowship in Shoulder and Upper Limb Surgery (AGA-Fellowship)**

Alps Surgery Institute. Clinique Générale Annecy. Annecy, France.
AGA-Fellowship coordinator & mentor: Dr. Laurent Lafosse

**November 2010 – December 2016**

### Residency in Orthopaedic Surgery and Traumatology

- Krankenhaus der Barmherzigen Brüder Trier, Orthopädie Abteilung, Trier, Germany (2015-2016) Residency coordinator: Prof. Dr. med. Thomas Hopf
- Klinikum Aschaffenburg-Alzenau, Chirurgische Klinik II, Orthopädie, Unfall- und Handchirurgie (2010-2014), Aschaffenburg, Germany. Residency coordinator: Prof. Dr. med. Dr. h. c. mult. Wilhelm Friedl

## CERTIFICATIONS AND EDUCATION

- German Board Certification: Trauma and Orthopaedic Surgery Specialist (February 2017) unrestricted practice licence in Germany, France and Romania
- German Board Certification: Emergency Medicine Specialist (December 2014)
- German Board Certification: Sports Medicine Specialist (July 2014)
- PhD – Doctor of Medicine (2018-2022): Medizinische Hochschule Hannover, Germany
- Master Diploma in Microsurgery (2018-2019): Faculté de médecine Pierre et Marie Curie, Sorbonne Université, Paris, France
- Master of Health Business Administration (2013-2017): Friedrich-Alexander Universität Erlangen-Nurnberg, Germany. Title: M.H.B.A.
- Medical Studies (2004 - 2010): University of Medicine and Pharmacy 'Carol Davila', Bucharest, Romania. Title: Doctor medic (M.D.)
- Military College, CML 'Dimitrie Cantemir' Breaza, Romania (2000-2003)

## AWARDS

- **ORTOPEDICUM Clinic** becomes **ESSKA Accredited Teaching Centre** – June 2026
- Appointed **ESSKA Teacher** (Shoulder Surgery) - June 2026
- ESSKA Shoulder Fellowship 2020 from ESSKA – European Shoulder Associates
- Research Grant from Ramsay Générale de Santé, Paris, France
- Course Award (Fellowship) from German Orthopaedic Academy - FAB Berlin (11/2017)
- **AGA Shoulder Fellowship '17** – German Society for Arthroscopy and Joints Surgery (awarded 01/2016 – Clinical Fellowship with Laurent Lafosse in Annecy 2017)
- Award of the BKT Trier Hospital for implementing a Patient Blood Management protocol for arthroplasty in the Endocert Arthroplasty Centre (2016)
- Student of the year award (1'st Prize) at the Romanian Educational Awards Gala (11/2010)
- Best project awards for ePathology.ro and MedicalStudent.ro at „E-Health Revolution Impact Over Medical Practice and Economy Congress", Bucharest (05/2010)

## TEACHING & MENTORING

- Hosting **ESSKA Rejoin** Traveling Fellowship. June 2026
- **Romanian Shoulder Institute** – **Founder**. Fellowship mentor.
- Romanian Society of Arthroscopy and Sports Traumatology – general secretary May 2022 - May 2026
- Advisory Board Member for **Rejoin** - education, arthroscopy trainer, visiting surgeon (host & visiting trainer, live surgery expert): Asia, Middle East, Europe, Latin America
- Shoulder arthroscopy instructor **SNACE (Smith&Nephew**) Eastern Europe, Middle East, South Africa
- Consultant for **Arthrex GmbH** – education, arthroscopic surgery training (Munich Lab; Observership host)
- Hosting International VSP Shoulder Surgery (8/year in Bucharest) and Bucharest Live Surgery
- Faculty at key live surgery events for shoulder Arthroscopy (live surgeries performed in Cape Town, Istanbul, Ankara, Dubai, Foshan, Valdoltra, Bielsko-Biala, Krakow, Poznan, Klaipeda, Bucharest)

## MAJOR RESEARCH ARTICLES

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