CAMBRIDGE SHOULDER

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CAMBRIDGE SHOULDER

CURRICULUM VITAE

G.M. TYTHERLEIGH-STRONG

FRCS (Orth), FFSEM(UK), DSportMed

Consultant Orthopaedic Surgeon
Addenbrooke's Hospital
Cambridge

Affiliated Associate Professor
University of Cambridge

PERSONAL DETAILS

Name: Graham Michael Tytherleigh-Strong

Nationality: British
G.M.C. No: 3494693
Specialist Register: Trauma & Orthopaedics

website: www.cambridgeshoulder.co.uk

MEDICAL TRAINING

1987- 1990: St.Bartholomew's Hospital Medical School
Charterhouse Square
London

Qualifications:

1990	MB.BS	(London)
1994	FRCS	(Eng)
1997	DSportMed	(Royal Coll Surg Ed & Glasg)
1999	FRCS (Orth)	(Eng)
2007	FFSEM	(UK)

Awards:

Murray Matthewson Prize for Teaching
John Joyce Award – International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine
Bentley Surgical Prize
Sidney Scott Prize in Otolaryngology
Honours Colours

MILITARY TRAINING

1985:
Royal Armoured Corps
Bovington

1985:
Royal Military Academy Sandhurst
Surrey

CURRENT APPOINTMENT

May 2002 – to date: Consultant Orthopaedic Surgeon Head of Upper Limb Division
Addenbrooke's Hospital
Cambridge University Teaching Hospitals NHS Trust, Cambridge

Affiliated Associate Professor
Cambridge University, Cambridge

Honorary Consultant Surgeon
Royal Papworth Hospital, Cambridge

Consultant Orthopaedic Surgeon
Spire Cambridge Lea Hospital, Cambridge

Consultant Orthopaedic Surgeon
Nuffield Hospital Cambridge, Cambridge

PREVIOUS APPOINTMENTS

Jan 2002 – Apr 2002: Senior Lecturer (Locum Tenens)
Royal Infirmary of Edinburgh / Edinburgh University
Consultant Orthopaedic Surgeon (Locum Tenens)
Queen Margaret Hospital, Fife

HIGHER SURGICAL TRAINING

Jul 2001 – Dec 2001: Clinical Fellow – Shoulder & Knee Surgery
Princess Margaret Rose Hospital, Edinburgh
Mr. Nutton, Miss McBirnie

Jul 2000 – June 2001: Clinical & Research Fellow- Shoulder & Knee Sports Surgery
Division of Sports Medicine
Toronto Western Hospital
University of Toronto, Toronto, Canada
Dr. Miniaci

May 2000 – Jun 2000: ISAKOS Sports Surgery Fellowship
Intituto di Medicina dello Sport di Torino, Turin, Italy
Dr. Canata

North Thames Orthopaedic Specialist Registrar Rotation

Jul 1999 – May 2000: Specialist Registrar – Orthopaedic Surgery
Royal Berkshire Hospital, Reading
Mr. Dodds, Mr. Themen

Jul 1998 – Jun 1999: Specialist Registrar – Orthopaedic Surgery
Wexham Park & Heatherwood Hospital, Ascot
Mr. Allum, Mr. Unwin, Mr. Jones, Mr. Thomas, Mr. Deane

Jul 1997 – Jun 1998: Specialist Registrar – Orthopaedic Surgery
Northwick Park Hospital, Harrow
Mr. McCullough, Mr. Fyfe, Mr. Freedman

South East Scotland Orthopaedic Specialist Registrar Rotation

Feb 1997 – Jun 1997: Specialist Registrar – Trauma
Royal Infirmary of Edinburgh, Edinburgh
Mr. Christie, Mr. Court-Brown, Miss McQueen, Mr. Keating

Nov 1996 – Jan 1997: Specialist Registrar – Spinal Surgery
Princess Margaret Rose Orthopaedic Hospital, Edinburgh
Mr. McMaster, Mr. Gibson

Aug 1996 – Oct 1996: Specialist Registrar – Plastic & Hand Surgery
St.John's & Bangour Hospital Livingston
Mr. Hooper

Feb 1996 – Jul 1996: Specialist Registrar – Orthopaedic Surgery
St.John's & Bangour Hospital, Livingston
Mr. MacDonald, Mr. Gibson, Mr. Burnett

Jul 1995 – Jan 1996: Specialist Registrar – Shoulder & Knee Surgery
Princess Margaret Rose Orthopaedic Hospital, Edinburgh
Mr. Nutton

BASIC SURGICAL TRAINING

Aug 1994 – Jun 1995: Senior House Officer III – Orthopaedic Surgery
Royal Infirmary of Edinburgh &
Princess Margaret Rose Orthopaedic Hospital, Edinburgh
Mr. Christie, Mr. Court-Brown

Aug 1993 – Jul 1994: Senior House Officer III – General Surgery

Royal Infirmary of Edinburgh, Edinburgh
Mr. MacGregor, Mr. Bartolo

Aug 1992 – Jul 1993: Senior Demonstrator in Anatomy
University of Cambridge, Cambridge
Prof. Ellis

Aug 1991 – Jul 1992: Senior House Officer – Trauma Rotation
Addenbrookes' Hospital, Cambridge

Orthopaedic Surgery	Mr. Villar
Neurosurgery	Prof. Pickard, Mr. Hardy
A&E	Mr. Sheriff

Feb 1991 – Jul 1992: House Physician
Whipps Cross Hospital, London

General Medicine	Dr. Lanham
Rheumatology	Dr. Doyle
Neurology	Dr. Clarke

Aug 1990 – Jan 1991: House Surgeon
St.Bartholomew's Hospital, London

General Surgery	Mr. Shand
Plastic Surgery	Mr. Waterhouse
E.N.T.	Mr. Lavelle
Radiotherapy	Dr. Whittle

SPORTS MEDICINE

Jul 2002 – to date : Acute Shoulder Injury Clinic
Addenbrooke's Hospital, Cambridge

Orthopaedic Surgeon (Committee Member)
Cambridge University Rugby Club, Cambridge

Sports Injury & Rehabilitation Clinic
Spire Cambridge Lea Hospital, Cambridge

Jul 2000 – Jul 2001 : Toronto Blue Jays - (Baseball)
Toronto Phantoms – (Arena American Football)
Team Doctor

Jul 1997 – Mar 1998: British Olympic Medical Centre
Northwick Park Hospital, London

Orthopaedic Sports Clinic Mr. Fyfe

Dec 1995 – Jun 1997: Fitness Assessment & Sports Injuries Clinic
Edinburgh University, Edinburgh
Clinic Doctor

Membership: BOSTA - British Orthopaedic Sports Trauma Association
AOSSM - American Orthopaedic Society for Sports Medicine
(associate member)

PUBLICATIONS

- Mahmood M, Murugaiyan R, Geetala R, Smith J, Kessler D, Grainger A, **Tytherleigh-Strong G**, Kaggie J, Chaudhury S. ShRed: a machine learning model developed to predict shoulder rediclocation. *Europ J Orth Surg & Trauma* 2026;36:289

- **Tytherleigh-Strong G**, Donaldson M, Melton T, Atherton C. Open Latarjet procedure using double suture-button fixation. *Arthroscopy Techniques* 2026. E70182.

- **Tytherleigh-Strong G**, Morriss F, Hill F. Recurrent anterior sternoclavicular joint instability secondary to clavicle fracture malunion treated by corrective clavicle osteotomy using 3D patient-specific guides and anterior sternoclavicular joint stabilisation. *Shoulder & Elbow* 2026

- **Tytherleigh-Strong G**, Donaldson M, Winterbottom A. The incidence of retrosternal vascular injuries following acute traumatic posterior sternoclavicular joint injuries is significantly less than had previously been considered. *JSES* 2026

- **Tytherleigh-Strong G**, Van Rensburg L. Sternoclavicular Joint Osteoarthritis with Associated Anterior Instability Treated with Open Excision Arthroplasty and Augmented Anterior Capsular Plication. *JSES* 2025:

- **Tytherleigh-Strong G,** Grainger A. MRI of sternoclavicular joint injuries. *JSES*Int 2025;

- **Tytherleigh-Strong G,** Bond E, Woodbine N, Abraham L. Augmented anterior capsular plication for Type II atraumatic anterior sternoclavicular joint instability refractory to non-operative treatment based on structural anatomic MRI findings. *JSES* 2025;

- **Tytherleigh-Strong G**, Peryt A, Dott C. Surgical stabilisation of chronic traumatic anterior sternoclavicular joint instability based on MRI diagnosis and structural anatomic MRI findings *JSES* 2025;

- **Tytherleigh-Strong G**, Melton T. Incarcerated sternoclavicular joint intra-articular disc following closed reduction of a posterior dislocation leading to recurrent anterior instability. *Cureus* 2025;17:4

- Murugaiyan R, Smith J, Grainer A, Chaudhury S, **Tytherleigh-Strong.** The feasibility & reproducibility of cartilage thickness mapping following shoulder dislocation. *Osteoarthritis & Cartilage* 2025;33:S-199

- Murugaiyan R, Smith J, Grainer A, Chaudhury S, **Tytherleigh-Strong.** Can novel imaging techniques help identify re-clinical shoulder osteoarthritis? *Osteoarthritis & Cartilage* 2025;33:S-308-309

- Kapur K, Zaki P, Chaudhury S, **Tytherleigh-Strong G**, Panayiotou D. Outcomes following internal bracing for anterior sternoclavicular joint instability: A systematic review. *Br J Surgery* 2023;(7)704

- Mammarelis G, Goldring M, Srikantharajah D, **Tytherleigh-Strong G**. Superior sternoclavicular joint dislocation treated with a costoclavicular ligament econstruction using autograft. *JBJS Case Co* 2023;13(3)

- **Tytherleigh-Strong G**, Cuthbert R, Tang Q**.** Magnetic Resonance Imaging in the management of significantly displaced adolescent posterior sternoclavicular joint injuries. *J* Paed 2023;45(5):e374-e382

- **Tytherleigh-Strong G**, Sabharwal S, Peryt A. Clinical outcomes and return to sports after open reduction and hamstring tendon reconstruction in patients with acute traumatic first-time posterior dislocation of the sternoclavicular joint. *AJSM* 2022

- Moya D, Aydin N, Yamamoto N, Simone JP, Robles P, **Tytherleigh-Strong G**, Gobbato B, Kholine E, Jeon I-H. Current concepts in glenohumeral instability: diagnosis and treatment. *SICOT-J* 2021

- Bardos A, Sabhrawal S, **Tytherleigh-Strong G**. Management of vertical sternal fracture non-union in elite level athletes. *O J SportMed* 2021

- **Tytherleigh-Strong G**, Gill J, Griffiths E, Al-Hadithy N. Prognosis after arthroscopic superior medial scapuloplasty for snapping scapula syndrome improves following a transient beneficial response with an ultrasound guided subscapular cortisone injection. *Arthroscopy* 2020

- **Tytherleigh-Strong G**, Aresti N, Begum R. Revision guided suture-button bone block stabilization of the shoulder in the presence of significant retained glenoid metalwork. *JSES Int* 2020

- Al-Hadithy N, Khoker Z, Van Rensburg L, Kang N, **Tytherleigh-Strong G**. The incidence of medial end clavicle fractures is higher than had previously been considered. *Shoulder & Elbow* 2020

- Karia, M, Al-Hadithy N, **Tytherleigh-Strong G.** Recurrent acromioclavicular joint dislocation with an associated coracoid fracture following acromioclavicular joint reconstruction. *Ann Royal Coll England* 2020;102(6):e1-e5

- **Tytherleigh-Strong G**, Gill J, Mulligan A, Al-Hadithy N. Arthroscopic excision arthroplasty of the sternoclavicular joint for osteoarthritis: a case-series of 50 patients. *Arthroscopy* 2020

- **Tytherleigh-Strong G**, Mulligan A, Babu S, See A, Al-Hadithy N. Digital tomography is an effective investigation for sternoclavicular joint pathology. *Eur J Orthop Surg*

Traumatol 2019;

- **Tytherleigh-Strong G**, Mulligan A. All-arthroscopic revision Eden-Hybinette procedure for failed coracoid transfer. *Arthrosc Tech* 2019;

- Titchener A, See A, Van Rensburg L, **Tytherleigh-Strong**. Displaced medial end clavicle fractures treated with and inverted distal clavicle plate contoured through 90 degrees. *JSES* 2018

- Mulligan A, **Tytherleigh-Strong G.** Heterotopic ossification following arthroscopic superior capsular reconstruction. *JSES* 2018;27(12)e380-e386

- Cardim C, Robba C, Matta B, **Tytherleigh-Strong G**, Kang N, Schmidt B, Donnelly J, Calviello L, Smielewski P, Czosnyka M. Cerebrovascular assessment of patients undergoing shoulder surgery in beach chair position using multiparameter transcranial Doppler approach. *J Clin Monit Comput* 2018;

- Edwin J, Ahmed s, Verma S, **Tytherleigh-Strong G**, Karuppaiah K. Swellings of the sternoclavicular joint: review of traumatic and non-traumatic causes. *EFFORT Open Reviews* 2018;3(8), 471-484

- **Tytherleigh-Strong G**, Titchener A, Pecheva M**.** Treatment of first-time anterior dislocation of the sternoclavicular joint with surgical repair of the anterior capsule augmented using an internal brace. *O J Sport Med* 2018;6(7)

- Gill J, **Tytherleigh-Strong G**. Osteochondritis dissecans with associated secondary synovial chondromatosis in an adolescent shoulder. *Shoulder & Elbow* 2018

- **Tytherleigh-Strong G**, Van Rensburg L. Arthroscopic excision of the sternoclavicular joint. *Arthosc Tech* 2018;6(5)

- **Tytherleigh-Strong G**, Lawrence C, Rashid A, Morrissey D. Arthroscopic Sternoclavicular Joint Diskectomy for Acute and Chronic Tears. *Arthroscopy* 2017;33(11):1965-1970

- Domos P, **Tytherleigh-Strong G**, Van Rensburg L. Increased wound complications with intramedullary screw fixation of clavicle fractures: Is it thermal Necrosis? *J Orth Surg* 2017;25(3):

- Gill J, Morrissey D, Van Rensburg L, **Tytherleigh-Strong G**. Sternoclavicular joint osteophytosis; a difficult diagnosis to swallow *BMJ Case Rep* 2017;

- **Tytherleigh-Strong G**, Rashid A, Lawrence C, Morrissey D. Arthroscopic intra-articular disk excision of the sternoclavicular joint. *Arthrosc Tech* 2017;6:e599-e605

- **Tytherleigh-Strong G**, Morrissey D. Failed Latarjet procedure treated with a revision bone block stabilization using a suture-button fixation. *J Shoulder Elbow Surg* 2017;26(4)e102-e108

- Lawrence C, East B, Rashid A, **Tytherleigh-Strong G**. The prevalence of Osteoarthritis of the Sternoclavicular Joint on Computerised Tomography. *J Shoulder Elbow Surg* 2017;26(1) e18-e22

- **Tytherleigh-Strong G**. Shoulder operations I no longer do. *J trauma Orthop* 2017:5.1.28

- Rashid A, Lawrence C, **Tytherleigh-Strong G.** Surgical Treatment of a concurrent type 5 acromioclavicular joint dislocation and a failed anterior glenohumeral joint stabilization. *Shoulder & Elbow* 2016

- Brownson P, Donaldson O, Fox M, Rees J, Rangan A, Jaggi A, **Tytherleigh-Strong G**, McBirnie J, Thomas M, Kulkarni R. Traumatic anterior shoulder instability. *Shoulder & Elbow* 2015; 7(3): 214-226

- Ali E, Griffiths D, Obi N, **Tytherleigh-Strong** G, Van Rensburg L. Nonoperative treatment of humeral shaft fractures revisited. *J Shoulder Elbow Surg* 2015; 24(2) 210-214

- Imam S, Lowe A, **Tytherleigh-Strong G**. Sternoclavicular joint arthritis – open and arthroscopic resection. *Op Tech Sport Med* 2014; 22(3) 253-259

- **Tytherleigh-Strong G**. Arthroscopic Bristow-Latarjet procedure. *Op Tech Sport Med* 2013; 21: 254-260

- Ahmad Z, Brooks R, Kang SN, Weaver H, Nunney I, **Tytherleigh-Strong G**, Rushton N. The effect of platelet-rich plasma on clinical outcomes in lateral epicondylitis. *Arthroscopy* 2013; 29(11) 1851-1862

- Ahmad Z, Henson F, Wardale J, Noorani A, **Tytherleigh-Strong G**, Rushton N. Review Article: Regenerative techniques for repair of rotator cuff tears. *J Orthop Surg (HK)* 2013;21: 226-31

- Ahmad Z, Siddiqi N, Malik S, **Tytherleigh-Strong G**, Rushton N. Lateral Epicondylitis – a review of pathology and management. *Bone Joint J* 2013;95-B: 1158-64

- **Tytherleigh-Strong G**, Griffith D. Arthroscopic excision of the sternoclavicular joint for the treatment of sternoclavicular osteoarthritis. *Arthroscopy* 2013; 29: 1487-91
- **Tytherleigh-Strong G**. Sternoclavicular joint arthroscopy. *Bone & Joint 360* 2013; 2: 35-36

- Das A, Rollins KE, Elliott K, Johnston P, Van-Rensburg L, **Tytherleigh-Strong G**, Ollivere BJ. Early versus delayed operative intervention in displaced clavicle fractures. *J Orthop Trauma* 2014;28(3) 119-123

- Ostör AJ, Richards CA, **Tytherleigh-Strong G**, Bearcroft PW, Prevost AT, Speed CA, Hazleman BL. Validation of clinical examination versus magnetic resonance imaging and arthroscopy for the detection of rotator cuff lesions. *Clin Rheumatol* 2013;

- Ahmad Z, Brooks R, Henson F, Wardale J, Abdus-Samee M, Noorani A, **Tytherleigh-Strong G**, Rushton N. When sheep play tennis. *Br J Surg* 2013; 100: 30-32

- **Tytherleigh-Strong G**. Arthroscopy of the sternoclavicular joint. *Arthrosc Tech* 2013;2(2):e 141-5

- Rahman J, Menan A, **Tytherleigh-Strong G**. Subclavian vein thrombosis following acute internal fixation of the clavicle. *Shoulder & Elbow* 2013;5: 108-110

- Wijeratna M, Turmezei T, **Tytherleigh-Strong G**. A novel assessment of the sternoclavicular joint with computed tomography for planning interventional approach. *Skeltal Radiol* 2013; 42: 473-478

- Wijeratna M, Pace A, Kent M, Van Rensburg L, **Tytherleigh-Strong**. Arthroscopic radial head excision in managing elbow trauma. *Int Orth* 2012;36:2507-12

- Ahmad Z, Brooks R, Wardale J, Henson F, Arshad K, Ghose S, Noorani A, **Tytherleigh-Strong G**, Rushton N. Tissue engineering for the rotator cuff. *J Tissue Engineering & Regen Med* 2012;

- **Tytherleigh-Strong G**, Getgood A, Griffiths D. Arthroscopic intra-articular disk excision of the sternoclavicualr joint. *AmJSportMed* 2012; 40:1172 - 1175

- Gupta A, Getgood A, **Tytherleigh-Strong G**. Non-Union of an intra-articular fracture of the sternum. Doi 10.1016 / *Injury* 2011.04.007

- Jassim S, Ollivere B, Getgood A, **Tytherleigh-Strong G**. Patient perceptions of doctors' attire: how 'bare below the elbows' has impacted upon the doctor-patient relationship. *J Hosp Infection* 2010; 76:55

- Johnston P, Loveday D, Arthur A, **Tytherleigh-Strong G**. Frozen shoulder: a clinical review. *Br J Hosp Med (Lond)* 2009; 70(5): 120 - 127

- Loveday D, Arthur A, **Tytherleigh-Strong G**. Technical tip: Fixation of medial malleolar fractures using a suture anchor. *Foot & Ank Int* 2009; 30 (1): 80 - 81

- Cheung A, Van Rensburg L, **Tytherleigh-Strong G**. Surgical versus conservative interventions for treating fractures of the middle third of the clavicle. The Cochrane Library, Issue 3, 2008 Oxford.

- **Tytherleigh-Strong G**, Miniaci,A. Fixation of unstable Osteochondritis Dissecans lesions of the knee using autogenous osteochondral grafting (Mosaicplasty). *Arthroscopy* 2007; 23: 845-51

- Carey Smith R, MacNamara I, Thorisdottor V, **Tytherleigh-Strong G**. Irreducible anterior dislocation of the shoulder with associated avulsion of the lesser tuberosity. *Injury* 2007; 38: 219-21

- McCullough C, Remedios D, **Tytherleigh-Strong G**, Hua J, Walker P. The use of hydroxyapatite coated CAD-CAM femoral components in adolescents and young adults with inflammatory polyarthropathy. Ten year results. *J Bone Joint Surg* 2006; 88(7): 860-4

- **Tytherleigh-Strong G**, Hurtig M, Miniaci A. Winner of John Joyce Award: Intra-articular Hyaluronan supplementation following autogenous osteochondral grafting (Mosaicplasty™) of the knee. *Arthroscopy* 2005; 21(8): 999-1005

- **Tytherleigh-Strong G**, Hooper G. The classification of phocomelia *J Hand Surg [Br]* 2003;28(3): 215-7

- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Awal A, Milne A, Gillespie W. Prophylaxis using heparin, low molecular weight heparin and physical methods against deep vein thrombosis and pulmonary embolism in hip fracture surgery. The Cochrane Library, Issue 5, 2003 Oxford: Update Software

- **Tytherleigh-Strong G**, Levy O, Copeland S. The Role of Arthroscopy for the Problem Shoulder Arthroplasty. *J Shoulder & Elbow Surgery* 2002; 11(33): 230-4

- **Tytherleigh-Strong G**, Thomas S, Dodds R. Adductor Myositis as a cause of childhood hip pain. *J Paed Orth (B)* 2002; 11(2): 117-20

- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Milne A, Gillespie W. Heparins and some mechanical pumping devices may help prevent blood clots forming in the legs after surgery for hip fracture surgery. *Health* 2002; 23: 1124 - 29

- **Tytherleigh-Strong G**, Gill J, Sforza G, Levy O, Copeland S. Re-ossification and fusion across the acromioclavicular joint following arthroscopic acromioplasty and distal clavicle resection. *Arthroscopy* 2001; 17(9): E36

- **Tytherleigh-Strong G**, Freedman L. New patient non-attendance at orthopaedic out-patient clinics. *Ann R Coll Surg Eng* 2001; 84: 338-40

- Thomas S, **Tytherleigh-Strong G**, Dodds R. Pyomyositis of the iliacus muscle. *J Bone Joint Surg* 2001; 83-B: 619-620

- **Tytherleigh-Strong G**, Hirahara A, Miniaci A. Massive rotator cuff tears. *J Can Orth Assoc* 2001; 52-1: 25-27

- **Tytherleigh-Strong G**, Hirahara A, Miniaci A. Rotator cuff disease. *Curr Opin Rheum* 2001; 13: 135-145

- **Tytherleigh-Strong G**, Baxandall R, Unwin A. Rupture of the extensor retinaculum of the ankle. *J Roy Soc Med* 2000; 93: 638-670

- **Tytherleigh-Strong G**, Hampton R, McCullough C. Carpo-metacarpal arthritis of the thumb. *Current Orthop* 1999; 13-4: 302-308

- **Tytherleigh-Strong G**, Catarino P. Virtual football: real injuries. *BMJ* 1999; 319: 1312

- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Awal A, Milne A, Gillespie W. Prophylaxis using heparin, low molecular weight heparin and physical methods against deep vein thrombosis and pulmonary embolism in hip fracture surgery. The Cochrane Library, Issue 4, 1998 Oxford: Update Software

- McLauchlan G, **Tytherleigh-Strong G**. The treatment of acute and chronic Achilles tendinitis. The Cochrane Library, Issue 4, 1998 Oxford: Update Software

- **Tytherleigh-Strong G**, Walls N, McQueen M. The epidemiology of humeral shaft fractures. *J Bone Joint Surg* 1998; 80-B: 249-53

- Stewart K, **Tytherleigh-Strong G**, Quaba A. The soft tissue management of open tibial fractures in children. *J R Coll Surg Ed* 1998; 43: 103-105

- **Tytherleigh-Strong G**, Keating J, Court-Brown C. Extra-articular fractures of the proximal tibial diaphysis: Their epidemiology, management and outcome. *J R Coll Surg Ed* 1997; 42-3:122–125

- **Tytherleigh-Strong G**, Nutton R. Autogenous bone-patella tendon-bone donor site morbidity in anterior cruciate ligament reconstruction. *J Bone Joint Surg* 1996; 7B: 169-70

- **Tytherleigh-Strong G**, McQueen M. Fractures of the tibial shaft. *Surgery* 1996; 14-10: 229 –235

- **Tytherleigh-Strong G**, Skepper J, Ellis H. Peritoneal response to trauma in the laboratory rat: an electron microscopic study. *Clin Anat* 1994; 7-3: 164 – 6

- Macfarlane J, **Tytherleigh-Strong G**, McIntyre I. Palpation of distal leg pulses with Doppler ultrasound correlation. *Clin Anat* 1994; 7-1: 56-7

ACCEPTED PUBLICATIONS

- **Tytherleigh-Strong G**, Donaldson M, Melton T, Atherton C. Open Latarjet procedure using double suture-button fixation. *OJSM*

SUBMITTED PUBLICATIONS

- **Tytherleigh-Strong G**, Georgiakakis E, Watt D. Functional outcome and return to sport following direct repair of chronic pectoralis major rupture. *Shoulder & Elbow*

- **Tytherleigh-Strong G**, Sabharwal S, Peryt A. Revision sternoclavicular joint stabilisation. *JSES*

BOOK CHAPTERS

- **Tytherleigh-Strong G**. Arthroscopic and arthroscopic-assisted management of atraumatic conditions of the sternoclavicular joint: Indications, Techniques and Outcomes, Chapter 27. *Rockwood and Matsen's The Shoulder 7th Edition*. London: Elsevier, 2025

- **Tytherleigh-Strong G**. Arthroscopic and arthroscopic-assisted management of atraumatic conditions of the sternoclavicular joint: Indications, Techniques and Outcomes, Chapter 28. *Rockwood and Matsen's The Shoulder 6th Edition*. London: Elsevier, 2021

- **Tytherleigh-Strong G.** Sternoclavicular Joint Injuries *in* Sports Injuries of the Shoulder 2019

- Martetschlager F, **Tytherleigh-Strong G**. Arthroscopic excision of the sternoclavicular joint *in* Atlas of Advanced Shoulder Arthroscopy 2017

- **Tytherleigh-Strong G.** Pectoral Girdle & Upper Limb, Chapters 46 – 49 eds. *Gray's Anatomy 40th Edition.* London: Elsevier, 2008

COCHRANE COLLABORATION – Review Groups

- Handoll HH, **Tytherleigh-Strong G**, Van Rensburg L
  Interventions for treating proximal humeral fractures in adults

- **Tytherleigh-Strong G**, Van Rensburg L, Cheung A

The management of middle third humeral shaft fractures in adults *(protocol stage)*

COMMISSIONING GUIDELINES

- Commissioning Guide: Subacromial Shoulder Pain NICE Accredited 2014– contributing author

BOOK REVIEWS

- **Tytherleigh-Strong G.** The cowboy's guide to advanced shoulder arthroscopy. Burkhart S, Lo. *J Bone Joint Surg* 2007; 89: 143

- **Tytherleigh-Strong G.** Disorders of the shoulder: diagnosis and management. Iannotti J, Williams G. *J Bone Joint Surg* 2007; 89

FURTHER OPINION

- **Tytherleigh-Strong G.** Further Opinion on 'Fracture of the humerus: an epidemiological study of 401 fractures'. Ekholm et al. *J Bone Joint Surg B* 2006; 88: 1469-73. www.jbjs.org.uk

- **Tytherleigh-Strong G.** Further Opinion on 'Interscalene infusion and single injection using levobupivacaine for analgesia after surgery of the shoulder: a double-blind, randomised controlled trial'. Keane et al. *J Bone Joint Surg B* 2006; 88: 1173-77.

EDITORIAL APPIONTMENTS

- Bone & Joint 360 - Editorial Board
- Journal of Bone and Joint Surgery - Reviewer for Shoulder & Elbow
- Journal of Shoulder and Elbow Surgery - Reviewer
- Shoulder & Elbow - Reviewer
- American Journal of Sports Medicine - Reviewer

PRESENTATIONS AT SCIENTIFIC MEETINGS

- The incidence of retrosternal vascular injuries following acute traumatic posterior sternoclavicular joint injuries is significantly less than had previously been considered
  SECEC 2026, Barcelona - Sept 2026

- Recurrent anterior sternoclavicular joint instability secondary to clavicle fracture malunion treated by corrective clavicle osteotomy using 3D patient-specific guides and anterior sternoclavicular joint stabilisation
  SECEC 2026, Barcelona - Sept 2026

- Open Latarjet procedure using double suture-button fixation
  BESS 2026, Newcastle - June 2026
  SECEC 2026, Barcelona - Sept 2026

- Sternoclavicular Joint Osteoarthritis with Associated Anterior Instability Treated with Open Excision Arthroplasty and Augmented Anterior Capsular Plication
  Tytherleigh-Strong G, Van Rensburg L
  SECEC 2025, Rotterdam - Sept 2025
  SICOT 2025, Madrid - Sept 2025

- Surgical stabilisation of chronic traumatic anterior sternoclavicular joint instability based on MRI diagnosis and structural anatomic MRI findings
  Tytherleigh-Strong G, Peryt A, Dott C
  SECEC 2025, Rotterdam - Sept 2025
  SICOT 2025, Madrid - Sept 2025
  New Zealand Orthopaedic Association, Auckland - June 2025 (LA)
  BESS 2025, Brighton - June 2025 (CD)

- Augmented anterior capsular plication for Type II atraumatic anterior sternoclavicular joint instability refractory to non-operative treatment based on structural anatomic MRI findings.
  Tytherleigh-Strong G, Bond E, Woodbine N, Abraham L
  SECEC 2025, Rotterdam - Sept 2025
  SICOT 2025, Madrid - Sept 2025 (LA)
  New Zealand Orthopaedic Association, Auckland - June 2025 (LA)

- The feasibility & reproducibility of cartilage thickness mapping following shoulder dislocation
  Murugaiyan R, Smith J, Grainer A, Chaudhury S, **Tytherleigh-Strong**
  SICOT 2025, Madrid - Sept 2025
  OARSI World Congress in Osteoarthritis, Incheon – South Korea - April 2025

- Can novel imaging techniques help identify re-clinical shoulder osteoarthritis?
  Murugaiyan R, Smith J, Grainer A, Chaudhury S, **Tytherleigh-Strong**

OARSI World Congress in Osteoarthritis, Incheon – South Korea - April 2025

- MR Imaging in the management of significantly displaced adolescent posterior sternoclavicular joint injuries
  Cuthbert R, Tang Q, **Tytherleigh-Strong**
  BESS 2023, Cardiff - June 2023

- Outcomes following internal bracing for anterior sternoclavicular joint instability: A systematic review
  Kapur K, Zaki P, Chaudhury S, **Tytherleigh-Strong G**, Panayiotou D.
  ASiT Surgical Conference, Liverpool - March 2023

- Non-operative treatment of significantly displaced posterior Salter-Harris 2 fracture dislocations of the sternoclavicular joint
  Tytherleigh-Strong G, Chaudhury S, Dinakaran V, Tang Q
  SECEC 2021, webinar - Sept 2021

- Stabilisation following acute traumatic posterior dislocation of the sternoclavicular joint
  Tytherleigh-Strong G, Van Rensburg L, Sabharwal S, Peryt A
  SECEC 2020, webinar - Sept 2020

- Revision sternoclavicular joint stabilisation
  Tytherleigh-Strong G, Sabharwal S, Peryt A
  SECEC 2020, webinar - Sept 2020

- Revision guided suture-button bone block stabilization of the shoulder in the presence of significant retained glenoid metalwork.
  Tytherleigh-Strong G, Aresti N, Begum R
  BESS 2020, webinar - Sept 2020 (RB)
  SECEC 2020, webinar - Sept 2020

- Arthroscopic superior medial scapuloplasty for snapping scapula: Outcomes a minimum of 2 years follow-up.
  Al-Hadithy N, Griffiths E, Begum R, **Tytherleigh-Strong G**
  40th SICOT Meeting, Muscat - Dec 2019 (RB)

- Digital tomography is an effective investigation for sternoclavicular joint pathology.
  Al-Hadithy N, See A, Begum R, **Tytherleigh-Strong G**
  40th SICOT Meeting, Muscat - Dec 2019 (RB)

- Arthroscopic excision arthroplasty of the sternoclavicular joint for osteoarthritis: a case-series of 50 patients.
  Tytherleigh-Strong G, Al-Hadithy, Gill J, Begum R
  40th SICOT Meeting, Muscat - Dec 2019 (RB)

- A pilot cohort comparison study of novel surgical techniques for irreparable cuff tears
  See A, Barrett M, **Tytherleigh-Strong G**, Kang N
  BESS Annual Meeting, Coventry - June 2017 (AS)

- The effects of the beach-chair position on cerebral haemodynamics and non-invasive ICP in patients undergoing shoulder surgery
  Cardim D, Robba C, **Tytherleigh-Strong G**, Donnelly J, Matta B, Czsyonkya M
  ICP 16th International Symposium, Cambridge (USA) - June 2016 (DC)

- Arthroscopic Sternoclavicular Joint Discectomy for Acute and Chronic Tears
  Lawrence C, **Tytherleigh-Strong G**
  AANA Meeting, Boston - April 2016 (CL)
  BESS Annual Meeting, Dublin - June 2016

- Arthroscopic partial scapulectomy for the treatment of snapping scapula
  Griffith E, **Tytherleigh-Strong G**
  SECEC Meeting, Milan - Sept 2015 (EG)
  AANA Meeting, Boston - April 2016 (EG)
  BESS Annual Meeting, Dublin - June 2016

- The arthroscopic Latarjet: Is it a safe, reproducible and acceptable procedure
  Kenyon P, McClean J, Ravenscroft M, **Tytherleigh-Strong G**
  BESS Annual Meeting, Nottingham - June 2014 (PK)

- When sheep play tennis – an-in-vivo experience
  Ahmad Z, **Tytherleigh-Strong G**
  EFFORT Annual Meeting, London - June 2013 (ZA)

- The Boyd interval for acute elbow trauma – adapting the Wrightington approach
  Robinson P, Dattani R, **Tytherleigh-Strong G**, Van Rensburg L
  British Trauma Society Meeting, Edinburgh -Aug 2013 (PR)

- I-Phone goniometer for elbow range of motion
  Dattani R, Robinson P, **Tytherleigh-Strong G**, Van Rensburg L
  BESS Annual Meeting, Leicester - Jun 2013 (RD)

- Deep vein thrombosis following fixation of acute clavicular fractures
  Rhaman J, Menan A, **Tytherleigh-Strong G**
  World Sports Trauma Congress, London - Oct 2012 (JR)

- Tissue engineered extruded collagen graft for tendon repair
  Ahmed Z, Wardale J, Brooks R, Henson, **Tytherleigh-Strong G**, Rushton N
  BOA Annual Congress, Manchester - Sept 2012 (ZA)

- Augmentation of the rotator cuff using a novel tendon graft using Platelet Rich Plasma
  Ahmed Z, Wardale J, Brooks R, Henson, **Tytherleigh-Strong G**, Rushyon N

BOA Annual Congress, Manchester - Sept 2012 (ZA)

- Outcome of wound complications following open reduction and internal fixation of clavicles
  Domos P, **Tytherleigh-Strong G**, Van Rensburg L
  BESS Annual Meeting, Torquay - June 2012 (PD)

- Arthroscopy of the sternoclavicular joint
  Griffith D, Getgood A **Tytherleigh-Strong G**
  AANA Annual Meeting, Orlando - May 2012

- The non-operative management of humeral shaft fractures revisited
  Griffiths D, Young L, Obi N, Nikolau S, **Tytherleigh-Strong G**, Van Rensburg L
  Combined Services Meeting, Derriford - March 2012 (DG)
  BESS Annual Meeting, Torquay - June 2012 (DG)

- Acute versus late intervention in clavice fractures
  Ollivere B, Johnston P, Van Rensburg L, **Tytherleigh-Strong G**
  BTS Annual Meeting, Leeds - May 2012
  BOA Annual Meeting, Dublin - Sept 2011 (BO)
  ATA Annual Meeting, San Antonio - Oct 2011 (BO)

- The relevant anatomy of the sternoclavicular joint in relation to arthroscopic surgical approaches
  Wijeratna M, Turmezei T, **Tytherleigh-Strong G**
  British Elbow & Shoulder Society Meeting, Newcastle - June 2011 (MW)
  (Winner of Best Presentation Prize)

- The impact of a dedicated elderly care unit on the management of patients sustaining a neck of femur fracture
  Mankia S, Vindelacherva M, **Tytherleigh-Strong G**
  National Osteoporosis Society Meeting, Liverpooll - Nov 2010 (SM)

- Sternoclavicular arthroscopy
  Dennell LV, Getgood A, **Tytherleigh-Strong G**
  British Elbow & Shoulder Society Meeting, London - June 2009
  AAOS Annual Meeting, New Orleans - Mar 2010

- Arthroscopic radial head excision in the management of elbow trauma
  Kent M, Van Rensburg L, **Tytherleigh-Strong G**
  British Elbow and Shoulder Society Meeting, Liverpool - June 2008
  AAOS Annual Meeting, Las Vegas - Feb 2009
  ISAKOS, Japan - Apr 2009

- Reasons for failure after anterior shoulder instability surgery
  Arthur A, Getgood A, **Tytherleigh-Strong G**

British Elbow and Shoulder Society Meeting, Liverpool - June 2008
AAOS Annual Meeting, Las Vegas - Feb 2009
ABC Fellows Meting, Cambridge - May 2009

- Modified arthroscopic transglenoid stabilisation of the shoulder
  Getgood A, Arthur A, **Tytherleigh-Strong G**
  British Elbow and Shoulder Society Meeting, Liverpool - June 2008
  ISAKOS, Japan - Apr 2009

- Revision arthroscopic shoulder stabilisation: indications and results.
  Tytherleigh-Strong G, Getgood A, Carey-Smith R
  EFORT, Florence - May 2007
  Japanese Orthopaedic Association, Kyoto - May 2007
  ISAKOS, Florence - May 2007 (AG)

- Indications for revision arthroscopic stabilisation in the management of failed primary shoulder stabilisation.
  Tytherleigh-Strong G, Carey-Smith R
  British Elbow and Shoulder Society Meeting, Edinburgh - May 2006

- Modified transglenoid arthroscopic stabilisation for recurrent dislocation of the shoulder.
  Tytherleigh-Strong G, Kanabar P
  British Elbow and Shoulder Society Meeting, Cambridge - July 2005
  ABC Travelling Fellows Meeting, Cambridge - Aug 2005

- Intra-articular Hyaluronic Acid supplementation following autogenous osteochondral grafting (mosaicplasty) of the knee.
  Tytherleigh-Strong G, Miniaci A, Hurtig M
  International Cartilage Research Society, Toronto - June 2002
  American Academy of Orthopaedic Surgeons, New Orleans - Feb 2003
  American Orthopaedic Society for Sports Medicine, New Orleans - Feb 2003
  International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine, Auckland - Mar 2003
  (Winner of *John Joyce Award* for best Scientific Paper)

- A comparison of metallic anchors and bioabsorbable tacks for rotator cuff disease
  Changor A, **Tytherleigh-Strong G**, Runciman J, Hurtig M, Miniaci A
  Canadian Orthopaedic Association, Winnipeg - Oct 2003

- Comparison of the load to failure of a cannulated tack (Suretac II) and a suture anchor (Mitek) in rotator cuff repair.
  Tytherleigh-Strong G, Miniaci A, Myerthall S
  Canadian Orthopaedic Association, London - June 2001
  American Orthopedic Society for Sports Medicine, Colorado - July 2001
  ESSKA Meeting, Rome - April 2002

International Cartilage Research Society, Toronto - June 2002
ISAKOS, Auckland - Mar 2003

- Arthroscopic autogenous osteochondral graft fixation (mosaicplasty) of unstable osteochondritis dissecans lesions of the knee.
  Tytherleigh-Strong G, Miniaci A, Hirahara A, Hurtig M
  Canadian Orthopaedic Association, London - June 2001
  American Orthopedic Society for Sports Medicine, Colorado - July 2001
  British Orthopaedic Association, Birmingham - Sept 2001
  American Academy of Orthopaedic Surgeons, Dallas - Feb 2002
  ESSKA Meeting, Rome - April 2002
  ISAKOS, Auckland - Mar 2003

- The role of shoulder arthroscopy for the problem shoulder arthroplasty.
  Tytherleigh-Strong G, Levy O, Sforza G, Copeland S
  American Academy of Orthopaedic Surgeons, San Fransisco - Mar 2001
  8th International Congress of Shoulder Surgery, Cape Town - April 2001 (OL)
  ISAKOS, Montreux - May 2001
  British Orthopaedic Association, Birmingham - Sept 2001

- Thermal capsulorrhaphy for multidirectional instability.
  Tytherleigh-Strong G, Miniacia A, McBirnie J
  American Orthopedic Society for Sports Medicine, Colorado - July 2001

- Latissimus Dorsi transfer for massive rotator cuff tears.
  Tytherleigh-Strong G, Hirahara A, Miniaci A
  Canadian Orthopaedic Association, London - June 2001

- Arthroscopic glenoplasty.
  Miniaci A, **Tytherleigh-Strong G**, Hirahara A
  Arthroscopy Association of North America, Seattle - April 2001(AM)
  Canadian Orthopaedic Association, London - June 2001

- The treatment of unstable OCD lesions of the knee in humans and racehorses using autogenous osteochondral grafts.
  Tytherleigh-Strong G, Hurtig M
  American Veterinary Orthopaedic Society, Lake Louise - Feb 2001

- Knee flexion versus extension: a prospective study of anterior cruciate ligament graft fixation.
  Myerthall S, Moro J, **Tytherleigh-Strong G**, Hirahara a, Miniaci A
  Orthopaedic Kennedy Day, Toronto - Oct 2000
  Canadian Orthopaedic Association, London - June 2001(by SM)

- Total knee arthroplasty using the PFC system in patients suffering from Juvenile Idiopathic Arthritis.
  Tytherleigh-Strong G, Unwin A, Swann M
  Rheumatoid Arthritis Surgical Society, Windsor - April 2000

- Total hip replacement using a CAD-CAM femoral prosthesis in patients suffering from Juvenile Idiopathic Arthritis.
  Tytherleigh-Strong G, Hua J, McCullough C, Walker P
  Rheumatoid Arthritis Surgical Society, Windsor - April 2000
  European Federation of Associations of National Associations of Orthopaedics, Brussels - June 1999

- Adductor myositis as a cause of childhood hip pain.
  Tytherleigh-Strong G, Thomas S, Dodds R
  Royal Society of Medicine, London - March 2000

- Shoulder injuries in sportsmen.
  Tytherleigh-Strong G, Unwin A
  The Sports Medicine Group, Windsor - March 1999

- The soft tissue management of open tibial fractures in children.
  Stewart K, **Tytherleigh-Strong G**, Quaba A
  British Association of Plastic Surgeons, London - Dec 1997 (KS)
  Scottish and Irish Plastic Surgeons, - Oct 1997 (KS)
  British Society for Children's Orthopaedic Surgery, Liverpool - July 1998

- The classification of phocomelia.
  Tytherleigh-Strong G, Hooper G
  British Society for Surgery of the Hand, Newcastle - April 1998
  International Hand Surgery Society, Vancouver - May 1998

- Donor site morbidity in ACL reconstruction: Hamstring and patellar tendon.
  Tytherleigh-Strong G, Nutton R
  Knee Ligament Reconstruction Course, Edinburgh - August 1997

- Donor site morbidity in bone-patellar tendon-bone grafting in ACL reconstruction.
  Tytherleigh-Strong G, Nutton R
  British Orthopaedic Sports Trauma Association, London - April 1996

- Peritoneal adhesions: An electron microscopic study.
  Tytherleigh-Strong G, Skepper J, Ellis H
  British Association of Anatomy, York - Dec 1993
  Surgical Symposium, Royal College of Surgeons, Edinburgh - March 1994

- The detection of distal limb pulses.
  Tytherleigh-Strong G, MacFarlane J, McIntyre I

British Association of Anatomy, Liverpool - May 1993

PRESENTATIONS AT INVITED MEETINGS

- Management of failed AC joint stabilisation
- Instability decision making, coracoid transfer & bone loss
  BESS 2026, Newcastle - June 2026

- Sternoclavicular Joint Injuries
  London Orthopaedic Meeting, London - June 2026

- Arthroscopic Management of Sternoclavicular Joint Pathology
  ESSKA, Prague - May 2026

- Rotator Cuff Augmentation for Primary & Revision Repairs
- Sternoclavicular Joint Osteoarthritis & Instability
  London Shoulder Meeting, London - May 2026

- Traumatic Sternoclavicular Joint Instability: Diagnosis & Management
  Lippman Kessel Meeting, Imperial College, London - April 2026

- Failed Latarjet: My surgical treatment
- SCJ Instability: My treatment algorithm
- Scapulothoracic Arthroscopy
  Hard Shoulder Course, Cape Town - Mar 2026

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2026

- Surgical Management of the Long Head of Biceps
- Open Latarjet: Minimising Complications
- Rotator Cuff Augmentation 2025
  Inspire Shoulder Meeting, Watford - Mar 2026

- Progression from instability to OA: Current treatment and the future?
  Shoulder Meeting Tongji University Hospital, Shanghai - Nov 2025

- Open Latarjet procedure using double-button suture fixation
- Revision bone-block stabilisation in the presence of significant retained glenoid metalwork
- The Sternoclavicular Joint revealed
  Advanced Healing in the Shoulder, Annecy - Sept 2025

- Pitfalls of Virtual Fracture Services: Missed Shoulder Injuries
  BOA, Liverpool - Sept 2025

- Sternoclavicular joint dislocation: Should all first-time dislocators be stabilised?
  ISAKOS, Munich - June 2025

- Coracoclavicular ligament reconstruction is the key
- Lateral clavicle and ACJ injuries
  London Shoulder Meeting, London - May 2025

- The Sternoclavicular Joint Revealed: Surgical Perspectives and the Power of Imaging
  British Society of Skeletal Imaging Meeting, Cambridge - Mar 2025

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2025

- Open Latarjet: Minimising Complications
- Rotator Cuff Augmentation 2025
  Inspire Shoulder Meeting, Watford - Mar 2025

- Shoulder Instability: Anatomy
- Shoulder Instability: Structural Lesions
- Shoulder Instability: Recurrence
  Royal College of Surgeons (Edinburgh) Shoulder Programme - Mar 2025

- Shoulder Instability
  North East England Training Programme - Mar 2025

- Back On Track with Remplissage
- Anterior Shoulder Instability, *Munich*
  The Cutting Edge of Shoulder Instability - Jan 2025

- Open Latarjet Procedure: Technique, Tips & Tricks
  Shoulder Surgery Live Course, Birmingham - Nov 2024

- Shoulder Instability
- Shoulder Instability Case Discussions
  Shoulder Fellows Meeting, Solihull - Nov 2024

- Glenoid Augmentation: Current State
- Do all bone defects need a Latarjet?
  London Shoulder Meeting, London - May 2024

- Shoulder Instability Case Discussions
- Posterior Shoulder Instability
  Shoulder Fellows Meeting, Solihull - May 2024

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2024

- Distal Biceps Rupture
  Elbow Approaches & Trauma Masterclass, Cambridge - Mar 2024

- Double-Button Open Coracoid Transfer
- Double-Row Rotator Cuff Repair: Do it properly, it's what you need
- SCR: It does have a role. You just don't know who to do it on
- Revision Guided Bone Block Procedure in the presence of significant retained glenoid metalwork
  Rocky Mountain Shoulder Course, Denver - Feb 2024

- Sternoclavicular Joint Arthroscopy
  British Orthopaedic Study Group, Zurs - Jan 2024

- The Anterior Compartment
- Double-Button Open Coracoid Transfer
  Shoulder Anterior Compartment Meeting, Watford - Jan 2024

- Traumatic Anterior Shoulder instability: Decision Making
- Optimising Rotator Cuff Repairs
  Shoulder Arthroscopy Instructional Course, Newcastle - Oct 2023

- Rotator Cuff Augmentation
- The Management of Massive Rotator Cuff Tears
- The Regeneten Patch
  BESS 2023, Cardiff - June 2023

- Open Latarjet
  Annecy Live Surgery Course, Annecy - June 2023

- Arthroscopic Remplissage
  Birmingham Live Surgery Course, Birmingham - May 2023

- Rotator Cuff Tears: Management & Treatment
  Shoulder Fellowship Course, Solihull - Apr 2023

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2023

- Anterior Instability in the Collision Athlete
  SETSEG Meeting, London - Oct 2022

- Massive Rotator Cuff Tears

Cutting Edge of Irreparable Cuff Management, Munich - Sept 2022

- Open Latarjet: Suture-Button Technique
  Redefining Peak Performance in Shoulder Instability, Dublin - Sept 2022

- Surgical Technique: Arthroscopic Posterior Glenoid Bone Block
- Bone Blocks for the Dysplastic Glenoid
  The Hard Shoulder Symposium, Cape Town - July 2022

- Long Head of Biceps: Tenotomy or Tenodesis
- Indications for ACJ surgical fixation
  London Shoulder Meeting, London - May 2022

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2022

- Management of massive rotator cuff tears
  Shoulder Continuum of Care: Shoulder Biologics, Webinar - Oct 2021

- Arthroscopic Latarjet procedure: Cases & Disscusion
  Glenoid Boneloss Course, Webinar - Sept 2021

- Arthroscopic management of SLAP tears
- OCD of the shoulder
- Decision making in the management of humeral shaft fractures
- Sternoclavicular joint acute dislocations
  41st SICOT Meeting, Budapest - Sept 2021

- Sternoclavicular joint instability in athletes 303
  BOSTA Meeting - Aug 2021

- The surgical management of massive rotator cuff tears
  BESS Instructional Course Lecture - June 2021

- The anterior compartment
- Open, mini-open, arthroscopic assisted & all arthroscopic coracoid transfer
  Surgery for the Anterior Compartment of the Shoulder, Watford - June 2021

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
  Elbow Arthroscopy Course, Cambridge - June 2021

- Are we treating acute sternoclavicular joint injuries properly?
  London Shoulder Meeting - May 2021

- Tendons & Ligaments: Biological Treatments for Tendon Repair

FRCS(Orth) Basic Science Course, Cambridge - Mar 2021

- Management of anterior glenoid bone loss: iliac crest graft
  SICOT-SLAHOC Shoulder Webinar - Dec 2020

- Management of partial thickness rotator cuff tears
- Open coracoid transfer
  Rotator cuff to Instability: all you need to know in shoulder repair - Oct 2020

- Arthroscopic management of osteoarthritis in the young patient
  BESS Instructional Course Lecture - Sept 2020

- Open Glenoid Surgery
  London Shoulder Meeting - Sept 2020

- Distal biceps rupture
  Elbow Approaches and Trauma Masterclass - Mar 2020

- Options for rotator cuff repairs
- Coracoid transfer or Eden-Hybinette
  9th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Feb 2020

- The anterior compartment
- Open coracoid transfer using suture-buttons
  Shoulder Anterior Compartment Meeting, Watford - Jan 2020

- Acromioclavicular joint injuries and clavicle fractures: controversies in management
- Arthroscopic Bankart repair
- Progression from instability to osteoarthritis in the shoulder
  40th SICOT Meeting, Muscat - Dec 2019

- The management of arthritis following instability in the athlete
  BOSTA Instructional Course, BOA Annual Meeting, Liverpool - Sept 2019

- Anterior & Posterior Sternoclavicular joint dislocation
  BESS Instructional Course, Harrogate - June 2019

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
  Elbow Arthroscopy Course, Cambridge - June 2019

- Adolescent traumatic anterior shoulder instability
  London Shoulder Meeting, London - May 2019

- Post-traumatic SCJ pain: Indications for arthroscopy
  Belgium Orthopaedic Association Annual Meeting, Ostend - Apr 2019

- Starting up in independent practice
- Arthroscopic Bankart repair

Shoulder Fellowship Course, Munich - Apr 2019

- Augmented cuff patches for rotator cuff repairs
- Anterior dislocation of the sternoclavicular joint

8th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Mar 2019

- Tendons & Ligaments: Biological Treatments for Tendon Repair

FRCS(Orth) Basic Science Course, Cambridge - Mar 2019

- Surgery for anterior shoulder instability
- Posterior shoulder instability
- Sternoclavicular joint instability
- Scapula dyskinesia

Shoulder Instability & Sports Injuries Course, Cambridge - Jan 2019

- Instructional Course Lecture: Surgical management of posterior shoulder instability
- Instructional Course Lecture: Patches for rotator cuff repairs

Saudi Arabian Orthopaedic Association Annual Meeting, Jeddah - Dec 2018

- How to undertake an arthroscopic shoulder stabilisation
- Rotator cuff tears: tear identification and surgical technique

Saudi Arabian Arthroscopy Course, Jeddah - Dec 2018

- Rotator cuff tears

Watanabe Advanced Shoulder Meeting, Watford - Nov 2018

- What to do with the biceps
- Starting up in independent practice
- Arthroscopic Bankart repair

Shoulder Fellowship Course, Munich - Oct 2018

- Key Note Lecture: Anterior shoulder instability: The management of bone loss
- The treatment of anterior glenoid bone loss
- The treatment of Hill-Sachs defects

SICOT, Montreal - Oct 2018

- Management of medial end clavicle fractures

SECEC, Geneva - Sept 2018

- Surgery for anterior shoulder instability

Shoulder Surgery Symposium, Watford - Sept 2018

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
  Elbow Arthroscopy Course, Cambridge - June 2018

- Massive rotator cuff tears: Repair strategies and technique
  Shoulder Preservation Masterclass, Munich - June 2018

- Proximal humeral fractures: Tips & Tricks in head-conserving surgery
- Scapular fractures: Evaluation and treatment options
  Surgical Management of Complex Shoulder Trauma, Berlin - June 2018

- Biceps Tenotomy and where to position the tenodesis
- Sternoclavicular joint instability
- Exploring the anterior compartment of the shoulder
  2nd Dubai Shoulder Course, Dubai - Apr 2018

- Labral repair: Knotless all the way
- Rotator cuff tear patterns & double row repairs
  Advanced Shoulder Instructional Course, Dubai - Apr 2018

- What to do with the biceps
- Starting up in private practice
- Management of anterior shoulder stability
  Shoulder Fellowship Course, Munich - Apr 2018

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Feb 2018

- Anterior dislocation of the sternoclavicular joint
  7th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Feb 2018

- Supraspinatus Repair: What can we expect as a long-term outcome 242
- Sternoclavicular Arthroscopy: Update
  SICOT 38th International Meeting, Cape Town - Nov 2017

- Elbow Arthroscopy
- Anterior Approach to the Elbow
- Medial approach to the Elbow
- Lateral approach to the Elbow
- Management of Olecranon Fractures
- Distal Biceps Rupture
- Elbow Instability
  Elbow Approaches & Trauma Masterclass, Cape Town - Nov 2017

- Sternoclavicular Joint Arthroscopy
  45th Scientific Meeting of Percivall Pott Club, London - Nov 2017

- The Throwing Shoulder and Associated Injuries
  Leeds Sports medicine Conference, Leeds - Nov 2017

- Posterior shoulder instability
- The anterior compartment of the shoulder
  Watanabe Advanced Shoulder Meeting, Watford - Nov 2017

- Management of Shoulder Instability
- Starting up in Private Practice
- Management of the Long Head of Biceps
  Shoulder Fellowship Course, Munich - Oct 2017

- The stiff unstable shoulder
- Progression from instability to OA
  FISIC 2017, London - Sept 2017

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
  Elbow Arthroscopy Course, Cambridge - June 2017

- Starting up in Private Practice
- Management of the Long Head of Biceps
  Shoulder Fellowship Course, Munich - June 2017

- The Throwing Shoulder
  London Shoulder Meeting, London - May 2017

- Osteoarthritis of the Sternoclavicular Joint: Arthroscopic Management
  ABC Travelling Fellows Meeting, Cambridge - May 2017

- The Biceps
- Superior Capsule Reconstruction
- Anterior Shoulder Instability Surgery
  UK Shoulder Masterclass, Munich - April 2017

- Sternoclavicular Joint Injuries
- Acromioclavicular Joint Injuries
- Scapular Fractures
  Irish Core-Orthopaedic Training Programme, Dublin - Mar 2017

- Tendons & Ligaments: Biological Treatments for Tendon Repair
  FRCS(Orth) Basic Science Course, Cambridge - Mar 2017

- Sternoclavicular Joint Osteoarthritis: Arthroscopic Treatment
  6th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Mar 2017

- Lateral Approaches to the Elbow
- Rupture of the Distal Biceps Tendon

4th Elbow Approaches and Trauma Masterclass, Cambridge - Dec 2016

- Biceps Transfer & the Anterior Compartment
- Posterior Shoulder Dislocation; Arthroscopic Management
- The Watanabe Society

Watanabe Meeting, Cambridge - Nov 2016

- Knotless Instability Repair

UK Shoulder Group Meeting, Munich - Nov 2016

- Optimising Rotator Cuff Repairs
- Management of the Long Head of Biceps
- Superior Capsule Reconstruction

UK Shoulder Marsterclass Course, Munich - Oct 2016

- Understanding Sports Trauma in The Upper Limb – Basic Science

MCh Orth Course, Anglia Ruskin University, Cambridge - Oct 2016

- Scapula Fractures
- Sternoclavicular Injuries

Fingertip-to-Shoulder Course, Cambridge - Oct 2016

- Posterior Shoulder Dislocations
- Biceps Tenodesis and the Anterior Compartment
- Arthroscopy of the Sternoclavicular Joint

Annecy Arthroscopic Arthroplasty Shoulder Academy, Annecy - Sept 2016

- The painful Biceps-Labral Complex: Tenotomy, Tenodesis, Transfer and beyond

BESS Instructional Course, Dublin - June 2016

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy

Elbow Arthroscopy Course, Cambridge - June 2016

- Arthroscopic Latarjet: Results

The "Stephen Copeland Memorial" Shoulder Meeting, Reading - Mar 2016

- Rotator Cuff Repairs
- Sternoclavicular Arthroscopy

5th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2016

- Tendons & Ligaments and Biological repair

Cambridge Basic Science Course, Cambridge - Mar 2016

- Re:Live Surgery: Arthroscopic Latarjet
  Steve Copeland memorial Meeting, Reading - Mar 2016

- Lateral Approaches to the Elbow
- Rupture of the Distal Biceps Tendon
  Elbow Approaches and Trauma Masterclass, Cambridge - Dec 2015

- The Anterior Shoulder & Management of the Long Head of Biceps
  UK Shoulder Study Group, Munich - Nov 2015

- Posterior Shoulder Dislocation; Arthroscopic Management
  Watanabe Meeting, York - Nov 2015

- Management of the Long Head of the Biceps and the Anterior Shoulder
  Shoulder Surgery Update, Munich - Oct 2015

- Transitioning from Open to Arthroscopic Latarjet
- Sternoclavicular Arthroscopy
  Sports Surgery Meeting, Dublin - Sept 2015

- Acromioclavicular Joint Injuries
- Management of Clavicle Fractures
- Sternoclavicular Joint Injuries
  Irish Core Orthopaedic Training Programme, Killenard, Ireland - July 2015

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
  Cadaveric Elbow Arthroscopy Course, Cambridge - June 2015

- Rotator Cuff Repair Augmentation
- Is the biceps important? Tenotomy or tenodesis
- Are partial rotator cuff repairs worth doing?
- Suprascapular nerve ablation
  Rotator Cuff Masterclass, Liverpool - May 2015

- Shoulder Stabilisation
- The Watanabe Society
  Watanabe Meeting, Cambridge - Mar 2015

- Tendons & Ligaments and Biological repair
  Cambridge Basic Science Course, Cambridge - Mar 2015

- Anterior Shoulder Dislocation: Management of the first time dislocator
  4th *Shoulder Arthroscopy Live Surgery Course, Birmingham* - Mar 2015

- Management of SC joint injuries and technique for arthroscopic excision
- An overview of chondral lesions in athletes: Presentation and early management
  Sports Shoulder 14, Coventry - Dec 2014

- Arthroscopic Latarjet: Indications & Complications
  Anterior Space Arthroscopy Meeting, Coventry - Nov 2014

- Arthroscopic Latarjet: Converting from open to arthroscopic
  Watanabe Meeting, York - Nov 2014

- Total shoulder replacement
  EFORT Forum, Limassol - Nov 2014

- Management of the first time dislocator
- Arthroscopic Bankart repair
- SLAP tears
- Management of bone loss in instability surgery
- The arthroscopic Latarjet procedure
- Converting from open to arthroscopic Latarjet
- Management of partial thickness rotator cuff tears
- Management of massive rotator cuff tears
- Sternoclavicular joint injuries
  Cypriot Association of Orthopaedic Surg & Trauma, Limassol - Nov 2014

- Sternoclavicular Joint Arthroscopy
  Sports Surgery Meeting, Dublin - Sept 2014

- Anterior dislocation – acute management
- SCJ injuries
  The Edinburgh International Trauma Symposium, Edinburgh - Aug 2014

- Sternoclavicular & Acromioclavicular joint injuries
- *The Edinburgh International Instructional Trauma Course, Edinburgh*
- -Aug 2014
- What I have learnt so far
  Young Guns Meeting, York - Jun 2014

- Tendons & Ligaments and Biological repair
  Cambridge Basic Science Course, Cambridge - Mar 2014

- Surgical management of the proximal biceps
  Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2014

- Sternoclavicular instability and arthritis: is there a place for arthroscopy?
  Norwegian Arthroscopy Association Meeting, Lillehammer - Jan 2014

- First time stabilisation: choosing the right option
- Biceps tenodesis: choosing the best technique
- Failed subacromial decompression

Shoulder controversies: failed arthroscopic surgery, York - Dec 2013

- Proximal biceps

What's new in the shoulder?, Munich - Nov 2013

- Arthroscopic Latarjet: Converting from open, Why?
- Sternoclavicular OA; Surgical treatment
- Relive Surgery: Arthroscopic Latarjet

Reading Shoulder Course, Reading - Oct 2013

- Arthroscopic Latarjet: Complications & Indications

Advanced Arthroscopic Shoulder Surgery Course, Coventry - Sept 2013

- Arthroscopic Latarjet: Converting from open to arthroscopic
- Sternoclavicular arthroscopy; extending the boundaries

Sports Surgery Meeting, Dublin - Sept 2013

- Arthroscopic Bankart Repair: Technique and Indications

Two Shoulders Arthroscopy Course, Cambridge - Aug 2013

- Biceps Tenotomy or Tenodesis
- Arthroscopic Bankart Repair: Technique and Indications

Advanced Arthroscopic Shoulder Meeting, Kiel - May 2013

- Latarjet Procedure Complications

Advanced Anterior Shoulder Arthroscopy Course, Coventry - Apr 2013

- Tendons & Ligaments and Biological repair

Cambridge Basic Science Course, Cambridge - Mar 2013

- Transitioning from open to arthroscopic Latarjet

Advanced Shoulder Surgery Meeting, Birmingham - Mar 2013

- Arthroscopic SCJ excision
- Single row versus double row rotator cuff repair

Shoulder Academy Meeting, York - Feb 2013

- Arthroscopic Latarjet can be done safely
- Sternoclavicular arthroscopy

Emerging Techniques in Orthopaedic Surgery, Las Vegas - Dec 2012

- The management of chondral lesions in the shoulder of young athletes
- Sternoclavicular injuries
  Sports Shoulder Meeting, Warwick - Dec 2012

- Arthroscopic Latarjet
  What's new in the shoulder, Munich - Nov 2012

- Failed subacromial decompression: causes and management
- Sternoclavicular arthroscopy
  Shoulder Tips & Tricks Course, Wrightington - Nov 2012

- The sternoclavicular joint: injuries and arthroscopy
  World Sports Trauma Congress, London - Oct 2012

- The biceps-labral complex: An algorithm for diagnosis and treatment of SLAP tears
- Sternoclavicular Arthroscopy
  Reading Advanced Shoulder Surgery Course, Reading - Oct 2012

- Conversion from open to arthroscopic Latarjet
  Arthroscopic *Latarjet Meeting, Derby* - Oct 2012

- Arthroscopic management of anterior glenoid pathology
- Suprascapular nerve release
- Partial thickness rotator cuff repair
- Double row and single row rotator cuff repair
  Global Masters course in Shoulder Surgery, York - Oct 2012

- Arthroscopic set-up and assessment of the shoulder
  Manchester Core Shoulder Arthroscopy Course, Manchester - Oct 2012

- Arthroscopic Latarjet: Transitioning from open to arthroscopic
- Sternoclavicular Arthroscopy
  Dublin Sports Surgery Meeting, Dublin - Sep 2012

- The sternoclavicular joint: Instructional Lecture
- SCJ reconstruction using a LARS ligament: expert commentary
  BESS Annual Meeting, Torquay - June 2012

- Anterior & Posterior labral repair
  Watanabe Reconstructive Course - Mar 2012

- Tendons & Ligaments
- Biological treatment for tendon repair
  Cambridge Basic Science Revision Course - Mar 2012

- Clavicle fractures
- Sternoclavicular joint injuries
- Proximal humeral fractures

Fingertip to Shoulder Course, Cambridge - Mar 2012

- Portal anatomy & placement in arthroscopic shoulder surgery

Manchester Core Shoulder Arthroscopy Course Manchester - Mar 2012

- Biological treatments for rotator cuff disease
- Arthroscopic stabilisation

Advanced Shoulder Surgery Meeting, Birmingham - Feb 2012

- An algorithm for the management of the first time dislocator
- Revision shoulder stabilisation

Materclass in Arthroscopic Shoulder Instability Surgery, Liverpool - Nov 2011

- Single row repair vs Double row repair
- SLAP Repair – How I do it

Shoulder Academy Meeting, York - Nov 2011

- The surgical management of SLAP tears
- Arthroscopic suprascapular nerve release

GEASS Meeting, Munich - Oct 2011

- Arthroscopic Stabilisation
- Double-row rotator cuff repair
- Arthroscopy of the Sternoclavicular Joint

Sports Surgery Meeting, Dublin - Sept 2011

- Indications for shoulder surgery in sports

Sports Surgery Masterclass, Cambridge - June 2011

- Biceps Tenodesis

Larnaca Shoulder Symposium, Larnaca - May 2011

- Arthroscopic anchors and knot tying

Basic Shoulder Arthroscopy Course, Colchester - Apr 2011

- Labral Tears
- Sternoclavicular Arthroscopy

Advanced Shoulder Arthroscopy Course, *Brighton* - Mar 2011

- Basic Science: Tendons & Ligaments
- Biological Treatments for Rotator Cuff Disease

Cambridge Basic Science Revision Course, Cambridge - Mar 2011

- The Management of Clavicle Fractures
- Sternoclavicular Joint Injuries
  Finger Tip to Shoulder Meeting, Cambridge - Mar 2011

- Arthroscopic Instability Surgery
  Advanced Shoulder Arthroscopy Course, York - Nov 2010

- Management of Acute Sternoclavicular Injuries
- Sternoclavicular Arthroscopy
- The Management of Chondral Injuries to the Shoulder in Young Athletes
  Sports Shoulder Surgery Meeting, Warwick - Nov 2010

- Advances in Arthroscopic Instability Surgery
  Current Concepts in Shoulder Surgery, Larnaca - Oct 2010

- The Management of Partial Thickness Rotator Cuff Tears
  Cadaveric Arthroscopy of the Shoulder Course, Nottingham - Oct 2010

- Arthroscopic Surgery for Bankart & SLAP Tears
  Arthrex Shoulder Course, Munich - Oct 2010

- Biological Treatments for Rotator Cuff Repairs
  To Knot or not to Knot Meeting, Reading - Oct 2010

- The Case for the 'Single Row' rotator cuff repair
- Sternoclavicular Arthroscopy
  Sports Surgery Meeting, Dublin - Sept 2010

- Diagnostic Shoulder Arthroscopy
  Manchester Core Skills in Shoulder Arthroscopy - Jul 2010

- Principles of Shoulder Instability
- Surgery for Shoulder Instability
  Core-Curriculum Training, Glasgow - Jun 2010

- Sternoclavicular Arthroscopy
  Shoulder 2 Shoulder Meeting, London - Apr 2010

- Basic Science: Tendons and Ligaments
  Cambridge Basic Science Revision Course, Cambridge - Mar 2010

- Anchors, Knots & Suture Management
  Advanced Shoulder Arthroscopy Course, Oxford - Mar 2010

- The rotator interval; anatomy, pathology and treatment strategies
- Double row v single row arthroscopic rotator cuff repair
- Management of the failed rotator cuff repair

Santander Shoulder Meeting, *Santander* - Feb 2010

- Shoulder instability anchors

S & N Global Shoulder Meeting, Orlando - Jan 2010

- SLAP Tears

Therapeutic Shoulder Arthroscopy Course, Newcastle - Nov 2009

- Internal Impingement
- SLAP Tears

Advanced International Shoulder Symposium, Liverpool - Nov 2009

- Arthroscopic Bankart Repair: Current Concepts

Dublin Sports Surgery Meeting, Dublin - Sept 2009

- Internal Impingement: Instructional Course Lecture

BESS Annual Meeting, London - June 2009

- Arthroscopic rotator cuff repairs

Larnaka Shoulder Meeting, Larnaca - May 2009

- Management of the traumatic first time & recurrent anterior shoulder dislocator

EAOC Meeting - May 2009

- Management options for the treatment of glenohumeral chondral lesions
- & arthritis in the young athlete
- Arthroscopic instability surgery
- Causes for failure after anterior shoulder instability surgery

Sports Surgery Meeting, Warwick - May 2009

- SLAP Tears

Advanced Shoulder Surgery Course, Brighton - Mar 2009

- Indications for Instability surgery

Intermediate Shoulder Arthroscopy Course, London - Feb 2009

- Arthroscopic instability surgery: indications & techniques
- Rotator cuff disease

Pan-Cypriot Orthopaedic Conference, Nicosia - Dec 2008

- Equipment & set-up for arthroscopic shoulder surgery

Manchester Core Skills in Arthroscopy Meeting, Manchester - Dec 2008

- Arthroscopic instability surgery
- Anchors, knots & suture management
  Reconstructive Arthroscopic Shoulder Course, Edinburgh - Nov 2008

- Open peri-articular fractures around the shoulder
  London Upper Limb Course, Brunel University, London - Nov 2008

- Principles of arthroscopic instability surgery
- Principles of arthroscopic rotator cuff repairs
- Arthroscopic knot tying
  Shoulder Surgery for Sports Injuries, Dublin - Sept 2008

- SLAP Tears: Tips & Tricks
  Master Techniques in Arthroscopic Shoulder Surgery, Manchester - July 2008

- Diagnostic Arthroscopy
  Manchester Core Skills in Arthroscopy Meeting - May 2008

- Diagnosis & management of the frozen shoulder
  The National Physiotherapy Meeting, Cambridge - May 2008

- Anchors & Knot tying
- SLAP Tears
  Therapeutic Arthroscopic Shoulder Course, London - Mar 2008

- Arthroscopic knot tying & portal placement
- Arthroscopic management of complex instability
- Arthroscopic SLAP tears
- Arthroscopic Subacromial surgery
- Arthroscopic suprascapular nerve release
- Arthroscopic capsular release
- Arthroscopic Biceps Tenodesis techniques
- Arthroscopic Subscapularis repair
  Advanced Shoulder Surgery Course, Brunel, London - Feb 2008

- Single row versus double row rotator cuff repair
- *Controversies & Developments in Arthroscopic Rotator Cuff Repair* - Jan 2008

- Current concepts in anterior shoulder stability surgery
  Advanced Arthroscopic Shoulder Surgery Course, Liverpool - Nov 2007

- SLAP Tears

Reconstructive Shoulder Arthroscopy Course, Edinburgh - Nov 2007

- Arthroscopic portal placement & knot tying techniques
- Arthroscopic stabilisation; techniques & results
- Arthroscopic SLAP repairs
- Arthroscopic subacromial decompression & AC joint surgery
- Arthroscopic biceps tenodesis; Biotenodesis technique

Advanced Shoulder Surgery Course, Salzburg - Sep 2007

- Arthroscopic knot tying; choice of knot & technique

Shoulder Surgery for Sports Injuries Course, Dublin - Sep 2007

- Arthroscopic instability repair techniques

5th International Shoulder Arthroscopy Course, Barcelona - Jun 2007

- Arthroscopic suture management

Reconstructive Shoulder Arthroscopy Course, Imperial London - Mar 2007

- Diagnostic arthroscopy
- Portal placement in arthroscopic shoulder surgery

Intermediate Shoulder Arthroscopy Course, Wrightington - Nov 2006

- Management of the first-time Dislocator
- The Current Position of Arthroscopic Shoulder Stabilisation

Liverpool Advanced Shoulder Arthroscopy Meeting, Liverpool - Nov 2006

- The arthroscopic management of labral tears

Advanced Shoulder Arthroscopy Course, Guy's London - Jun 2006

- Introduction to Shoulder Arthroscopy
- Arthroscopic Management of Shoulder Instability
- Arthroscopic Management of Rotator Cuff Disease

Shoulder Arthroscopy Meeting, Nicosia, Cyprus - Apr 2006

- Arthroscopic Instability Surgery

Shoulder Surgery for Sports Injuries Course, Dublin - Sep 2006

- Arthroscopic Labral Repair

Advanced Shoulder Arthroscopy Meeting, Nottingham - Jun 2005

- Advances in shoulder surgery

Orthopaedic Meeting, Padhar, India - Dec 2004

- Transgleniod arthroscopic stabilisation of the shoulder

Advanced Shoulder Surgery Meeting, Edinburgh - Oct 2004

- Shoulder arthroscopy; development, equipment & techniques
- Arthroscopic instability surgery
- Arthroscopic rotator cuff surgery
  Shanghai Peoples Hospital No 6, Shanghai, China - May 2004
  Beijing Hospital, Beijing, China - May 2004

- The management and treatment of shoulder dislocations
  British Physiotherapy Association Annual Meeting - May 2004

- The management and treatment of shoulder dislocations
  British Physiotherapy Association Annual Meeting - May 2004

- The arthroscopic management of adhesive capsulitis
  Basic Shoulder Arthroscopy Course, Charing Cross - Nov 2003

- Thermal capsular shrinkage
  Arthroscopic Shoulder & Elbow Course, Wrightington - Nov 2003

MEETINGS ORGANISED

- Convener - UKINOR Inspire Shoulder Meeting, Watford 2026
- Convener - UKINOR Inspire Shoulder Meeting, Watford 2025
- Convener - Shoulder Fellows Meeting, Solihull, 2024
- Convener - Surgery for the Anterior Compartment of the Shoulder, Watford 2024
- Convener - Shoulder Fellows Meeting, Stockport 2023
- Convener - Shoulder Fellows Meeting, Stockport 2021
- Convener - Surgery for the Anterior Compartment of the Shoulder, Watford 2021
- Convener - Shoulder Anterior Compartment Meeting, Watford 2020
- Convener - Shoulder Fellows Meeting, Munich 2019
- Convener - Shoulder Instability & Sports Injuries Course, Cambridge 2019
- Convener - Shoulder Fellows Meeting, Munich 2018
- Convener - Shoulder Fellows Meeting, Munich 2018
- Convener - Watanabe Meeting: Advanced Techniques Course, Watford 2017
- Convener - Shoulder Fellows Meeting, Munich 2017
- Co-Convener - Shoulder Fellows Meeting, Munich 2017
- Convener - Watanabe Meeting: Advanced Techniques Course, Cambridge 2016
- Convener - Watanabe Meeting: Advanced Techniques Course, York 2015
- Convener - Shoulder Controversies: Emerging Techniques, London 2015
- Co-Convener - Dublin Sports Surgery Meeting, Dublin 2015
- Convener - Watanabe Meeting:Therapeutic & Reconstructive, Cambridge 2015
- Co-Convener - Dublin Sports Surgery Meeting, Dublin 2014
- Co-Convener - Young Guns Shoulder Meeting, York 2014

- Convenor - Shoulder Controversies Meeting: Failed Arthro Surgery, York 2013
- Co-Convenor - Advanced Shoulder Surgery Meeting, Birmingham March 2013
- Convenor - Shoulder Academy Meeting, York 2013
- Convenor - Shoulder Academy Meeting, York 2011
- Organiser - Cadaveric Arthroscopy of the Shoulder Course, Nottingham 2010
- Organiser - Basic Shoulder Arthroscopy Course, Cambridge 2007
- Organiser - British Elbow and Shoulder Society Annual Meeting, Cambridge 2005
- Co-Convenor - Advanced Shoulder Surgery Meeting, Edinburgh 2004

LIVE SURGICAL DEMONSTRATIONS

- Arthroscopic SCJ excision
- Arthroscopic Scapuloplasty
- Arthroscopic Latarjet

Hard Shoulder Course, Cape Town -Mar 2026

- Arthroscopic Rotator Cuff Repair
- Arthroscopic Latarjet

Advanced Healing in the Shoulder, Annecy - Sept 2025

- Open Latarjet Procedure

Birmingham Live Surgery Course, Birmingham - Nov 2024

- Open Latarjet Procedure

Birmingham Live Surgery Course, Birmingham - May 2023

- Open Latarjet Procedure

8th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Mar 2019

- Arthroscopic Massive Rotator Cuff Repair

Shoulder Joint Preservation Masterclass, Berlin - June 2018

- Arthroscopic Stabilisation
- Arthroscopic Anterior Compartment Dissection
- Arthroscopic Suprascapular Nerve Release

UK Shoulder Masterclass Course, Munich - Oct 2016

- Arthroscopic Rotator Cuff Repair
- Arthroscopic Latarjet

Annecy Arthroscopic Arthroplasty Shoulder Academy, Annecy - Sept 2016

- Proximal Biceps Tenodesis

5th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar2016

- Arthroscopic Posterior Bone Block Stabilisation

4th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2015

- Arthroscopic Stabilisation
- Arthroscopic Biceps Tenodesis

Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2014

- Arthroscopic Sternoclavicular Joint Excision

Wrightington Hospital Theatres, Wrightington - June 2013

- Arthroscopic Type 5 SLAP repair
  Advanced Shoulder Surgery Meeting, Birmingham - Mar 2013

- Arthroscopic Latarjet (cadaver)
  Emerging Techniques in Orthopaedic Surgery, Las Vegas - Dec 2012

- Arthroscopic Double-Row Rotator Cuff Repair
  Advanced Shoulder Surgery, Birmingham - Feb 2012

- Arthroscopic Double-Row Rotator Cuff Repair
  To Knot or Not to Knot Meeting, Reading - Oct 2010

- Arthroscopic Stabilisation
- Arthroscopic SLAP Repair
- Arthroscopic Rotator Cuff Repair
  Pan-Cypriot Orthopaedic Meeting, Nicosia - Dec 2008

- Arthroscopic Stabilisation
  MTASS Course, Manchester - July 2008

- Arthroscopic Posterior Stabilisation
  MTASS Course, Manchester - May 2007

- Arthroscopic Stabilisation x 2
- Arthroscopic Rotator Cuff Repair x 2
  Shoulder Arthroscopy Course, *Nicosia* - Apr 2006

- Arthroscopic Stabilisation
  Orthopaedic Surgery Meeting, Padhar, India - Dec 2004

- Arthroscopic Shoulder Stabilisation
- Arthroscopic Rotator Cuff Repair
  Shoulder Surgery Symposium, Beijing - May 2004

- Arthroscopic Stabilisation x 2
- Arthroscopic Stabilisation
  Shoulder Surgery Symposium, Shanghai - May 2004

FACULTY MEETINGS

- SECEC 2026 — Barcelona, Sept 2026
- BESS Annual Meeting — Newcastle, June 2026
- London Orthopaedic Meeting — London, June 2026
- FTS Meeting — Cambridge, June 2026
- ESSKA Annual Meeting — Prague, May 2026
- London Shoulder Meeting — London, May 2026
- Hard Shoulder Course — Cape Town, Mar 2026
- Cambridge Basic Sciences Course — Cambridge, Mar 2026
- UKINOR Shoulder Meeting — Watford, Mar 2026
- Advanced Healing in the Shoulder — Annecy, Sept 2025
- SECEC 2025 — Rotterdam, Sept 2025
- ISAKOS AGM — Munich, June 2025
- London Shoulder Meeting — London, May 2025
- Cambridge Basic Sciences Course — Cambridge, Mar 2025
- UKINOR Shoulder Meeting — Watford, Mar 2025
- Royal College of Surgeons (Ed) Shoulder Programme — Webinar, Mar 2025
- The Cutting Edge of Shoulder Instability — Munich, Jan 2025
- Shoulder Surgery Live Course — Birmingham, Nov 2024
- Shoulder Fellows Meeting — Solihull, Nov 2024
- London Shoulder Meeting — London, May 2024
- Shoulder Fellows Meeting — Solihull, May 2024
- Cambridge Basic Sciences Course — Cambridge, Mar 2024
- Elbow Approaches & Trauma Masterclass — Cambridge, Mar 2024
- Rocky Mountain Shoulder Course — Denver, Feb 2024
- Shoulder Anterior Compartment Meeting — Watford, Jan 2024
- Shoulder Arthroscopy Instructional Course — Newcastle, Oct 2023
- Annecy Live Surgery Course — Annecy, June 2023
- Birmingham Live Surgery Course — Birmingham, May 2023
- Shoulder Fellows Meeting — Solihull, Apr 2023
- Cambridge Basic Sciences Course — Cambridge, Mar 2023
- Cutting Edge of Irreparable Cuff Management — Munich, Sept 2022
- The Hard Shoulder Symposium — Cape Town, July 2022
- London Shoulder Meeting — London, May 2022
- Cambridge Basic Sciences Course — Webinar, Mar 2022
- Shoulder Fellows Meeting — Stockport, Nov 2021
- Shoulder Continuum of Care Meeting — Webinar, Oct 2021
- Glenoid Boneloss Meeting — Webinar, Sept 2021
- SICOT 41st International Meeting — Budapest, Sept 2021
- BOSTA Instructional Course — Webinar, Aug 2021
- BESS Instructional Course — Webinar, June 2021
- Shoulder Anterior Compartment Meeting — Watford, June 2021
- Elbow Arthroscopy Course — Cambridge, June 2021

- London Shoulder Meeting — Webinar, May 2021
- Cambridge Basic Sciences Course — Webinar, Mar 2021
- SICOT-SLAHOC Shoulder Meeting — Webinar, Dec 2020
- Shoulder Instability, Orthohub — Webinar, Nov 2020
- Rotator Cuff to Instability Meeting — Webinar, Oct 2020
- London Shoulder Meeting — Webinar, Sept 2020
- BESS Instructional Course — Webinar, Sept 2020
- Elbow Approaches and Trauma Masterclass — Cambridge, Mar 2020
- 8th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Feb 2020
- Shoulder Anterior Compartment Meeting — Watford, Jan 2020
- SICOT 40th International Meeting — Muscat, Dec 2019
- BOSTA Instructional Course — Liverpool, Sept 2019
- BESS Instructional Course — Harrogate, June 2019
- Elbow Arthroscopy Course — Cambridge, June 2019
- London Shoulder Meeting — London, May 2019
- Belgium Orthopaedic Association Annual Meeting — Ostend, April 2019
- 5th Shoulder Fellows Meeting, Munich 2018 — Munich, April 2019
- 8th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Mar 2019
- Cambridge Basic Science Course — Cambridge, Mar 2019
- Shoulder Instability & Sports Injuries Course — Cambridge, Jan 2019
- Saudi Orthopaedic Association Annual Meeting — Jeddah, Dec 2018
- Saudi Arthroscopy Meeting — Jeddah, Dec 2018
- Watanabe Meeting — Edinburgh, Nov 2018
- 4th Shoulder Fellowship Course — Munich, Oct 2018
- SICOT 39th International Meeting — Montreal, Oct 2018
- SECEC Annual Meeting — Geneva, Sept 2018
- Elbow Arthroscopy Course — Cambridge, June 2018
- Shoulder Preservation Masterclass — Munich, June 2018
- Complex Upper Extremity Trauma Meeting — Berlin, June 2018
- 3rd London Shoulder Meeting — London, May 2018
- 2nd Dubai Shoulder Course — Dubai, Apr 2018
- Advanced Shoulder Surgery Course — Dubai, Apr 2018
- 3rd Shoulder Fellowship Course — Munich, Apr 2018
- Cambridge Basic Science Course — Cambridge, Feb 2018
- 7th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Feb 2018
- SICOT 38th International Meeting — Cape Town, Nov 2017
- Elbow Approaches and Trauma Masterclass — Cape Town, Nov 2017
- Percivall Pott Club — London, Nov 2017
- Leeds Sports Injury Meeting — Leeds, Nov 2017
- Watanabe Meeting — Watford, Nov 2017
- 2nd Shoulder Fellowship Course — Munich, Oct 2017
- Fortius International Sports Injury Conference — London, Sept 2017
- Elbow Arthroscopy Course — Cambridge, June 2017
- 1st Shoulder Fellowship Course — Munich, June 2017

- London Shoulder Meeting — London, May 2017
- UK Shoulder Masterclass — Munich, April 2017
- Norwich FRCS Course — Norwich, Mar 2017
- Irish Core-Orthopaedic Training Meeting — Dublin, Mar2017
- Cambridge Basic Science Course — Cambridge, Mar 2017
- 6th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Mar 2017
- 4th Elbow Approaches and Trauma Masterclass — Cambridge, Dec 2016
- Watanabe Meeting — Cambridge, Nov 2016
- UK Shoulder Group Meeting — Munich, Nov 2016
- UK Shoulder Masterclass Meeting — Munich, Oct 2016
- MCh Orth Programme — Cambridge, Oct 2016
- Fingertip-to-Shoulder Meeting — Cambridge, Oct 2016
- Annecy Arthroscopic Arthroplasty Shoulder Meeting — Annecy, Sept 2016
- BESS Annual Meeting — Dublin, June 2016
- Elbow Arthroscopy Course — Cambridge, June 2016
- The "Stephen Copeland Memorial" Shoulder Meeting — Reading, Mar 2016
- 5th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Mar 2016
- Cambridge Basic Science Course — Cambridge, Mar 2016
- Steve Copeland Memorial Meeting — Reading, Mar 2016
- Elbow Approaches & Trauma Masterclass — Cambridge, Dec 2015
- UK Shoulder Study Group — Munich, Nov 2015
- Advanced Live Surgery Shoulder Course — Crewe, Nov 2015
- Watanabe Meeting — York, Nov 2015
- Shoulder Surgery Update — Munich, Oct 2015
- Shoulder Controversies: Emerging Techniques — London, Sept 2015
- Dublin Sports Shoulder Meeting — Dublin, Sept 2015
- Cadaveric Elbow Arthroscopy Course — Cambridge, June 2015
- Rotator Cuff Masterclass — Liverpool, May 2015
- Elbow Arthroscopy Course — York, April 2015
- Watanabe Meeting — Cambridge, Mar 2015
- Cambridge Basic Science Course — Cambridge, Mar 2015
- 4th Shoulder Arthroscopy Live Shoulder Surgery Meeting — Birmingham, Mar 2015
- Sports Shoulder 14 — Coventry, Dec 2014
- Anterior Space Arthroscopy Meeting — Coventry, Nov 2014
- Watanabe Meeting — York, Nov 2014
- EFORT Shoulder Arthroplasty Forum — Limassol, Nov 2014
- Cypriot Association of Ortho & Trauma — Limassol, Nov 2014
- Dublin Sports Surgery Meeting — Dublin, Sept 2014
- The Edinburgh International Trauma Symposium — Edinburgh, Aug 2014
- The Edinburgh International Instructional Trauma Course — Edinburgh, Aug 2014
- Young Guns Shoulder Meeting — York, June 2014
- Cambridge Basic Science Revision Course — Cambridge, Mar 2014
- Shoulder Arthroscopy Live Surgery Course — Birmingham, Mar 2014
- Norwegian Arthroscopy Association Annual Meeting — Lillehammer, Jan 2014

- Shoulder controversies: failed arthroscopic surgery — York, Dec 2013
- What's new in the shoulder — Munich, Nov 2013
- Reading Shoulder Course — Reading, Oct 2013
- Advanced Arthroscopic Shoulder Surgery Meeting — Coventry, Sept 2013
- Dublin Sports Surgery Meeting — Dublin, Sept 2013
- Two Shoulders Arthroscopy Course — Cambridge, Aug 2013
- Advanced Arthroscopic Shoulder Meeting — Kiel, May 2013
- Advanced Anterior Shoulder Arthroscopy Course — Coventry, Apr 2013
- Cambridge Basic Science Revision Course — Cambridge, Mar 2013
- Advanced Shoulder Surgery Meeting — Birmingham, Mar 2013
- Shoulder Academy Meeting — York, Feb 2013
- Emerging Techniques in Orthopaedic surgery — Las Vegas, Dec 2012
- Sports Shoulder Surgery Meeting — Warwick, Dec 2012
- What's new in the shoulder? — Munich, Nov 2012
- Shoulder Tips & Tricks Course — Wrightington, Nov 2012
- World Sports Trauma Congress — London, Oct 2012
- Reading Advanced Shoulder Surgery Course — Reading, Oct 2012
- Arthroscopic Latarjet Meeting — Derby, Oct 2012
- Global Masters Course in Shoulder Surgery — York, Oct 2012
- Manchester Core Shoulder Arthroscopy Course — Manchester, Oct 2012
- Dublin Sports Surgery Meeting — Dublin, Sep 2012
- BESS Annual Meeting — Torquay, June 2012
- Watanabe Reconstructive Course — Brighton, Mar 2012
- Cambridge Basic science Revision Course — Cambridge, Mar 2012
- Fingertip to Shoulder Course — Cambridge, Mar 2012
- Manchester Core Shoulder Arthroscopy Course — Manchester, Mar 2012
- Advanced Shoulder Surgery — Birmingham, Feb 2012
- Masterclass in Shoulder Instability Surgery — Liverpool, Nov 2011
- Shoulder Academy Meeting — York, Nov 2011
- GEASS Meeting — Munich, Oct 2011
- Sports Surgery Meeting — Dublin, Sept 2011
- Larnaca Shoulder Symposium — Larnaca, May 2011
- Basic Shoulder Arthroscopy Course — Colchester, Apr 2011
- Advanced Shoulder Arthroscopy Meeting: Watanabe — Brighton, Mar 2011
- Cambridge Basic Science Revision Course — Cambridge, Mar 2011
- Fingertip to Shoulder Course — Cambridge, Mar 2011
- Manchester Live Surgery Course — Manchester, Nov 2010
- Advanced Shoulder Arthroscopy Meeting: Watanabe — York, Nov 2010
- Sports Shoulder Surgery Course — Warwick, Nov 2010
- Current Concepts in Shoulder Surgery — Larnaca, Oct 2010
- Cadaveric Arthroscopy of the Shoulder Course — Nottingham, Oct 2010
- Arthrex Shoulder Surgery Course — Munich, Oct 2010
- To Knot or Not to Knot Meeting — Reading, Oct 2010
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2010

- Manchester Core Skills in Shoulder Arthroscopy — Manchester, July 2010
- Shoulder 2 Shoulder Meeting — London, Apr 2010
- Cambridge Basic Science Revision Course — Cambridge, Mar 2010
- Advanced Shoulder Surgery Meeting: Watanabe — Oxford, Mar 2010
- Santander Shoulder Meeting — Santander, Feb 2010
- S & N Global Shoulder Meeting — Orlando. Jan 2010
- Therapeutic Shoulder Arthroscopy Course: Watanabe — Newcastle, Nov 2009
- Advanced International Shoulder Symposium — Liverpool, Nov 2009
- Cypriot Arthroscopy Course — Nicosia, Oct 2009
- Manchester Core Skills in Shoulder Arthroscopy — Manchester, Sept 2009
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2009
- BESS Meeting — London, June 2009
- Future of Arthroscopy Meeting — Windsor, June 2009
- Larnaka Shoulder Meeting — Larnaca, May 2009
- Sports Shoulder — Warwick, May 2009
- Advanced Shoulder Surgery Course: Watanabe — Brighton, Mar 2009
- Intermediate Shoulder Arthroscopy Course — London, Feb 2009
- Pan-Cypriot Orthopaedic Meeting — Nicosia, Dec 2008
- Manchester Core Skills in Arthroscopy Course — Manchester, Dec 2008
- Reconstructive Shoulder Arthroscopy Meeting: Watanabe — Edinburgh, Nov 2008
- London Upper Limb Course — London, Nov 2008
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2008
- Arthroscopic Shoulder Surgery Course — Edinburgh, July 2008
- Master Techniques in Arthroscopic Shoulder Surgery — Manchester, July 2008
- Manchester Core Skills in Shoulder Arthroscopy — Manchester, May 2008
- Reconstructive Arthroscopic Shoulder Course: Watanabe — London, Mar 2008
- Advanced Shoulder Surgery Course — London, Feb 2008
- Controversies in Arthroscopic Cuff Repair — Coventry, Jan 2008
- Basic Shoulder Arthroscopy Course — Bristol, Nov 2007
- Advanced Arthroscopic Shoulder Surgery Course — Liverpool, Nov 2007
- Reconstructive Shoulder Arthroscopy Course: Watanabe — Edinburgh, Nov 2007
- Advanced Shoulder Surgery Course — Salzburg, Sept 2007
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2007
- Future of Arthroscopy Meeting — Windsor, Sept 2007
- Basic Shoulder Arthroscopy Course — Cambridge, Jun 2007
- 5th International Shoulder Arthroscopy Course — Barcelona, Jun 2007
- Master Techniques in Arthroscopic Shoulder Surgery — Manchester, May 2007
- Basic Shoulder Arthroscopy Course — Manchester, March 2007
- Reconstructive Shoulder Arthroscopy Course: Watanabe — London, March 2007
- Intermediate Shoulder Arthroscopy Course: Watanabe — Wrightington, Nov 2006
- Liverpool Advanced Shoulder Arthroscopy Course — Liverpool, Nov 2006
- Basic Shoulder Arthroscopy Course — Manchester, Oct 2006
- Shoulder Surgery for Sports Injuries — Dublin, Sep 2006

- Advanced Shoulder Arthroscopy Course: Watanabe — London, Jun 2006
- Shoulder Arthroscopy Meeting — Nicosia, Cyprus, Apr 2006
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2005
- BESS Meeting — Cambridge, Jul 2005
- Advanced Shoulder Arthroscopy Course: Watanabe — Nottingham, Jun 2005
- Orthopaedic Surgery Meeting — Padhar, India, Dec 2004
- Advanced Shoulder Surgery Meeting — Edinburgh, Oct 2004
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2004
- Shoulder Surgery Symposium — Biejing, May 2004
- Shoulder Surgery Symposium — Shanghai, May 2004
- Basic Shoulder Arthroscopy Course: Watanabe — Charing Cross, Nov 2003
- Shoulder Surgery for Sports Injuries — Dublin, Sept 2003
- Watanabe Inaugural Meeting — York, Apr 2003
- Orthopaedic Veterinary Society — Lake Louise, Feb 2001
- Total Shoulder Course — Toronto, Jan 2001
- ATLS Instructor — Toronto, Sept 2000
- ATLS Instructor — Cambridge, May 2000
- Knee Ligament Reconstruction Course — Edinburgh, April 1997

CURRENT RESEARCH PROJECTS

- Fractures at the medial end of the clavicle
- Prospective study of the management of first-time anterior shoulder dislocators
- The use of DGEMRIC MRI to assess articular cartilage damage following anterior shoulder dislocation

TEACHING

- Founder member of the Watanabe Group – a dedicated group of arthroscopic shoulder surgeons who run and teach regular basic to advanced shoulder surgery courses
- Regularly invited to lecture, teach and undertake surgical demonstrations at various national & international shoulder surgery meetings
- Organise and teach the Shoulder & Elbow training for the East Anglia Registrar Training Programme
- Lecture and teach Junior Doctors and Medical Students at Addenbrooke's Hospital

Demonstrator in Anatomy	Cambridge University
Lecturer in Anthropology	Cambridge University
Anatomy Supervisor	Caius, Jesus & Queens Colleges

COMMITTEE APPOINTMENTS

- SICOT – Education & Research Committee (Shoulder & Elbow)
- BESS – Professional Practice Committee
- BESS – Commissioning Guideline Committee (Instability)

MEMBERSHIP OF LEARNED SOCIETIES

• Royal College of Surgeons	1994
• British Orthopaedic Association	1996
• British Orthopaedic Sports Trauma Association	1996
• British Elbow & Shoulder Society	2003
• Faculty of Sports & Exercise Medicine	2007
• European Society for Surgery of the Shoulder & Elbow	2009
• American Shoulder & Elbow Society (CM)	2019

- Arthroscopy Association of North America 2020
- SICOT 2021
- British Orthopaedic Study Group 2024

PREVIOUS EMPLOYMENT

1985 – 1985: **British Army** – Short Service Limited Commission

Officer in the Household Cavalry – The Blues & Royals

Troop Leader – Commanding Chieftain, Scorpion & Scimitar Tanks

Postings: United Kingdom, West Germany & Canada

EXTRA CURRICULAR INTERESTS

Sport

Mountain Biking
Hill Walking / Mountain Climbing / Skiing
Indoor Climbing